

Curriculum Vitae

EDDIE SIU-KWAN CHONG

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ACADEMIC QUALIFICATIONS

Ph.D. Counseling Psychology, University of Maryland–College Park, Maryland
M.S. Counseling Psychology, University of Maryland–College Park, Maryland
M.A. Mental Health Counseling, Boston College, Massachusetts
B.S.Sc. Psychology, The Chinese University of Hong Kong (CUHK), Hong Kong

ACADEMIC APPOINTMENTS

2025– **Associate Director**
Centre of Behavioral Health, Faculty of Social Sciences, HKU
2021– **Assistant Professor** (Tenure-track)
Department of Social Work and Social Administration, HKU

PROFESSIONAL QUALIFICATIONS/MEMBERSHIP

2026– **Registered Psychologist**, The Hong Kong Psychological Society (2026996)
2025– **Associate Fellow**, The Hong Kong Psychological Society
2025– Member, Association of Contextual Behavioral Science
2024– Scholar, Global Compassion Coalition
2021– **Licensed Psychologist**, New York State (024590)
2020 Certificate, Sensorimotor Psychotherapy Level 1

HONORS & AWARDS

2020–22 Scholars Program: Multicultural Concerns Committee, Society for Psychoanalysis and Psychoanalytic Psychology, American Psychological Association (APA)
2019 Dissertation Research Award, APA
2018 Grants-In-Aid, Society for the Psychological Study of Social Issues, APA
2016 Clara Mayo Grant, Society for the Psychological Study of Social Issues, APA
2016 Graduate Research Scholarship, American Psychological Foundation
2014 Scholar, Summer Institute in LGBT Population Health, The Fenway Institute of Fenway Health & The Institute for Urban Health Research at Northeastern University

RESEARCH & SCHOLARSHIP

Publications

Journal Publications (*Corresponding author; #Research postgraduate students and §research assistants under my mentorship)

2026

45. *Chong, E. S. K., #Chen, H., & §Po, S. K. (2026). Temporal interplay between momentary identity-salient experiences, self-compassion, and affective-somatic well-being among sexual and gender diverse people. *Journal of Counseling Psychology*. Advance online publication. <https://doi.org/10.1037/cou0000880>
44. *Chong, E. S. K., §Po, S. K., #Ho, S. M., Skinta, M. D. (2026). Differential effects of perceived discrimination and affirmation in LGBTQ people: Heterosexism during childhood and interoceptive awareness as individual contexts. *Journal of Contextual Behavioral Science*, 40, 100996. <https://doi.org/10.1016/j.jcbs.2026.100996>
43. #Chen, H., *Chong, E. S. K., Chan, R. C. H. (2026). Unpacking the relationship between sexual and gender minority adverse childhood experiences and psychological distress: The mediating role of self-compassion and fear of compassion from others. *Journal of Child & Adolescent Trauma*. Advance online publication. <https://doi.org/10.1007/s40653-026-00879-2>
42. Chui, H., Luk, S., Chong, E. S. K., Chen, H., & Fung, K. K. (2026). Teachers' help-seeking stigma and attitudes toward referring students for help. *Social Psychology of Education*, 29(1), 1–23. <https://doi.org/10.1007/s11218-025-10166-x>

2025

41. *Chong, E. S. K., #Zhang, Y., #Chen, H., Kase, C., & Mohr, J. J. (2025). Queer Asian Americans' intracommunity racism distress and mental health: Effects of social resources over time. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000780>
40. #Chen, H., #Wang, K., #Yang, N., #Bi, K., & *Chong, E. S. K. (2025). The contribution of parenting to adolescent self-compassion and internalizing problems: A meta-analytic structural equation modeling approach. *Adolescent Research Review*, 11, 155–194. <https://doi.org/10.1007/s40894-025-00265-3>
39. #Chen, H., #Bi, K., Yip, P. S. F., & *Chong, E. S. K. (2025). Unraveling daily linkages between parenting behaviors and adolescent internalizing symptoms in Chinese families: The mediating role of adolescent self-compassion. *Journal of Youth and Adolescence*. Advance online publication. <https://doi.org/10.1007/s10964-025-02300-x>
38. Liu, F., *Chong, E. S. K., & Jiang, Q. (2025). Sexual orientation disparity in suicidality: The indirect effects of perceived pressure to get married, perceived burdensomeness, and thwarted belongingness. *Archives of Sexual Behavior*, 54(6), 2333–2347. <https://doi.org/10.1007/s10508-025-03159-6>

