

Curriculum Vitae

**Professor Cecilia L. W. Chan,
B.Soc.Sc.; M.Soc.Sc.; Ph.D.; R.S.W.; F.H.K.A.S.W.; F.H.K.P.C.A.; F.A.O.S.W.; J.P.**

Emeritus Professor,
Previous Si Yuan Chair Professor in Health and Social Work, Department of Social Work and Social Administration, and
Founding Director, Centre on Behavioral Health,
Founding Associate Director, HKJC Centre for Suicide Research and Prevention,
Founding Fellow, Center of Buddhist Studies,
Fellow, Sau Po Centre on Ageing,
The University of Hong Kong, as well as
Fellow, Association of Oncology Social Workers (USA),
Founding Honorary Fellow, Hong Kong Academy of Social Work, and
Fellow, Hong Kong Professional Counselling Association,
Member, International Workgroup on Death, Dying and Bereavement,
Justice of the Peace.

Professor Chan is a world leader in health and social work. She is editor and author of over 30 books, author of over 400 articles and book chapters in health and mental health in social work, eastern integrative empowerment intervention and outcome research, psychosocial oncology, death and bereavement care as well as received over 20 local and international awards and recognitions for her exceptional contributions in promoting wellness and resilience. She advocated for a strength-oriented empowerment approach in her work with traumatized individuals such as cancer patients, women of divorce, bereaved persons, couples with fertility issues, suicide survivors and victims of disaster. Her focus is on transformation through pain and suffering. She adopted vigorous bio-psycho-social outcome indicators in her randomized trials on measuring impact of her innovative Integrative Body-Mind-Spirit (IBMS) interventions on different population groups. (Brief of her work of IBMS intervention and its impact can be found in this clip: <http://www.socsc.hku.hk/50/project/revolution-spirit-%E2%80%A7-mind-%E2%80%A7-body/>) (or <https://www.youtube.com/watch?v=BjEgWUUusgI>). Her IBMS model was selected as the Impact Case for the Research Assessment Exercise as she has transformed the health and social care delivery system in Hong Kong and the world. She leads the first multi-disciplinary team using salivary cortisol (stress) and telomerase (anti-aging) as physiological impact on psychosocial and qigong exercises training by social workers. Her creative synergy of Chinese philosophies and Traditional Chinese Medicine (TCM) practices into holistic behavioral health intervention is ground breaking. Her integrative meaning-making empowerment strategies effectively nurture spirituality of forgiveness, appreciation, gratitude, peace, hope, resilience and optimism, which are fundamental to building a harmonious society. Her leadership in the study of hospice, palliative, trauma, disaster and bereavement care is also recognized by her many international awards and local recognitions. Her personal journey in her practice innovation and research can be found in her invited article in the Research on Social Work Practice (<https://journals.sagepub.com/doi/full/10.1177/1049731520961166>). She has graduated over 60 research postgraduate students, many of them have taken up leadership positions in prestigious universities world-wide. She has established new service delivery systems like Hospital Patients' Resource Centers and Community Rehabilitation Network in Hong Kong, as well as established new services for orphans, chronic patients, women, children with special needs and victims of disaster in China and Asia. She is an excellent social work

academic and practitioner, a social entrepreneur and a Change Maker in society. She served as Founding Director of the Centre on Behavioral Health, the Master of Social Science (Behavioral Health) Program, the HKU-HKJC ExCEL3 Project (Excellence in Capacity-building on Entrepreneurship and Leadership for the Third Sector), the JCECC (Jockey Club End-of-life Community Care) Project, the Master of Social Science (Nonprofit Management) in The University of Hong Kong. She was also instrumental in the establishment of the Sau Po Centre on Aging, Centre of Buddhist Studies, HKJC Centre on Suicide Research and Prevention, and many other taught post-graduate programs such as Master of Expressive Art Therapies, Master of Social Sciences (Counseling), Master of Social Sciences (Gerontology) etc. in the University of Hong Kong. First Chinese member to the IWG (International Workgroup for Death, Dying and Bereavement of National Leaders), Fellow of the Association of Oncology Social Workers (AOSW) and the Clinical Practice Award of Association of Death Education and Counselling (ADEC).

Research Areas: Clinical Social Work, Health and Mental Health Social Work, Eastern Integrative Body-Mind-Spirit Intervention, Entrepreneurship, Practice Innovations and social R&D (research and development).

Academic Qualifications:

Ph. D. (1991). The University of Hong Kong.

M. Soc. Sc. (1984). The University of Hong Kong.

Certificate of Health Services Administration (1982). The University of Hong Kong.

B. Soc. Sc. (1978). The University of Hong Kong.

Professional Qualifications:

Registered Social Worker (RSW) Hong Kong Social Workers Registration Board.

Certified Counsellor (CCoun) since 2009, Approved Counselling Supervisor (ACounS) (AP093), Fellow (FHKPCA) (FE004), Hong Kong Professional Counselling Association.

Google Scholar Citation Index:

Total citation: 19,284

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Selected Publications

(a) Selected Refereed Journal Articles

1. Fordjour, G.A., Amoah, P. & Chan, C.L.W. (2025) Gender Equality and Decent Work Environment in Sub-Saharan Africa: A Review and Future Agenda towards Sustainable Development. *Journal of Gender & Sustainability in the Global South*. <https://doi.org/10.1515/gsgs-2024-0014>
2. Shum, E. N. Y., Lau, B. H. P., Cheung, K. S. L., Chan, C. L. W., Siu, J. C. Y., Luk, J. K. H., Kwan, J. S. K., Chan, G. M. Y., Pat, L. Y. C., & Martin, P. (2024). Multiple Roads to Success: A Latent Class Analysis on Successful Aging among Hong Kong Near-Centenarians and Centenarians (NCC). *International Journal of Aging and Human Development*, 99(2), 152-178. <https://journals.sagepub.com/doi/10.1177/00914150231208681>