37. #Li, Z., Fong, T. C. T., **Chong, E. S. K.**, & Yip, P. S. F. (2025). Attitudinal shifts towards homosexuality among secondary school students in Hong Kong over a decade: A multiple group latent class analysis. *Sexuality Research and Social Policy*, 1–15. <https://doi.org/10.1007/s13178-025-01124-5>
36. #Wang, Y. Z., Wong, Y. L. I., **Chong, S. K. E.**, Li, X. H., Yang, Y. Y., Yang, W. X., Pu, Y. F., Weng, X., & Ran, M. S. (2025). The “active ingredients” of enhancing contact model on reducing affiliate stigma among family caregivers of persons with schizophrenia in rural China: A qualitative study. *Journal of Psychosocial Rehabilitation and Mental Health*, 1–14. <https://doi.org/10.1007/s40737-025-00478-8>
35. Kase, C., **Chong, E. S. K.**, & Mohr, J. J. (2025). Culture, sexual orientation, and distress among LGBQ Asian and Pacific Islander individuals. *The Counseling Psychologist*, 53(1), 68–93. <https://doi.org/10.1177/00110000241305649>
34. Hu, H., Cheng, G. H.-L., Chan, S. C. Y., **Chong, E. S. K.**, Lu, P., & Cheung, H. N. (2025). The network structure of self-compassion in older adults with different productive engagement patterns. *Scientific Reports*, 15(1), 22321. <https://doi.org/10.1038/s41598-025-08157-1>

2024

33. ***Chong, E. S. K.**, #Chen, H., Chui, H., & Luk, S. (2024). Perceived cultural humility in supervision group and trainees’ cultural responsiveness self-efficacy. *Psychotherapy*, 62(1), 44–54. <https://doi.org/10.1037/pst0000540>
32. Liu, F., & ***Chong, E. S. K.** (2024). Effect of sexual orientation-based prejudice and discrimination in family of origin on depressive symptoms and life satisfaction in a Chinese sample: Reciprocal and authoritarian filial piety as moderators. *Family Process*, 63(4), 2416–2433. <https://doi.org/10.1111/famp.13012>
31. Liu, F., Wei, C., **Chong, E. S. K.**, & Lu, R. (2024). Unveiling the associations between internalized heteronormativity with heterosexual self-presentation and heterosexual marital intention: The role of masculinity contingency. *Psychology of Men & Masculinities*, 26(3), 488–498. <https://doi.org/10.1037/men0000516>
30. Huang, Y. T., **Chong, E. S. K.**, Lau, C. C., & Chow, L. C. (2024). Mentorship for sexual minority young people in Hong Kong: A mixed-methods randomized controlled trial. *American Journal of Community Psychology*, 74(102), 110–126. <https://doi.org/10.1002/ajcp.12749>
29. Keum, B. T. H., Maurin-Waters, E., & **Chong, E. S. K.** (2024). The mental health costs of online heterosexism among LGBTQ+ individuals: Development and initial validation of the Perceived Online Heterosexism Scale. *Archives of Sexual Behavior*, 53(2), 525–541. <https://doi.org/10.1007/s10508-023-02733-0>
28. Le, T., Oluwakemi, G., Samee, A. A., Yeung, C. W., & **Chong, E. S. K.** (2024). “I find value in myself”: Queer Asian American men’s self-love and resistance in the face of White supremacy. *American Journal of Orthopsychiatry*. Advance online publication. <https://doi.org/10.1037/ort0000812>

2023

27. ***Chong, E. S. K.**, Mohr, J. J., & Chui, H. (2023). Examining the protective role of self-compassion in the links between daily sexual orientation salient experiences and affect. *Journal of Counseling Psychology, 70*(5), 522–534. <https://doi.org/10.1037/cou0000690>
26. ***Chong, E. S. K.**, & Chan, R. C. H. (2023). The role of self-compassion in minority stress processes and life satisfaction among sexual minorities in Hong Kong. *Mindfulness, 14*(4), 784–796. <https://doi.org/10.1007/s12671-023-02106-7>
25. #Lee, J. H. N., ***Chong, E. S. K.**, Chui, H., Lee, T., Luk, S., Tao, D., & Lee, N. W. T. (2023). A curvilinear association between therapists' use of discourse particles and therapist empathy in psychotherapy. *Journal of Counseling Psychology, 70*(5), 562–570. <https://doi.org/10.1037/cou0000696>
24. Liu, F., & ***Chong, E. S. K.** (2023). On the link between parental support and life satisfaction: General and LGBTQ+ specific self-concepts as mediators, and parent-oriented interdependent self-construal as a moderator. *Journal of Social and Personal Relationships, 40*(10), 3392–3413. <https://doi.org/10.1177/02654075231174187>
23. Liu, F., ***Chong, E. S. K.**, Wang, N., Zhang, X., & Bian, X. (2023). Resilience in the face of adversity: The role of impermanence in mitigating the effects of childhood emotional abuse and everyday stress on depressive symptoms. *Psychology of Religion and Spirituality, 17*(2), 82–91. <https://dx.doi.org/10.1037/rel0000516>
22. Du, N., **Chong, E. S. K.**, Wei, D., Liu, Z., Mu, Z., Deng, S., & Huang, Y. T. (2023). Prevalence, risk, and protective factors of self-stigma for people living with depression: A systematic review and meta-analysis. *Journal of Affective Disorders, 332*, 327–340. <https://doi.org/10.1016/j.jad.2023.04.013>
21. Liu, F., Wang, N., & **Chong, E. S. K.** (2023). Effect of sexual orientation victimization on suicidality: Perceived burdensomeness and thwarted belongingness as mediators, and independent self-construal as moderator. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000694>
20. Liu, F., Ren, Z., & **Chong, E. S. K.** (2023). On the link between reciprocal/authoritarian filial piety and internalized homonegativity: Perceived pressure to get married in a heterosexual marriage as a mediator. *Archives of Sexual Behavior, 52*(3), 957–970. <https://doi.org/10.1007/s10508-022-02528-9>
19. Liu, F., Chui, H., Wang, Y., & **Chong, E. S. K.** (2023). LGBTQ affirmative practice and psychological well-being in China. *Journal of Counseling Psychology, 70*(4), 367–376. <https://doi.org/10.1037/cou0000672>

2022

18. Liu, F., ***Chong, E. S. K.**, & Chui, H. (2022). Examining interpersonal mediators and moderators in the link between outness to family and depressive symptoms among Chinese sexual minorities. *Current Psychology, 42*(29), 25717–25729. <https://doi.org/10.1007/s12144-022-03662-2>

17. Liu, F., Ye, Z., Chui, H., & **Chong, E. S. K.** (2022). Effect of perceived public stigma on internalized homophobia, anticipated stigma, shame, and guilt: Outness as a moderator. *Asian Journal of Social Psychology, 26*(2), 187–198. <https://doi.org/10.1111/ajsp.12552>

Prior to 2022

16. Chui, H., **Chong, E. S. K.**, Atzil-Slonim, D., Sahin, Z., Solomonov, N., Minges, M. V., Kuprian, N., & Barber, J. P. (2021). Beyond symptom reduction: Development and validation of the Complementary Measure of Psychotherapy Outcome (COMPO). *Journal of Counseling Psychology, 68*(5), 550–561. <https://doi.org/10.1037/cou0000536>
15. ***Chong, E. S. K.**, & Mohr, J. J. (2020). How far can stigma-based empathy reach? Effects of societal (in)equity of LGB people on their allyship with transgender and Black people. *American Journal of Orthopsychiatry, 90*(6), 760–771. <https://doi.org/10.1037/ort0000510>
14. Lau, C. C., **Chong, E. S. K.**, & Choi, C. W. (2020). A study of mental health and the role of mindfulness in promoting positive mental health for Hong Kong Chinese gay men. *China Journal of Social Work, 13*(3), 267–282. <https://doi.org/10.1080/17525098.2020.1812152>
13. ***Chong, E. S. K.**, Poteat, V. P., Yoshikawa, H., & Calzo, J. P. (2019). Fostering youth self-efficacy to address transgender and racial diversity issues: The role of Gay-Straight Alliances. *School Psychology, 34*(1), 54–63. <https://doi.org/10.1037/spq0000258>
12. Lu, Y., Keum, B. T., **Chong, E. S. K.**, Yeung, J. G., Kivlighan, Jr., D. M. (2017). Are the ambitions for group dynamics: theory, research and practice being fulfilled? A social network analysis of citations of journals publishing group research. *Group Dynamics: Theory, Research, and Practice, 21*(3), 178–185. <https://doi.org/10.1037/gdn0000070>
11. **Chong, E. S. K.**, Mak, W. W. S., Tam, T. C. Y., Zhu, C., & Chung, R. W. Y. (2017). Impact of perceived HIV stigma within men who have sex with men community on mental health of seropositive MSM. *AIDS Care, 29*(1), 118–124. <https://doi.org/10.1080/09540121.2016.1201190>
10. Mo, P. K. H., **Chong, E. S. K.**, Mak, W. W. S., Wong, S. Y. S., & Lau, J. T. F. (2016). Physical activity in people with mental illness in Hong Kong: Application of the Health Belief Model. *Journal of Sport & Exercise Psychology, 38*(2), 203–208. <https://doi.org/10.1123/jsep.2015-0061>
9. Goodman, L. A., Thomas, K. A., Cattaneo, L. B., Heimel, D., Woulfe, J., & **Chong, S. K.** (2016). Survivor-defined practice in domestic violence work: Measure development and preliminary evidence of link to empowerment. *Journal of Interpersonal Violence, 31*(1), 163–185. <https://doi.org/10.1177/0886260514555131>
8. Poteat, V. P., Scheer, J. R., & **Chong, E. S. K.** (2016). Sexual orientation-based disparities in school and juvenile justice discipline: A multiple group comparison of contributing factors. *Journal of Educational Psychology, 108*(2), 229–241. <https://doi.org/10.1037/edu0000058>
7. **Chong, E. S. K.**, Zhang, Y., Mak, W. W. S., & Pang, I. H. Y. (2015). Social media as social capital of LGB individuals in Hong Kong—Its relations with group membership, stigma, and mental well-being. *American Journal of Community Psychology, 55*(1–2), 228–238. <https://doi.org/10.1007/s10464-014-9699-2>