3. Ng, S.M., Xie, W., Gao, J., Wang, M., Leung, H., Li, H., Sik, H.H., Lau, B.H.P., Chan, C.L.W. (2024) Posttraumatic growth modulates the response to negative emotions related to COVID-19: An event-related potentials study. *Stress and Health*. <https://doi.org/10.1002/smi.3488>
4. Fordjour, G.A.; Chan, C.L.W. (2024) Research Trends of Studies on Psychosocial and Health-Related Behaviours of Foreign Domestic Workers in Asia Pacific: A Bibliometric Analysis. *Healthcare*, 12,690. <https://doi.org/10.3390/healthcare12060690>.
5. Chow, A.Y.M., Fordjour, G.A., Lui, J.N.M., Chan, I.K.N., Zhang, A.Y., Chan, C.L.W. (2023) The Physical and Psychosocial Outcomes of a Psychosocial Home-Based end-of-Life Care Intervention in Hong Kong. *Journal of Palliative Care*. 10.1177/08258597231157346.
6. Chow, A.Y.M., Zhang, A.Y., Chan, I.K.N., Fordjour, G.A., Lui, J.N.M., Lou, V.W.Q., Chan, C.L.W. (2023) Caregiving Strain Mediates the Relationship Between Terminally Ill Patient's Physical Symptoms and Their Family Caregivers' Wellbeing: A Multicentered Longitudinal Study. *Journal of Palliative Care*. DOI: 10.1177/08258597231215137.
7. Chen, Y.C., Taylor, H.O., Hung, N., & Chan, C.L.W. (2023). Later-life depressive symptoms during the Covid-19 pandemic: Investigations of individual, cumulative, and synergistic effects of social isolation. *Aging & Mental Health*. 27(9), 1702–1710. doi:10.1080/13607863.2023.2172137.
8. Yue, R.P.H., Lay, B.H.P., Ng, S.M., Chan, C.L.W., Yuen, S. (2023) When to be vaccinated? What to consider? Modelling decision-making and time preference for COVID-19 vaccine through a conjoint experiment. *Vaccine*, <https://doi.org/10.1016/j.vaccine.2023.08.068>
9. Leng, L.L., Yin, X.C., Chan, C.L.W., & Ng, S.M. (2023). Antenatal Mobile-delivered Mindfulness-based Intervention to Reduce Perinatal Depression Risk and Improve Obstetric and Neonatal Outcomes: A Randomized Controlled Trial. *Journal of Affective Disorders*, 335, 216-227. (SSCI, Q1, 2022 IF=6.6).
10. Hung, N., Chen, Y.C., Choy Yung, R.M.P., Kwan, M.S.M., To, A.K.Y., Fung, E.S.M., & Chan, C.L.W. (2023). Generativity in later-life: The interplay between retirement status and human, social, and financial capital. *Journal of Gerontological Social Work*. doi:10.1080/01634372.2023.2183297 (Ranking: Q1 in Social Work; 2021 IF=3.608)
11. Chen, Y. C., Morrow-Howell, N., Hung, N., & Chan, C. L. W. (2023). Civic activities and mental health in later life: The moderating role of generative concerns. *Journal of Gerontological Social Work*. advanced online publication. Doi: [10.1080/01634372.2023.2183297](https://doi.org/10.1080/01634372.2023.2183297) (Ranking: Q1 in Social Work; 2021 IF=3.608)
12. Yin, M.X.C., Chan, J.S.M., Lau, B.H.P., Leung, P.P.Y., Gao, S., Yuen, L.P., Chan, C.L.W., Ng, S.M. (2023) A self-administered moxibustion-cum-massage intervention for older adults with chronic pain in the community: A randomized controlled trial. *Complementary Therapies in Medicine*. Volume 72. March 2023, <https://doi.org/10.1016/j.ctim.2022.102908>
13. Ng, S.M., Yin, M.X.C., Chan, J.S.M., Chan, C.H.Y., Fong, T.C.T., Li, A., So, K.F., Yuen, L.P., Chen, J.P., Chung, K.F., Chan, C.L.W. (2022) Impact of mind-body intervention on proinflammatory cytokines interleukin 6 and 1 β : A three-arm randomized controlled trial for persons with sleep disturbance and depression. *Brain, Behavior, and Immunity*. 99: 166-176. <https://doi.org/10.1016/j.bbi.2021.09.022>
14. Chow, A.Y.M., Suen, M.H.P., Jiao K.Y., Ng, Y.H., Wang, Ju., Chan, C.L.W. (2022) Fear of contamination, perceived social support and physical health of health social workers in Hong Kong: A cross-sectional survey. *Social Work in Health Care*. 61(4): 280-297. <https://doi.org/10.1080/00981389.2022.2076766>

15. Ran, M.S., Peng, M.M., Yau, Y.Y., Zhang, T.M., Li, X.H., Wong, I.Y.L., Ng, S., Thornicroft, G., Chan, C.L.W., Lu, L. (2022). Knowledge, contact and stigma of mental illness: comparing three stakeholder groups in Hong Kong. *International Journal of Social Psychiatry*, 68(2), 365-375.
16. Yao, H., Chan, C.H.Y., & Chan, C.L.W. (2022). Ambivalence experienced by infertile couples undergoing IVF: A qualitative study, *Human Fertility*. 6(2), 289-301. <https://doi.org/10.1080/14647273.2022.2099314>
17. Xie, Q.W., Zhang, Y., Dai, X. Yang, W., Chan, C.L.W. (2022) A qualitative synthesis of drawing-based research on the illness-related experiences of children living with physical health problems. *Health and Social Care in the Community*. <https://onlinelibrary.wiley.com/doi/epdf/10.1111/hsc.14082>
18. Chen, Y-C., Hung, N., Lau, B. H. P., Choy Yung, R., Fung, E., Chan, C. L. W. (2022). Generativity and gendered pathways to health: The role of human, social, and financial capital in later life. *International Journal of Environmental Research and Public Health*, 19(9), 4956. <https://doi.org/10.3390/ijerph19094956>
19. Peng, M.M., Ma, Z., Chen, S.Y., Luo, Wei, Hu, S.H., Yang, X., Liu. B., Chan, C.L.W. (2022) Predictors of family caregiving burden of persons with schizophrenia with and without transition of primary caregivers from 1994 to 2015 in rural China. *BJPsych Open* (2022) 8, e78, 1–7. doi: 10.1192/bjo.2022.45
20. Hui, V.K.Y., Chan, C.H.Y., Fung, Y.L., Chan, C.L.W., Luk, M.S.K. (2022). Efficacy of the Integrative Body-Mind-Spirit group intervention for improving quality of life in parent-child dyads adjusting to atopic dermatitis: Protocol for a randomised controlled trial. *BMJ Open* 2022;12:e059150. DOI: 10.1136/bmjopen-2021-059150.
21. Yin, M. X. C., Leng, L., Liang, Z., Chen, X.Y., Chan, C. H. Y., Chan, C. L. W. (2022). Objectification and ambiguity of body image in women with Polycystic Ovary Syndrome: A mixed-method study. *Journal of Affective Disorders*, 310: 296-303. [DOI: 10.1016/j.jad.2022.05.028] (SSCI, Q1, 2022 IF=6.6).
22. Peng, M.M., Ma, Z.Y., Luo, W., Hu, S.H., Yang, X., Liu, B., Chan, C.L.W., Ran, M.S. (2022) Longitudinal impact of caregiver transition and family caregiving on psychiatric symptoms and psychosocial functioning among persons with schizophrenia in rural China. *Family Process*. 64(4), 1663-1680.DOI: 10.1111/famp.12743
23. Li, X.H., Deng, S.Y., Zhang, T.M., Wang, Y.Z., Wei, D.N., Wong, Y.N., Chan, C.L.W., Ran, M.S. (2022) Affiliate stigma of mental illness in family caregivers of persons with mental illness in Hong Kong. *International Journal of Social Psychiatry*. 68(8), 1698-1707. DOI: 10.1177/00207640211057723.
24. Yin, M. X. C., Du, L. B., Zou, X. N., Fung, Y. L., Chan H. Y. C. & Chan, C. L.W. (2021). Can psychosocial intervention suppress testosterone and triglycerides among women with polycystic ovary syndrome? a feasibility trial. *Frontiers in Psychology*, 12. <https://doi.org/10.3389/fpsyg.2021.690539>
25. Lau, B.H.P., Chan, C.L.W. and Ng, S.M. (2021) Post-traumatic Growth in the First COVID Outbreak in Hong Kong. *Frontier in Psychology*. 12:675132. doi:10.3389/fpsyg.2021.675132.
26. Lau, B.H.P.; Cheung, M.K.T.; Chan, L.T.H.; Chan, C.L.W.; Leung, P.P.Y. (2021) Resilience in the Storm: Impacts of Changed Daily Lifestyles on Mental Health in Persons with Chronic Illnesses under the COVID-19 Pandemic. *International Journal of Environmental Research & Public Health*. 2021(18): 5875. <https://doi.org/10.3390/ijerph18115875>
27. Yin, M.X.C., Ji, Y., Chan C. L. W., & Chan, C. H. Y. (2021). The mental health of women with polycystic ovary syndrome: A systematic review and meta-analysis. *Archives of Women's Mental Health*, 24, 11-27. [DOI: 10.1007/s00737-020-01043-x]