6. Goodman, L. A., Cattaneo, L. B., Thomas, K. A., Woulfe, J., **Chong, S. K.**, & Smyth, K. F. (2015). Advancing domestic violence program evaluation: Development and validation of the Measure of Victim Empowerment Related to Safety (MOVERS). *Psychology of Violence, 5*(4), 355–366. <https://doi.org/10.1037/a0038318>
5. Mak, W. W. S., **Chong, E. S. K.**, & Wong, C. C. Y. (2014). Beyond attributions: Understanding public stigma of mental illness with the common sense model. *American Journal of Orthopsychiatry, 84*(2), 173–181. <https://doi.org/10.1037/h0099373>
4. Mo, P. K. H., Mak, W. W. S., **Chong, E. S. K.**, Shen, H., & Cheung, R. Y. M. (2014). The prevalence and factors for cancer screening behavior among people with severe mental illness in Hong Kong. *PloS One, 9*(9), 1–11. <https://doi.org/10.1371/journal.pone.0107237>
3. **Chong, E. S. K.**, Mak, W. W. S., & Kwong, M. M. F. (2013). Risk and protective factors of same-sex intimate partner violence in Hong Kong. *Journal of Interpersonal Violence, 28*(7), 1476–1497. <https://doi.org/10.1177/0886260512468229>
2. Mak, W. W. S., **Chong, E. S. K.**, & Kwong, M. M. F. (2010). Prevalence of same-sex intimate partner violence in Hong Kong. *Public Health, 124*(3), 149–152. <https://doi.org/10.1016/j.puhe.2010.02.002>
1. Mak, W. W. S., Ng, A. C., Mo, P. K. H., & **Chong, E. S. K.** (2010). Coming out among lesbians, gays, and bisexual individuals in Hong Kong: Application of the Theory of Planned Behavior and the moderating role of attitudinal ambivalence. *Sex Roles, 63*(3–4), 189–200. <https://doi.org/10.1007/s11199-010-9778-2>

Scholarly Books, Monographs and Chapters

1. Poteat, V. P., Scheer, J. R., & **Chong, E. S. K.** (2016). Sexual orientation-based disparities in school and juvenile justice discipline practices: Attending to contributing factors and evidence of bias. In R. J. Skiba, K. Mediratta, & M. K. Rausch (Eds.), *Inequality in School Discipline* (pp. 61-78). Palgrave Macmillan US. https://doi.org/10.1057/978-1-137-51257-4_4

Editorship and Editorial Board Membership

Associate Editor, 2026–present

Mindfulness

Publisher: Springer Nature

Consulting Editor, 2026–present

Journal of Counseling Psychology

Publisher: American Psychological Association

Invited Plenaries/Lectures in International/Regional Conferences & Events

Invited Plenaries

5. *Thriving daily: Identity-affirming experiences and well-being among LGBTQ+ people in Hong Kong*, Grief & Heal Conference 2026, Hong Kong. January 23, 2026.
4. *The case for trauma-informed care in affirmative sexual health care*, AIDS Concern Conference 2025, Hong Kong. March 14, 2025.
3. *The role of mindfulness in working with LGBTQ+ people*, Hong Kong International LGBTQ+ Affirmative Practices Conference 2023, Hong Kong. June 3, 2023.

Invited Lectures

2. *Psychology of crossing cultural borders*, National Taiwan Normal University, Taiwan. December 5, 2024.
1. *Therapists as wounded healers: Unpacking mental health practitioners' woundedness and self-efficacy in working with diverse populations*, Department of Psychology, Zhejiang University, Hangzhou. June 7, 2024.

Selected Peer-Reviewed Conferences Presentations

23. **Chong, E. S. K.**, & §Po, S. K. (2026, July). Individual contextual factors for affective and self-compassion volatility among SGD people in Hong Kong. Poster presented at the 2026 Association of Contextual Behavioral Science World Conference, Lyon.
22. **Chong, E. S. K.**, & §Po, S. K. (2026, June). Fostering helping professionals' self-efficacy in serving diverse clients in Hong Kong: Contributions of interconnectedness, trauma-informed practice attitudes, and social justice orientation. Poster presented at the International Society of Psychotherapy Research Meeting 2026, Osaka.
21. #Chow, L. F. T., & **Chong, E. S. K.** (2025, June). How non-attachment negatively links to sleep disturbance: Testing rejection sensitivity and affirmative support as sequential mediators. Poster presented at the Hong Kong International LGBTQ+ Affirmative Practices Conference 2025, Hong Kong. [**Best Poster Award**].
20. #Ho, S. M., & **Chong, E. S. K.** (2025, June). Preliminary study on the roles of dispositional factors on microaggression and dehumanization against asexuals by heterosexual individuals. Poster presented at the Hong Kong International LGBTQ+ Affirmative Practices Conference 2025, Hong Kong.
19. **Chong, E. S. K.**, #Chen, H., §Po, S. K., & #Zhang, Y. (2025, June). Internalization or enactment? An intensive longitudinal analysis of self-compassion among LGBTQ individuals in Hong Kong. Poster presented at the International Conference on Mindfulness-Asia Pacific 2025, Hong Kong.

18. §Ng, T. Y. C., Lu, S., **Chong, E. S. K.**, & Sullivan, A. (2025, June). Designing and implementing a community-based parallel parent-child mindfulness intervention for new arrival families in Hong Kong. Oral presentation presented at the International Conference on Mindfulness-Asia Pacific 2025, Hong Kong.
17. #Zhang, Y., & **Chong, E. S. K.** (2025, June). The moderating roles of perceived neijuan and HIV community connectedness in self-stigma and flourishing among young people living with HIV/AIDS in China. Poster presented at the 2025 Hong Kong College of Psychiatrists International Mental Health Congress, Hong Kong.
16. #Chen, H., Bi, K., & **Chong, E. S. K.** (2025, May). A daily diary study of maternal and paternal parenting and adolescent internalizing symptoms in Chinese families: Adolescent self-compassion as a mediating mechanism. Poster presented at the Society for Research in Child Development 2025 Biennial Meeting, Minneapolis, MN.
15. Shuang, L., §Ng, T. Y. C., Lyu, R., & **Chong, E. S. K.** (2025, May). Culturally adapted mindfulness intervention on migrant parent and child mental health in Hong Kong. A presentation as part of the symposium, *Culturally sensitive research on the positive development of marginalized youth in the majority world*, presented at the Society for Research on Child Development 2025 Biennial Meeting, Minneapolis, MN.
14. **Chong, E. S. K.**, §Po, S. K., #Chen, H., #Zhang, Y., §Ng, T. Y. C., & §Zheng, Y. (2024, August). Examining LGBTQ-salient experiences on state mindfulness, non-attachment, and self-compassion. A presentation as part of the symposium, *Unpacking the role of affirmative support in the thriving of LGBTQ people across cultures*, presented at the 132nd Annual Convention of the American Psychological Association, Seattle, WA.
13. #Chen, H., §Ng, T. Y. C., §Zheng, Y., **Chong, E. S. K.**, & Chan, R. C. H. (2024, August). Unpacking identity-salient adverse childhood experiences and psychological distress among LGBTQ people in Hong Kong through the lens of compassion: Moderation effects of gender and gender nonconformity. A presentation as part of the symposium, *Unpacking the role of affirmative support in the thriving of LGBTQ people across cultures*, presented at the 132nd Annual Convention of the American Psychological Association, Seattle, WA.
12. #Chen, H., Wang, K., Yang, N., & **Chong, E. S. K.** (2024, August). The association between parenting and adolescent self-compassion: A three-level meta-analysis. Poster presented at the 132nd Annual Convention of the American Psychological Association, Seattle, WA.
11. #Zhang, Y., & **Chong, E. S. K.** (2024, August). Counterspaces for HIV-positive youth in China: A special school study. Poster presented at the 132nd Annual Convention of the American Psychological Association, Seattle, WA.
10. Shuang, L., **Chong, E. S. K.**, Huang, Y.-T., Lyu, R., & §Ng, T. Y. C. (2023, November). Fostering quality parent-child relationships through a community-based mindfulness intervention: A randomized controlled trial. Poster presented at the Annual Convention of the National Council on Family Relations, Orlando, FL.