28. Lau, B.H.P.; Liu, L.; Chan, C.H.Y.; Chan, C.L.W.; Ong, J.J.; Holroyd, E.; Wong, W.C.W. (2021) De-Sexualizing Partner Notification: A Qualitative Study on Chinese Young Adults with Chlamydia. *International Journal of Environmental Research and Public Health*, 18(8), 4032. <https://www.mdpi.com/1660-4601/18/8/4032> (IF: 2.849)
29. Emery, C.R., Xie, Q.W., Chan, J.S.M., Leng, L.L., Chan, C.H.Y., So, K.F., Li, A., Po, K.K.T., Chouliara, Z., Chan, C.L.W., Choi, A.W.M., Yuen, L.P., Ku, K.S., Kung, W., Ng, S.M. (2021) The Counterintuitive Relationship Between Telomerase Activity and Childhood Emotional Abuse: Culture and Complexity. *International Journal of Environmental Research and Public Health*. 2021 Feb 08;18(4), 1619. PMID [33567728](https://doi.org/10.3390/ijerph18041619) <https://doi.org/10.3390/ijerph18041619> (SSCI, Q2, 2022 IF=4.6).
30. Chan, C.L.W. (2021) My Personal Journey of Generating Evidence in Social Work Practice for Social Change. Invited Article. *Research on Social Work Practice*. 31(1):6-13. <https://doi.org/10.1177/1049731520961166>
31. Lau, B. H. P., Chan, C. L. W., & Ng, S. M. (2021). Resilience of Hong Kong people in the COVID-19 pandemic: lessons learned from a survey at the peak of the pandemic in spring 2020. *Asia Pacific Journal of Social Work and Development*, 31, 105-114. <https://doi.org/10.1080/02185385.2020.1778516>
32. Law, M.C., Lau, B.H.P., Kwok, A.Y.Y., Lee, J.S.H., Lui, R.N.Y., Liu, K.H., Leung, P.P.Y., Chan, C.L.W. (2021). Empowering families facing endstage nonmalignant chronic diseases with a holistic, transdisciplinary, community-based intervention: 3 months outcome of the Life Rainbow Program. *Palliative and Supportive Care*, 19:530-539. <https://doi.org/10.1017/S1478951520001224>
33. Yin, M.X.C., Chan, A.K.W., Chan, C.L.W. and Chan, C.H.Y. (2021). Extroversion fosters career competence among adolescents in Hong Kong. *Applied Research Quality Life*. , 17, 1331-1342. [DOI: 10.1007/s11482-021-09968-w]
34. Ng, S.M., Fung, M., Chan, J., Chan, C.H.Y., & Chan, C.L.W. (2021). Physical activity, confidence and quality of life among cancer patient-carer dyads. *Sports medicine - Open*, 7(1), 46. [DOI: 10.1186/s40798-021-00333-7]
35. Yue, R.P.H., Lau, B.H.P., Chan, C.L.W., Ng, S.M. (2021): Risk perception as a double-edged sword in policy compliance in COVID-19 pandemic? A two-phase evaluation from Hong Kong, *Journal of Risk Research*, DOI: 10.1080/13669877.2021.1936612
36. Xiu, D., Fung, Y.L., Lau, B.H., Wong, D.F.K., Chan, C.H.Y., Ho, R.T.H., So, T.H., Lam, T.C., Lee, V.H., Lee, A.W.M., Chow, S.F., Lim, F.M., Tsang, M.W., Chan, C.L.W., & Chow, A.Y.M. (2020). Comparing dyadic cognitive behavioral therapy (CBT) with dyadic integrative body-mind-spirit intervention (I-BMS) for Chinese family caregivers of lung cancer patients: a randomized controlled trial. *Supportive Care in Cancer*. 28: 1523–1533. DOI: 10.1007/s00520-019-04974-z (IF: 2.754)
37. Lau, B. H. P., Chow, A. M. Y., Ng, T. K., Fung, Y. L., Lam T. C., So T. H., Chan, J.S.M., Chan, C.H.Y., Zhou, J., Tam, M.Y.J., Tsang, M.W., Cheng, N.S.Y., Lim, P.F.M., Chow, S.F., Chan, C.L.W., Wong, D. F. K. (2020). Comparing the efficacy of integrative body-mind-spirit intervention with cognitive behavioural therapy in patient-caregiver parallel groups for lung cancer patients using a randomized controlled trial. *Journal of Psychosocial Oncology*, 38(4), 389-405. <https://doi.org/10.1080/07347332.2020.1722981>
38. Fang, Q., Zhang, T.M., Wong, Y.L.I., Yau, Y.Y., Li, X.H., Li, J., Chui, C.H.K., Tse, S., Chan, C.L.W., Chen, E.R.H., Ran, M.S. (2020) The mediating role of knowledge on the contact and stigma of mental illness in Hong Kong. *International Journal of Social Psychiatry*. 10.1177/0020764020975792.
39. Lau, B.H.P., Chan, C.L.W., Ng, S.M. (2020). Self-compassion buffers the adverse mental health impacts of COVID-19-related threats: results from a cross-sectional