9. **Chong, E. S. K.**, #Chen, H., Lu, Y., Hafiz, M., & Tang, J. (2023, June). Examining facilitating factors for multicultural counseling competence among undergraduate counseling trainees in Hong Kong. Snapshot presented at the Canadian Psychological Association's 84th Annual Convention, Toronto, Ontario.
8. **Chong, E. S. K.**, #Chen, H., Tian, L., Hwang, B., & Mohr, J. J. (2023, June). Examining embodied mindfulness as a mechanism of the link between interpersonal resources and mental health among marginalized populations. Poster presented at the Canadian Psychological Association's 84th Annual Convention, Toronto, Ontario.
7. #Chen, H., **Chong, E. S. K.**, & Liu, F. (2023, June). When does self-compassion buffer the negative effect of family-related minority stressors on depression among sexual orientation minorities in China: The moderation role of internalized homonegativity. Research Spotlight presented at the Preaching to the Choir 2023: An International LGBTQ+ Psychology & Related Social Science Conference, Toronto, Ontario.
6. **Chong, E. S. K.**, Kase, C. A., Kindahl, A. M., & Mohr, J. J. (2018, August). Resilience in the face of racism in LGBQ communities among LGBQ Asians/Pacific Islanders in North America: The role of social support. A presentation as part of the symposium, *Deconstructing boxes—The importance of queer people subverting white homonormativity*, presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
5. **Chong, E. S. K.**, Kase, C. A., Kindahl, A. M., & Mohr, J. J. (2018, August). Sexual orientation experiences and well-being among LGBQ Asians/Pacific Islanders in North America: The moderating role of culture. A presentation as part of the symposium, *Expanding the scope of LGBQ research—Intersections with race, culture, and national status*, presented at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
4. **Chong, E. S. K.** (2015, August). The role of sexual minority status and link to religious community in Latina/os' and Asians' acculturation. A presentation as part of the symposium, *Navigating multiple cultures: An intersectional approach to examining challenges and resiliencies*, presented at the 123rd Annual Convention of the American Psychological Association, Toronto, Ontario.
3. **Chong, E. S. K.**, Mak, W. W. S., Zhang, Y., & Pang, I. H. Y. (2015, February). The dilemma of self-compassion among lesbian, gay, and bisexual individuals in Hong Kong. Poster presented at the 7th International Together against Stigma Conference, San Francisco, CA.
2. **Chong, E. S. K.**, Scheer, J. R., & Poteat, V. P. (2014, August). School safety for transgender youth and its relationship with resistance to trans-affirmative policies. Poster presented at the 122nd Annual Convention of the American Psychological Association, Washington, DC.
1. **Chong, E. S. K.**, Mak, W. W. S., & Wong, B. P. (2011, August). Ready for LGB affirmative counseling? An investigation among mental health professionals in Hong Kong. Poster presented at the 119th Annual Convention of the American Psychological Association, Washington, DC.

External Peer-Reviewed Competitive Research Grants

In Principal Investigator Capacity:

- 2026–27 **Daily Dynamics of Self-Compassion, Identity-Salient Experiences, and Flourishing: A Mixed Methods Study of Ethnic Minority Youths in Hong Kong.** Funded by General Research Fund, Hong Kong Research Grants Council. Project number: 17618725. Fund awarded: HKD820,376.
- 2023–25 **Examining the Role of Embodied Mindfulness in the Link Between Identity-Salient Experiences and Wellness among LGB People in Hong Kong.** Funded by Early Career Scheme, Hong Kong Research Grants Council. Project number: 276006522. Fund awarded: HKD944,306.
- 2022–24 **Promoting Psychosocial Adjustment Among New Migrant Families in Hong Kong: A Randomized Controlled Trial of Parallel Parent-child Mindfulness Intervention.** Funded by General Research Fund, Hong Kong Research Grants Council. Project number: 17619721. Fund awarded: HKD541,698.

In Co-Investigator Capacity:

- 2024–25 **Unpacking Homonegativity among Social Workers in Hong Kong and Taiwan: Implicit Bias, Correlates, and Attribution.** Funded by General Research Fund, Hong Kong Research Grants Council. Project number: 17615523. Fund awarded: HKD757,600.
- 2023–25 **Observing and Evaluating Positive and Negative Models of Therapist Empathy in Counsellor Training.** Funded by General Research Fund, Hong Kong Research Grants Council. Project number: 14600622. Fund awarded: HKD708,400.

Other External Research Funding

In Co-Investigator Capacity:

- 2023–25 **The Jockey Club Bereavement Care and Support Alliance.** Funded by the Hong Kong Jockey Club Charities Trust.

TEACHING & LEARNING

Awards and Recognitions

2025 **Outstanding Teaching Award**, Faculty of Social Sciences, HKU

Courses of Primary Teaching Responsibilities

- 2023– **SOWK1012 Communication and Counselling Skills in Everyday Life**
Bachelor of Social Sciences (Counselling), HKU
- 2022– **SOWK2138 Foundation Skills in Counselling**
Bachelor of Social Sciences (Counselling), HKU
- 2021– **SOWK6161 Theories and Practice in Counselling and Professional Ethics**
Master of Social Sciences (Counselling), HKU

Teaching Innovation and Curriculum Development

2023–24 **Embedding Compassion in Curriculum for Supportive Learning Environment and Students' Mental Wellbeing**. Bachelor of Social Sciences (Counselling). Awarded by Teaching Development Grant, HKU. Fund awarded: HKD272,580. Co-Investigator, curriculum co-designer and coordinator.