- survey at the first peak of Hong Kong's outbreak. *Frontiers in Psychiatry*. 11:585270. doi: [10.3389/fpsy.2020.585270](https://doi.org/10.3389/fpsy.2020.585270)
40. Li, X.H., Zhang, T.M., Yau, Y.Y., Wang, Y.Z., Wong, I.Y.L., Yang, L., Tian, X.L., Chan, C.L.W., and Ran, M.S. (2020) Peer-to-peer contact, social support and self-stigma among people with severe mental illness in Hong Kong. *International Journal of Social Psychiatry*. DOI: [10.1177/0020764020966009](https://doi.org/10.1177/0020764020966009)
 41. Lau, B. H. P., Chan, C. L.W., & Ng, S. (2020). What doesn't kill you makes you stronger: Sense of coherence moderates growth from stress amidst the first wave of COVID-19 outbreak. PsyArXiv. July 31. <https://doi.org/10.31234/osf.io/xn84z>
 42. Ran, M.S., Xiao, Y.Y., Fazel, S., Lee, Y.J., Luo, W., Hu, S.H., Yang, X., Liu, B., Brink, M., Chan, S.K.W., Chen, E.Y.H., and Chan, C.L.W. (2020) Mortality and suicide in schizophrenia: 21-year follow-up in rural China. *British Journal of Psychiatry Open* (2020) 6, e121, 1–8. doi: [10.1192/bjo.2020.106](https://doi.org/10.1192/bjo.2020.106).
 43. Zhao, X.Y., Yu, Y.H., Peng, M.M., Luo, W., Hu, S.H., Yang, X., Liu, B., Zhang, T., Gao, R., Chan, C.L.W., Ran, M.S. (2020). Change of poverty and outcome of persons with severe mental illness in rural China, 1994-2015. *International Journal of Social Psychiatry*, 1-9. doi:[10.1177/0020764020951234](https://doi.org/10.1177/0020764020951234).
 44. Rentala, S., Ng, S.M., Chan, C.L.W., Bevoor, P., Nayak, R.B. & Desai, M. (2020): Effect of holistic relapse prevention intervention among individuals with alcohol dependence: a prospective study at a mental health care setting in India, *Journal of Ethnicity in Substance Abuse*, 1-21. <https://doi.org/10.1080/15332640.2020.1793867>
 45. Chan, C.H.Y., Lau, B.H.P., Chan, T.H.Y., Leung, H.T., Chan, C.L.W. (2020). Examining the moderating role of patient enablement on the relationship between health anxiety and psychosomatic distress: A cross-sectional study at traditional Chinese medicine outpatient clinic in Hong Kong, *Frontiers in Psychology*. 11, 1081. DOI: [10.3389/fpsyg.2020.01081](https://doi.org/10.3389/fpsyg.2020.01081).
 46. Ng, S.M., Leng, L.L., Xie, Q.W., Chan, J.S.M., Chan, C.L.W., So, K.F., Li, A., Po, K.K.T., Yuen, L.P., Ku, K.S., Choi, A.W.M., Chouliara, Z., Cheung, A.C.Y., Chan, C.L.W., Emery, C. (2020) Trust as a mediator in the relationship between childhood sexual abuse and IL-6 level in adulthood. *PLOS ONE*, 15(5), e0232932. doi: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0232932> (SSCI, Q2, 2022 IF=3.7).
 47. Yu, Y.H., Peng, M.M., Bai, X., Luo, W., Yang, X., Li, J., Liu, B., Thornicroft, G., Chan, C.L.W., Ran, M.S. (2020). Schizophrenia, Social Support, Caregiving Burden and Household Poverty in Rural China. *Social Psychiatry and Psychiatric Epidemiology*. <https://doi.org/10.1007/s00127-020-01864-2>
 48. Xie, Q.W., Chan, C.H.Y., Lau, H.P., Tam, Y.J., Fung, Y.L., Leung, H.T., & Chan, C.L.W. (2020) Effectiveness of an Integrative Body-Mind-Spirit group intervention in improving the skin symptoms and psychosocial well-being in children living with atopic dermatitis: A randomized-waitlisted controlled trial. *Children and Youth Service Review*. 110:104739. DOI: [10.1016/j.chilcyouth.2019.104739](https://doi.org/10.1016/j.chilcyouth.2019.104739) (IF: 1.684)
 49. Xie, Q.W., Chan, C.L.W., Chan, C. H. Y. (2020). The wounded self - lonely in a crowd: A qualitative study on the voices of children living with atopic dermatitis in Hong Kong. *Health and Social Care in the Community*, 28:862–873. <https://doi.org/10.1111/hsc.12917>. (IF:1.573)
 50. Fung, Y.L., Leung, H.T., Chan, C.H.Y., Lau, B.H.P., & Chan, C.L.W. (2020). Efficacy of Integrative-body-mind-spirit group intervention for parents of children with eczema: A randomized, wait-list controlled clinical trial. *Research on Social Work Practice*, 30(6), 623-632.

51. Yao, H. & Chan, L.W. (2020) Health Social Work Practice with Covid-19: An Integrative Body-mind--spirit Approach. *Social Construction*. 7(3): 28-36. (In Chinese)
52. Ran, M.S., Peng, M.M., Yu, Y.H., Zhang, T.M., Luo, W., Hu, S.H., Yang, X., Liu, C.C., Liu, B., Liu, K.Z., Gong, K., Huang, C.H., Zhang, T., Kuang, W.H., Chan, C.L.W., Xiang, M.Z., and the CMHP study group. (2019). Changes of family structure and treatment status of people with severe mental illness in rural China: a comparative study from 1994 to 2015. *The Lancet*, 394 (special issue), S40. [https://doi.org/10.1016/S0140-6736\(19\)32376-1](https://doi.org/10.1016/S0140-6736(19)32376-1) (IF: 59.102)
53. Chan, J.S.M., Ng, S.M., Yuen, L.P., Chan, C.L.W. (2019). Qigong exercise for chronic fatigue syndrome. Special issue with Yau, S.Y. & So, K.F. (editors) Exercise on Brain Health, *International Review of Neurobiology*, 147, 121-153. ISBN: 978-0-12-816967-4, ISSN: 0074-7742. <https://doi.org/10.1016/bs.irn.2019.08.002> (IF:2.551)
54. Peng, M.M., Chen, H.L., Zhang, T., Yao, Y.Y., Li, Z.H., Long, L., Duan. Q.Q., Lin, F.R., Zen, Y., Chen, J., Ng, S.M., Chan, C.L.W., Ran, M.S. (2019). Disease-related Stressors of Caregiving Burden amongst Different Types of Family Caregivers of Persons with Schizophrenia in Rural China. *International Journal of Social Psychiatry*, 65(7-8), 603-614. (IF: 1.370)
55. Chen, H.L., Xiao, Y.Y., Liu, Y.J., Zhang, T.M., Luo, W., Zeng, Y., Hu, S.H., Yang, H.J., Yang, X., Liu, B., Xu, M.J., Chan, C.L.W., Conwell, Y., Ran, M.S. (2019). Treatment status of elderly with severe mental disorders in rural China. *Journal of Geriatric Psychiatry and Neurology*. 32(6), 291-297. (IF: 2.747)
56. 陈凯欣, 尹曦粲, 黄爽, & 龚惠明. (2019). 不孕及辅助生育治疗的社会工作介入——"综合身心灵全 人健康"自助干预模式的应用. *人口与社会*(4), 71-86. <https://doi.org/10.14132/j.2095-7963.2019.04.00>
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Selected Books and Monographs (since 1996)

- H1. Chan, I.K.N., Fong, C.H.C., Wong, E.Y.W., Lou, V.W.Q., & Chan, C.L.W. (Eds.) (2019) , *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong*. Hong Kong: Jockey Club End-of-life Community Care (JCECC) Project. http://www.socsc.hku.hk/JCECC/case_book/HKU_SS_JCECC_book.pdf
- H2. Lee, M.Y., Chan, C.H.Y., Chan, C.L.W., Ng, S.M., & Leung, P.P.Y. (2018) (Second Edition). *Integrative Body-Mind-Spirit Social Work: An Empirically Based Approach to Assessment and Treatment*. New York: The Oxford University Press.
- H3. Lee, M.Y., Ng, S.M., Leung, P.P.Y. & Chan, C.L.W. (2009). *Integrative Body-Mind-Spirit Social Work: An Empirically Based Approach to Assessment and Treatment*. New York: The Oxford University Press. ISBN 978-0-19-530102-1. 355 pages.
- H4. Chan, L.W., Fan, F.M. & Leung, P.Y. (eds.) (2009) *The Holistic Body-Mind-Spirit Well-being Model – Chinese Culture and Group Counselling*. Beijing: China Light Industrial Press. ISBN: 978-7-5019-6648-6/B. 368 pages. (in Chinese)

- H5. Chan, C.L.W. & Chow, A.Y.M. (eds.) (2006) *Death, Dying and Bereavement: The Chinese Experience*. Hong Kong: Hong Kong University Press. ISBN: 962-209-787-1. 357 pages.
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- H6. Ran, M.S., Xiang, M.Z., Simpson, P., & Chan, C.L.W. (2005). *Family-based mental health care in rural China*. Hong Kong: Hong Kong University Press. ISBN: 962-209-725-1. 181 pages.
- H7. Chan, L.W., Fan, F.W., & Gong, R.Y. (Eds.) (2003). *The Body-Mind-Spirit integrative health approach: Group counseling theory and application*. Beijing: Ethic Publishing House. ISBN 7-105-05613-4. 361 pages. (in Chinese). (The IBMS textbook and training manual for the Chinese clinical social workers and counselors)
- H8. Chan, L.W., Ho, M.Y., San, F.M., and Wong M.P. (Eds.) (2002), *Chinese Culture and Psychotherapy*. Beijing: Min Zu Publisher. ISBN 7-105-04481-0. 497 pages. (in Chinese). (Product of the HKU-Tsinghua U Cultural Psychology Research)
- H9. Chan, C.L.W. (2001). *An Eastern Body-Mind-Spirit approach: A training manual with one second techniques*. Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. Second Printing (2006). ISBN: 962864245-6. (Foundations of BMS model with two CD on the one-second techniques)
Reviewed by Ow, R. (2003). *Book Review of "An Eastern Body-Mind-Spirit Approach – A Training Manual with One-Second Techniques"* by Cecilia Lai-Wan Chan. *The Hong Kong Journal of Social Work*, 37(1), 103-105.
- H10. Chan L.W., Chan, Y., & Chung, M.L. (2001). *Women, sex and reproductive health training manual*. Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (Product of my IBMS reproductive team for professional training of social workers, developed with MSW students on their skills laboratory project as case teaching manual, in Chinese)
- H11. Lam, D., Chan, L.W., Wang, S.J., & Liu, M. (Eds.) (2001). *Women issues and social changes: Reflections from the Beijing Women's Hotline research*. Beijing: China Social Sciences Press. ISBN 7-5004-3200-3. 232 pages. (in Chinese)
- H12. Fielding, R., & Chan, C.L.W. (Eds.) (2000). *Psychosocial oncology and palliative care in Hong Kong: The first decade*. Hong Kong: Hong Kong University Press. ISBN 96-209-503-8. 298 pages. (A consolidation of 10 years of psychosocial oncology in Hong Kong)
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- H13. Wong, F.K.D., Chan, C.L.W., Law, C.K., and Au, T.Y.W. (2000). The utilization patterns, functions and outcomes of medical social services at Accident and Emergency Department in hospitals in Hong Kong: A preliminary study, (Monograph Series No. 37), Department of Social Work and Social Administration, The University of Hong Kong. (30 pages)
- H14. Chan, C.L.W., Ho, S.M.Y., Chow, A.Y.M., Koo, B.W.Z., Koo, E.W.K. & Tin, A.F. (2000) *Innovative Bereavement Care in Local Practice*. Hong Kong: The Society for the Promotion of Hospice Care Ltd.

- H15. Chan, L.W., & Wong, C.K. (2000). *A fulfilling single parenthood*. Hong Kong: Zero to One Publishing Ltd. ISBN 962-683-063-8. 180 pages. (in Chinese).
- H16. Lo, Y.F.; Chan, Yu; Chan, L.W.; Hung, S.L.; Wong, F.L.; Tsang, K.H. (1998) *Empowerment Training Handbook for Divorced women*. Resource Paper Series No.33, Department of Social Work and Social Administration, the University of Hong Kong. (170 pages, in Chinese)
- H17. Chan, Cecilia & Rhind, Nancy (eds.) (1997). *Social Work Intervention in Health Care: The Hong Kong Scene*, Hong Kong: Hong Kong University Press, 414 pages. ISBN 962 209 419 8. Reviewed by Wong, Y.L.I. (1999). *Book Review of "Social Work Intervention in Health Care: The Hong Kong Scene"*, by C.L.W. Chan & N. Rhind, in *Social Work in Health Care*, 30(2): 101-104.
- H18. Hills, Peter & Chan, Cecilia (eds.) (1997) *Community Mobilization & The Environment in Hong Kong*. Hong Kong: Centre of Urban Planning and Environmental Management. (318 pages) ISBN 962 7589 11 X.
- H19. Chan, Cecilia; K.M., Ho; H.S., Ng and Chow, Mabel (1996). *Quality Of Life of Chronic Patients*. Resource Paper Series No.27. Hong Kong: Department of Social Work and Social Administration, University of Hong Kong. (82 pages).
- H20. Chan, Cecilia (1993). *The Myth of Neighbourhood Mutual Help: The Contemporary Chinese Community Based Welfare System in Guangzhou*. Hong Kong: Hong Kong University Press, 276 pages. ISBN 962-209-337.
- H21. Kam, P.K.; Leung, Joe; Chan, Cecilia; Lam, H.S.; Wu, M.L.; Fung, K.K.; and Wong, James (eds.) (1994). *Community Work: Theory and Practice*. Hong Kong: The Chinese University Press (in Chinese). 318 pages.
- H22. Chan, Cecilia & Hills, Peter (eds.) (1993) *Limited Gains: Grassroots Mobilization and Environmental Management in Hong Kong*, Hong Kong: Centre of Urban Planning and Environmental Management, University of Hong Kong, 223 pages. ISBN 962-7589-02-0
- H23. Chan, Cecilia & Chow, Nelson (1992). *More Welfare After Economic Reform? Welfare Development in the People's Republic of China*. Hong Kong: Centre of Urban Planning and Environmental Management, University of Hong Kong, 180 pages. ISBN 962-7589-03-9

Selected Refereed Book Chapters

- J1. Liu, M., Li, Y., Chan, C.L.W. (2024) Women and the Evolution of Gender-Sensitive Social Work Education in China Before and after Economic Reform. In Rajendra Baikady, Jaroslaw Przeperski, Sajid S.M., and M. Rezaul Islam (eds.) *The Oxford Handbook of Power, Politics, and Social Work*. Chapter 11. Pages 202-217. New York: Oxford University Press. ISBN 9780197650899.
- J2. Chan, C.H.Y., Chan, T.H.Y., Chan, C.L.W. (2023), Chinese Rituals. In Filomena Michalos (Ed.). *Encyclopedia of Quality of Life and Well-Being Research*. (Second Edition) Switzerland: Springer, pp 962-967. ISBN 978-3-032-17298-4.
- J3. Wang, C.W. & Chan, C.L.W. (2023), Health-Related Quality of Life for Visually Impaired Older Chinese Adults. In Filomena Michalos (Ed.). *Encyclopedia of Quality of Life and Well-Being Research*. (Second Edition) Switzerland: Springer, pp 3051-3054. ISBN 978-3-032-17298-4.
- J4. Yin, M.X.C. & Chan, C.L.W. (2023) Spirituality without Religion: Social Work for Promoting Selfhood among Chinese Women in a Consumerist Society. In Sheying Chen (ed.) *Social Work, Mental Health, and Public Policy in Diverse Contexts: Chinese and Cross-Cultural Perspectives*. Chapter 9, pages 133-146. Springer. https://doi.org/10.1007/978-3-031-36312-2_9