Postgraduate Supervision

As Primary Supervisor (^Δ expected graduate date)

- 2025–29^Δ **Ho Seong Man, Ph.D. Candidate**
Thesis area: *Gender and sexuality, youth mental health*
- 2026–28^Δ **Li Yaxuan, Ph.D. Candidate**
Thesis area: *Stress and resilience among parents of children with cancer*
- 2023–27^Δ **Chen Han, Ph.D. Candidate**
Thesis area: *Parenting, youth mental health*
- 2025–26^Δ **He Yingzhe, Ph.D. Candidate**
Thesis: *Reconceptualizing expressed emotion in Schizophrenia: A mixed-methods investigation of caregiving profiles and meaning-making*
- 2024–26^Δ **Chow Ling Fung Tony, M.S.Sc. in Counselling Candidate**
Thesis: *Association of identity-affirming social support with sleep disturbance: Testing the mediating roles of rejection sensitivity and nonattachment among sexual minority individuals*
- 2022–26^Δ **Zhang Yiyang, Ph.D. Candidate**
Thesis: *Understanding flourishing in the lives of young people living with HIV/AIDS in China: A multi-method inquiry of lived experiences*

2022–23 **Wang Yizhou, Ph.D.**

Thesis: *The effectiveness of enhancing contact model to reduce affiliate stigma among family caregivers of persons with schizophrenia in rural China: A mixed methods study*

As Co-Supervisor

2021–26^Δ **Tsang Wing Hang Janice, Ph.D. Candidate**

Thesis area: *Body Mind Spirit, Spirituality*

2023–25 **Li Zixu, Ph.D.**

Thesis: *Exploring suicidal ideation among sexual minority adolescents in Hong Kong: the origin, the disparity, and the mechanism*

2022–25 **Liow Jun Wei, Ph.D.**

Thesis: *Developing and evaluating the parent CARES-LGB intervention for nonaccepting parents of LGB adults in Malaysia and Singapore*

2022–24 **Du Nan, Ph.D.**

Thesis: *A mixed-methods study on depression self-stigma among young Chinese people with parental depression*

2021–23 **Dai Xiaolu, Ph.D.**

Thesis: *Evaluating the impact of a school-based mindfulness intervention on peer relationships among Chinese migrant children: The role of self-concept and self-concept clarity*

2022–23 **Nafisah Jasmine Afina, B.A.Sc.**

Thesis: *Developing a (literary) representation of Ethnic Minorities in Hong Kong: "Odd lights in a restless city"*

2021–24 **Lo Kai Chung, Ph.D.**

Thesis: *The roles of shame and guilt in father involvement with children with special needs*

2021–24 **Lee Ho Wai Joseph, Ph.D.**

Thesis: *Relaxation responses by Tibetan singing bowls*

Departmental Programme Committees

2022– **Programme Director**, Bachelor of Social Sciences (Counselling)

2021– **Programme Committee Member**, Bachelor of Social Sciences (Counselling)

2021– **Programme Committee Member**, Master of Social Sciences (Counselling)

KNOWLEDGE EXCHANGE

- 03/2026 **Invited speaker**, *Thriving in context: Momentary dynamics of minority stress and social safeness among marginalised people*, Research Mixer Salon, Faculty of Social Sciences, HKU, Hong Kong
- 02/2025 **Invited speaker**, *Theories of counselling and communication for engagement*, Teaching of Capacity Building: On Developing Youth Mental Health Competencies for Social Workers, LevelMind@JC 2.0, Hong Kong
- 12/2024 **Invited speaker**, *Embracing Multicultural Orientation as Mental Health Advocates*, Advanced Training for Mental Health Advocates, StoryTaler 說書人, Hong Kong
- 11/2024 **Co-presenter**, *Creating a supportive learning environment for enhancing students' competence and wellbeing through compassion-based pedagogy*, Teaching and Learning Festival 2024, HKU, Hong Kong
- 11/2024 **Invited speaker**, *On becoming a mental health professional*, Life Planning Education Activities for Non-Chinese Speaking Students in Secondary Schools, Caritas Youth and Community Service, Hong Kong
- 06/2024 **Invited speaker**, *Pathways to purpose: Counselling and psychology*, Career Development Series for Ethically Diverse Youth, Project Empowerment (PEME), Hong Kong
- 06/2024 **Invited speaker**, *Embracing Multicultural Orientation as Mental Health Advocates*, Advanced Training for Mental Health Advocates, StoryTaler 說書人, Hong Kong
- 03/2023 **Invited speaker**, *On becoming a mental health professional*, Life Planning Education Activities for Non-Chinese Speaking Students in Secondary Schools, Caritas Youth and Community Service, Hong Kong
- 03/2023 **Invited discussant**, *Youth Suicide Prevention: A deeper dive on identities and connectedness*, The Hong Kong Council of Social Service, Hong Kong
- 09/2022 **Invited speaker**, *Helping skills in working with culturally diverse clientele*, Training Workshop for Human Service Practitioners, Hong Kong Social Workers Association Chapter on Ethnically Diverse Social Work, Hong Kong
- 12/2021 **Invited speaker**, *Working with the Body Through the Polyvagal Lens*, Boston College Counseling Center, Chestnut Hill, Massachusetts
- 07/2021 **Invited speaker**, *Working with the Body using Trauma-Informed Practice. Webinar series*, Society of Counseling Psychology, APA, Washington, District of Columbia
- 10/2021 **Invited speaker**, *Mindfulness and Community-Care*, Chinese Immigrant Family Wellness Initiative, Philadelphia, Pennsylvania
- 04/2021 **Invited speaker**, *Cultivating Emotional Wellness*, The Welcoming Center (formerly Pennsylvania Immigrant Resource Center), Philadelphia, Pennsylvania
- 10/2020 **Invited speaker**, *Mindfulness and Community-Care*, Chinese Immigrant Family Wellness Initiative, Philadelphia, Pennsylvania