- J5. Cheng, M.M. & Chan, C.L.W. (2022) 'Culture-Sensitive Palliative Social Work with Chinese Populations', in Terry Altilio, Shirley Otis-Green, and John G. Cagle (eds), *The Oxford Textbook of Palliative Social Work*, 2 edn. Chapter 48, pages 485-488. The Oxford University Press. <https://doi.org/10.1093/med/9780197537855.003.0048>
- J6. Chan C.L.W., Leung J.C.B., Min J., Xu Y.X. (2020) China: From Ideological Focused Education to Professional Social Work Education. In: S.M. Sajid, R. Baikady, Sheng-Li Cheng, H. Sakaguchi (eds) *The Palgrave Handbook of Global Social Work Education*. (Chapter 5, pages 61-78) Palgrave Macmillan. https://doi.org/10.1007/978-3-030-39966-5_5
- J7. Yin, M.X.C., Chan, C.H.Y., Fung, Y.L. and Chan, C.L.W. (2020) From practice wisdom to research knowledge: the case of the development of the Integrative Body-Mind-Spirit intervention model. Chapter 24: 279-289. In Joubert, L. & Webber, M. (eds) *The Routledge Handbook of Social Work Practice Research*. Abingdon: Routledge.
- J8. Chan, C.L.W., Fong, C.H.C. & Fung, Y.L. (2019) Holistic end-of-life care in social work. In Malcolm Payne and Emma Reith Hall (eds.) *Routledge Handbook on Social Work Theory*. (Chapter 41, pp. 474-482) Oxon & New York: Routledge.
- J9. Yao, S.H., Chan, C.L.W., & Chan, C.H.Y. (2019) Integrative Body-Mind-Spirit Social Work Intervention: Achieving Holistic Wellness. In Robyn Munford and Kieran O'Donoghue (eds.) *New Theories for Social Work Practice: Ethical Practice for Working with Individuals, Families and Communities*. (Chapter 13, pp.248-268). London and Philadelphia: Jessica Kingsley Publisher.
- J10. Chan, I.C.Y., Chan, C.L.W., Chan, I.K.N., and Fong, C.H.C. (2019) Introduction. In Iris K. N. Chan, H. C. F. Candy, Y. W. Eva, Vivian W. Q. Lou, & C. L. W. Chan (Eds.), *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong* (Chapter 1, pp. 15-28). Hong Kong: JCECC.
- J11. Chen, T.W.T., Wong, P.K.S., Leung, A.C.T., Wong, E.Y.W., Chan, I.K.N., and Chan, C.L.W., (2019) Haven of Hope Christian Service: "Hospice at Home" Program. In Iris K. N. Chan, H. C. F. Candy, Y. W. Eva, Vivian W. Q. Lou, & C. L. W. Chan (Eds.), *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong* (Chapter 6, pp. 97-113). Hong Kong: JCECC.
- J12. Liu, R.N.Y.; Law, M.C.; Kwok, A.Y.Y.; Lee, J.S.H.; Lee, J.K.T.; Leung, P.P.Y.; Liu, K.H.; Fong, C.H.C.; Chan, C.L.W. (2019) Improving Quality of Life for Patients and Families with Late-Stage Non-Malignant Chronic Diseases: A Holistic Integrated Community-Based Model. In Iris K. N. Chan, H. C. F. Candy, Y. W. Eva, Vivian W. Q. Lou, & C. L. W. Chan (Eds.), *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong* (Chapter 9, pp. 151-167). Hong Kong: JCECC.
- J13. Fong, C.H.C., Chan, I.K.N., Wong, E.Y.W., Leung, P.P.H., Koo, B.W.S. and Chan, C.L.W., (2019) Empowering Professional Competency in the Wider Community Settings. In Iris K. N. Chan, H. C. F. Candy, Y. W. Eva, Vivian W. Q. Lou, & C. L. W. Chan (Eds.), *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong* (Chapter 13, pp. 217-230). Hong Kong: JCECC.
- J14. Wong, E.Y.W., Mak, I.P.M., Fong, C.H.C., and Chan, C.L.W., (2019) Changing Minds and Communities: The Use of Innovative Strategies in Community Engagement for End-of-Life Care in Hong Kong. In Iris K. N. Chan, H. C. F. Candy, Y. W. Eva, Vivian W. Q. Lou, & C. L. W. Chan (Eds.), *Innovation. Impact: The Foundation of community-based end-of-life care in Hong Kong* (Chapter 14, pp. 231-248). Hong Kong: JCECC.
- J15. Chow, A.Y.M., Chan, K.N. and Chan, C.L.W. (2019) The future of community-based end-of-life care in Hong Kong: some concluding thoughts. In Iris K. N. Chan, H. C. F.

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- J16. Ji, X.W., Chan, J.S.M., & Chan, C.L.W. (2018) Sleepless Nights – Intervention to enhance holistic well-being of individuals with persistent insomnia In M. Y., Lee, S. M. Ng, P. P. Y. Leung & Chan, C.L.W. *Integrative Body-Mind-Spirit Social Work* (2nd ed). New York, NY: Oxford University Press. Chapter 13, pp.238-248.
- J17. Chan, C.H.Y., Ji, J.X.W., Chan, C.L.W. (2017). Achieving dynamic balancing: Application of Daoist principles into social work practice. In Beth R. Crisp (Ed.) *Routledge Handbook of Religion, Spirituality and Social Work*. (pp. 90-99) Oxford: Routledge.
- J18. Chan, C.H.Y., Chan, C.L.W. & Yao, S.Y.H. (2017). From entanglement to equanimity: An application of Eastern holistic healing approach into social work practice on infertility. In Beth Crisp (Ed.) *Routledge Handbook of Religion, Spirituality and Social Work*. Oxford: Routledge.
- J19. Leung, P.P.Y. & Chan, C.L.W. (2015) Working with Chinese Families Impacted by Cancer: An Integrative Body-Mind-Spirit Approach. In Grace Christ, Carolyn Messner & Lynn Behar (eds.) *Handbook of Oncology Social Work: Psychosocial Care for People with Cancer*. (Chapter 43, pp. 305-312) Oxford: Oxford University Press.
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- J21. Chan, C.L.W., Yan, B., (2015). Health Social Work. In: James D. Wright (editor-in-chief), *International Encyclopedia of the Social & Behavioral Sciences*, 2nd edition, Vol 10. Oxford: Elsevier. pp. 716–724.
- J22. Chan, C.L.W. & Fong C.H.C. (2015). Meridian Tapping. In Neimeyer, R. A., *Techniques of grief therapy, assessment and intervention*, Oxford: Routledge. pp. 139-143.
- J23. Ho, A.H.Y., Chan, C.L.W., & Leung, P.P.Y. (2014). Dignity and Quality of Life in Community Palliative Care. In K. Fong & K.W. Tong (eds.), *Community Care in Hong Kong: Current practices, practice-research studies and future directions* (Chapter 14, pp. 319-341). Hong Kong: City University Hong Kong Press.
- J24. Ho, A.H.Y., & Chan, C.L.W. (2014). “Living Memoirs” Videography. In N.A. Neimeyer, & B. Thompson (eds.), *Grief and Expressive Arts: Practices for the Creation of Meaning*. NY: Routledge. pp. 168-172.
- J25. Chan, C.L.W., Choi, W.M. and Fong, C.H.C. (2014) Treating Childhood Trauma: Perspectives From Asian Medicine. In Jon R. Conte (ed.) *Child Abuse And Neglect Worldwide, Volume 3: Interventions and Treatments*. Chapter 6, pp.133-157. USA: Praeger Publisher.
- J26. Chan, C.H.Y., Chan, C.L.W. and Tsui, E.Y.L. (2014) An Integrative Body-Mind-Spirit approach for women experiencing infertility, *Handbook of Behavioral Medicine*, David Mostofsky (Ed.), UK: Wiley-Blackwell, Volume 2, pp. 554-569.
- J27. Chan, C.H.Y., Wong, V.P.Y., & Chan, C.L.W. (2014). Integrating Spirituality into Healthcare Service Delivery in Hong Kong: Development of Spiritual Resources and Consolidation of Values in Care. In K.W. Tong & K. N.K. Fong (Eds.), *Community Care in Hong Kong: Current Practices, Practice-research Studies and Future Directions* (pp. 297-317). Hong Kong : City University of Hong Kong Press.
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- J32. Chan, C.L.W., Ho, A.H.Y., & Ho, V.F.L. (2013). Supporting Hong Kong Families in Facing the Challenges of the Twenty-First Century. In Tong C.F., Fung L, & Cheung K.L. (eds.) *Neighbourhood in Tung Chung: A Ten Year Review* (pp. 8-14). Hong Kong: The Neighbourhood Advice-Action Council. [In Chinese]
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- J81. Chan, Cecilia (1993). "Social Welfare", in Choi, P.K. & Ho, L.S. (eds.) *The Other Hong Kong Report 1993*. Hong Kong: Chinese University Press, p.236-263.

Samples of Knowledge Exchange Publications and video

- N1. My personal journey in practice research. <https://doi.org/10.1177/1049731520961166>
- N2. Integrative Body-Mind-Spirit (IBMS) interventions on different population groups. (Brief of the IBMS intervention and its impact can be found in this clip: <http://www.socsc.hku.hk/50/project/revolution-spirit-%E2%80%A7-mind-%E2%80%A7-body/>)
- N3. Integrative Body-Mind-Spirit Workshop for Pastoral Counselling Course of the Master of Buddhist Counselling, 22-03-2020. English video with transcripts is on Panopto:<https://lecturecapture.hku.hk/Panopto/Pages/Viewer.aspx?id=d2e0e8cc-34f2-4e6e-98ca-ab880041feec>
- N4. JCECC - HKSR - Life Rainbow Project. (2020) The Handbook on Holistic Body-Mind-Spirit Well-being. 全人身心靈健康手冊。賽馬會安寧頌「安晴·生命彩虹」社區安寧照顧計劃編。
<http://www.socsc.hku.hk/JCECC/JCECC%20HKSR%20IBMS%20Booklet.pdf>
- N5. 賽馬會安寧頌計劃香港大學團隊 (2018). 《心安家寧系列: 安寧概念篇》
- N6. Website of the Integrative Body-Mind-Spirit Intervention: <https://learning.hku.hk/IBMS> with video and worksheet sharing on skills and techniques of intervention in both English and Chinese.
- N7. Website on applying Integrative Body-Mind-Spirit Intervention to empower persons with chronic illness in the community, E2Care website (2018), Hong Kong Society for Rehabilitation. Demonstration video on exercises and programs included. <https://www.e2care.hk/zh-hk/e2ctv/ibms/> (1 秒學識身心靈健康秘笈 - e2Care 康程式 - 一站式慢性病資訊及自我健康管理平台)
- N8. 劉喜寶, 陳麗雲 (2015) 死而不憂—如何從容面對生命終結 (Translated title: “Dying without fear : How to approach end-of-life with peace-of-mind”). In 馮家柏, 陸亮 (Eds.), 坦然面對死亡的 21 堂課. 香港: 拉撒路會有限公司.
- N9. Ho, A.H.Y., & Tam, M.Y.J., & Chan, C.L.W. (Eds.) (2015). A Path We Shared: Experiences from the Hospice Palliative Care Community in Hong Kong. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. [In Chinese]
- N10. Ho, A.H.Y., Hong, Y.W., Tam, M.Y.J., & Chan, C.L.W. (2015). Dignified and Compassionate End-of-Life Care: A Self-Help Journey. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. [In Chinese]
- N11. Ho, A.H.Y., Yuen, Y., Sun, A., & Chan, C.L.W. (2014). Research Report on Developing and Evaluating of a Tailored Family-based Intervention Model for the Tung Chung Integrative Service Centre. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (*Submitted to the Neighborhood Advice-Action Council*)
- N12. Ho, A.H.Y., & Chan, C.L.W. (2013). From Obligation to Compassion: The Transformation of Filial Piety in Chinese Family Caregiving at the End-of-Life. Association for Death Education and Counseling: The Forum, 39(3), 26-27.
- N13. Ho, A.H.Y., & Chan, C.L.W. (2013). Research Report on the Community Mental Health Project for the Elderly (CMHPE). Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (*Submitted to the Neighbourhood Advice-Action Council*)
- N14. Ho, A.H.Y., Yuen, Y., Sun, A., & Chan, C.L.W. (2013). Research Report on the Walking Hand-in-Hand Cancer Family Support Project. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (*Submitted to the Hong Kong Anti-Cancer Society*)

- N15. Chan, C.L.W., Chan, C.H.Y., Chan, T.H.Y., Hui, B.N.L., & Leung, C. (2013). I-BMS Self-help protocol for Chinese Medicine Clinic Users (修心養身自強手冊). Hong Kong: Centre on Behavioral Health, The University of Hong Kong.
- N16. Chan, C.L.W., Ho, A.H.Y., Tam, M.Y.J., Ng, P.O.K., & Lam, Y.Y. (2011). The Stories of Life: A Self-Help Journey. Hong Kong: Centre on Behavioral Health, the University of Hong Kong [In Chinese].
- N17. Ho, A.H.Y., & Chan, C.L.W. (2011). Research Report on Community Needs Assessment for Cancer Care: A Study on Tuen Mun, Yuen Long & Tin Shui Wai New Towns. Hong Kong: Centre on Behavioral Health, the University of Hong Kong. (*Submitted to the Hong Kong Cancer Fund*)
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- N19. Sha, W., Ho, A.H.Y., Leung, P.P.Y., Gilbert, K.R. & Chan, C.L.W. (2011). Finding Hope and Rebuilding Lives in the Wake of the Sichuan 512 Earthquake Disaster: A Case Study on Bereaved Mothers of Duijiangyan City. *Association for Death Education and Counseling: The Forum*, 37(2).
- N20. Chan, C.L.W., Chow, A.Y.M., Ng, S.M., Ho, A.H.Y. (2010). Project Evaluation Report on the Empowerment Network for Adjustment to Bereavement and Loss at the End-of-life (Project ENABLE). Hong Kong: Centre on Behavioral Health, the University of Hong Kong. (*Submitted to the Hong Kong Jockey Club Charities Trust*).
- N21. Chan, C.L.W., Chan, C.H.Y., Tin, A.F., & Chan, W.C.H. (2010). 為生命喝采：善終、善別及善生的自助旅程. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese)
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- N24. Chan, C.L.W., Chan, C.H.Y., Tin, A.F., Chan, W.C.H., & Ng, P.O.K. (2009) *In Celebration of Life: A self-help journey of preparing for death and living with loss and bereavement*. Hong Kong: Centre on Behavioral Health, University of Hong Kong. ISBN 978-962864247-2. 176 pages. (Application of IBMS model into death and bereavement support)
- N25. Chan C.L.W., Wong P.Y., Ng O.K.P. and Chan T.H. (2009) 精神復康支援 - 照顧者身心靈健康概念與實務方針, 社區精神康復服務：新機遇, Richmond Fellowship of Hong Kong, 11-18, 2009.
- N26. Ho, A.H.Y., & Chan, C.L.W. (2008). Program Evaluation Report on a Better Health for a Better Hong Kong: A Territory Wide Health Promotion Campaign. Hong Kong: Centre on Behavioral Health, the University of Hong Kong. (*Submitted to the Hospital Authority Health InfoWorld*).
- N27. Chan, C.L.W. & Leung, P.P.Y. (2007) SMART Story Telling: Clinical Application. *Proceedings of CADENZA Symposium 2007*, (pp.21-25), Hong Kong: CADENZA.
- N28. Ng, S.M., Chan, T.H.Y., Chan, C.L.W., & Cheng, N.K.C. (2005). Final report on programme evaluation of the Suicide Crisis Intervention Centre, Samaritan Befrienders