SERVICES / ADMINISTRATION

Service to the Profession

Invited reviewer for the following journals:

- *Archives of Sexual Behavior*
- *Early Intervention in Psychiatry*
- *International Journal of Social Welfare*
- *Journal of Adolescence*
- *Journal of Child Psychology and Psychiatry*
- *Journal of Contextual Behavioral Science*
- *Personality and Social Psychology Bulletin*
- *Politics, Groups, and Identities*
- *Psychotherapy*
- *Sexual and Gender Diversity in Social Services*
- *Stigma and Health*
- *The Counseling Psychologist*

2020–22 **Co-chair**, LGBTQ+ Committee, International Section, Society of Counseling Psychology, APA, Washington, District of Columbia

External Examiner for Master's Thesis

- 2024 **Ke Yu, Master of Applied Psychology**, Zhejiang University, Hanzhou
- 2024 **Zhu Shuqing, Master of Applied Psychology**, Zhejiang University, Hanzhou
- 2024 **Zhu Yiling, Master of Applied Psychology**, Zhejiang University, Hanzhou
- Thesis area: Youth mental health
Primary supervisor: Prof. Yun Lu

Service to the Community

- 2025– **Advisory Committee Member**, StoryTaler 說書人, Hong Kong
A social enterprise committed to promoting mental health and reducing stigma

Service to the University

Internal Examiner for Doctoral Dissertations

- 2026 **Bi Kaiwen, Ph.D.**
Thesis area: *Intergenerational psychopathology transmission*
Primary Supervisor: Prof. Paul S. F. Yip
- 2025 **Chan Wai Man, Psy.D.**
Thesis area: *Mindfulness in teachers' attribution patterns and classroom management strategies*
Primary supervisor: Dr. Melody J. Q. Xu

- 2024 **Thida Kim, Ph.D.**
Thesis area: *Intergenerational transmission of trauma in Cambodian skipped generation households*
Primary supervisor: Prof. Clifton Emery
- 2024 **Yeung Wai Tung, Ph.D.**
Thesis area: *Music therapy for lesbians*
Primary supervisor: Prof. Rainbow T. H. Ho
- 2023 **Chan Kuen Yu Camille, Ph.D.**
Thesis area: *Veterinarian mental health*
Primary supervisor: Prof. Paul W. C. Wong
- 2022 **Fung Hiu Ying, Ph.D.**
Thesis area: *Flow experience in dancing*
Primary supervisor: Prof. Siu-man Ng
- 2022 **Liang Zurong, Ph.D.**
Thesis area: *Intersecting self-stigma of seropositive men who have sex with men*
Primary supervisor: Prof. Yu-Te Huang
- 2022 **Lyu Renhui, Ph.D.**
Thesis area: *Mindfulness-based therapeutic parenting group for parents with adverse childhood experiences*
Primary supervisor: Prof. Lu Shuang
- 2022 **Wong Chun Miao, Ph.D.**
Thesis area: *Mother-child relationship in the context of domestic violence*
Primary supervisor: Prof. Rainbow T. H. Ho

Internal Examiner for Master's Thesis

- 2023 **Pak Hoi Lam, Master of Nursing**
Thesis area: *Sexual health intervention for emerging adults*
Primary supervisor: Prof. Edmond P. H. Choi

CLINICAL WORK

Clinical Supervision

2021/S2 **Practicum supervisor**, Department of Educational Psychology, CUHK, Hong Kong

University Counseling Centers

Clinical focus: Undergraduate and graduate students from diverse sociocultural backgrounds

2020–21 **Post-doctoral fellow**, Counseling and Psychological Services, University of Pennsylvania, Philadelphia, Pennsylvania

2019–20 **Doctoral intern**, Counseling and Psychological Services, University of Pennsylvania, Philadelphia, Pennsylvania

2018–19 **Doctoral extern**, Counseling Center, University of Maryland, College Park, Maryland

2017–18 **Doctoral extern**, Counseling Center, University of Maryland Baltimore County, Baltimore, Maryland

Community Clinics

Clinical focus: Adult survivors of torture and forced migrants, sexual and gender diverse adults

2018–19 **Pro bono assessment apprentice**, Joseph Gorin, Psy.D. & Associates, Washington, District of Columbia

2016–17 **Doctoral extern**, Torture Abolition and Survivors Support Coalition International, Washington, District of Columbia

2013–14 **Behavioral health intern**, Fenway Health, Boston, Massachusetts