- Hong Kong. Hong Kong: Centre on Behavioral Health, HKU. (*Commissioned research report.*)
- N29. Ng S.M., Tso F., & Chan C.L.W. (2005) A prospective study on user satisfaction, treatment efficacy, and incoming and outgoing pathways of patients of the Chinese Medicine Specialist Outpatient Clinic. Tung Wah Hospital, Hong Kong: Centre on Behavioral Health, the University of Hong Kong. (*Commissioned research report.*)
- N30. Ho, A.H.Y., Chou, K.L., & Chan, C.L.W. (2005). Research Report on a Program Evaluation Study on the Implementation of the Samaritan Befrienders Hong Kong: Life Education Centre. Hong Kong: Sao Po Centre on Ageing. (*Submitted to the Samaritan Befrienders Hong Kong*)
- N31. Chan, L.W. & Chan, C.H. (2005) Helping bereaved elderly persons – Implications for social work practice. In Chan, W.Y., Kam, S.H. & Chou, K. H. (eds.) Social Work and Counseling for Bereaved Elderly Persons. (pp. 5-15). Hong Kong: Crisis Management and Support Services, SAGE Hong Kong.
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- N34. Chan, C.L.W. & Team Final and Interim Report of the Program Evaluation of the Samaritan's Crisis Centre (November, 2004, February, 2004).
- N35. Chan, C.L.W., Ho, S.M.Y., & Chow, A. Y.M. (2004). Report on Cross-sectional Survey Study on Grief and Bereavement Experience of Chinese Families in Hong Kong (Jessie & Thomas Tam Centre, SPHC). Hong Kong: Centre on Behavioral Health, HKU.
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- N37. Chan, E.K.L., & Chan, C.L.W. (2004). Chinese culture and research: Implications on social work education and practice. In A. K. T. Tsang, M. C. Yan & W. Shera (Eds.), Social work in China: A snapshot of critical issues and emerging ideas: Proceedings of the international colloquium in Beijing 2000 (pp. 39-48). Toronto: Faculty of Social Work, University of Toronto.
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- N39. Chan, L.W., Leung, P.Y., Wong S.S. (2004) Loving yourself is not difficult. Hong Kong: Centre on Behavioral Health. (in Chinese)
- N40. Chan, L.W., Chow, Y.M. Chan, H.Y. & Ho, M.Y. (2004). Three steps of fostering resilience. Hong Kong: Centre on Behavioral Health. (in Chinese)
- N41. Chan C.L.W. (2003) The Social Impact of SARS: Sustainable Action for the Rejuvenation of Society, Medical Section of the Federation of Medical Societies of Hong Kong, 8(5), 11-12.
- N42. Yi, S.G., Chan, L.W., & Lam, C.W. (2002). Independence and divorce: A quantitative and qualitative analysis. Jiangsu Social Sciences, 77-85. (in Chinese).

- N43. Yi, S.G., Chan, L.W., & Lin, Z.H. (2002). A brief analysis of divorce policies in traditional China. *Journal of Shenzhen University (Humanities & Social Sciences)*, 19(6), 43-44. (in Chinese).
- N44. Chan, L.W., & Yi, S.G. (2001). The review of volunteering in Hong Kong. *Bulletin of the Christian Family Service Centre*, 67, 1-2. (in Chinese)
- N45. Liu, M., & Chan, L.W. (2001). Single mothers and their wonderful life. *Beauty and Health*, 3, 79-87. (in Chinese).
- N46. Chan, C.L.W., & Ran, M.S. (2000). Review and prospecting of community mental health services in China. *Bulletin of the Neighbourhood Advice-Action Council*, 10, 67-70. (in Chinese).
- N47. Chan, K.L. & Chan C.L.W. (2001) Chinese Culture and Research – Education and Practice in Social Work. Tsang, K.T. & Yan, M.C. (eds.) *Proceedings of the International Conference of Social Work Development in the 21st Century*. (pp.45-57). Beijing: China Social Sciences Press.
- N48. Chan, C.L.W. (2000). From pragmatism to search for spiritual peace. In Hong Kong Federation of Youth Groups (Ed.), *Challenges and opportunities in the 21st century* (pp. 157-158). Hong Kong: The Hong Kong Federation of Youth Groups.
- N49. Chan, C.L.W. (2000). Grief and bereavement in a Hong Kong Chinese cultural context. In C. L. W. Chan (Ed.), *Innovative bereavement care in local practice* (pp. 3-16). Hong Kong: Jessie and Thomas Tam Centre, SPHC.
- N50. Chan, C.L.W., & Ran, M.S. (2000). Community mental health services in China. In Neighbourhood Advice Action Council (Ed.), *Report of social work services in Beijing and Shanghai* (pp. 67-70). Hong Kong: Neighbourhood Advice Action Council.
- N51. Lo, W.F., Chan, Y., Chan, C.L.W., Hung, S.L., Wong, F.L. & Tsang, K.H. (eds.) *Empowerment Training Manual for Divorced Women*. Resource Paper Series No.33, the Department of Social Work and Social Administration, the University of Hong Kong.
- N52. Chan, Cecilia; Leung, Pamela; Chow, Amy & Chow, Phyllis (1996). "Impact of Support Group on Cancer Patients in Hong Kong", *Proceedings of the 1996 World Joint Congress of the IASSW and IFSW (Vol.III)*, July 23-28, 1996, Hong Kong, p.126-128.
- N53. Chan, Cecilia; Ma, Joyce; Chow, Amy; Au, Tirana; Leung, Pamela; Chau, Phyllis; Chang, Fiona; Cheng, Bing Yee and Tam, Victor (1996). *Therapeutic Groups in Medical Settings*. Resource Paper Series No.25. Hong Kong: Department of Social Work and Social Administration, University of Hong Kong. (Project that I am PI, 230 pages).
- N54. Chan, Cecilia; J. K.M., Ho; Ng, H.S., and Chow, Mabel (1996). *Quality Of Life of Chronic Patients*. Resource Paper Series No.27. Hong Kong: Department of Social Work and Social Administration, University of Hong Kong. (82 pages).

Community Participation and University Administration

1. Member, Collaborative Research Grant Assessment Panel, Research grant Council UGA (2024-2027)
2. Advisor, Hong Kong Jockey Club End-of-Life Community Care Project (JCECC) (2019-2025, Project Director 2015-2019)
3. Faculty, Certificate Course on End of Life Care in Long Term Care, Hong Kong Association of Gerontology, 2021-2024.
4. Member, Research Council, Our Hong Kong Foundation (2020-date)
5. Member, Executive Committee, The WeRise Mobile Platform for Stroke Patients and their Caregivers. Division of Neurology, Department of Medicine and Sau Po Centre on Ageing (CoA), The University of Hong Kong (2020-date).
6. Member, Advisory Committee, Hong Kong Academy of Social Work (2019-now).
7. Member of Review Panel of Centre for Advancement in inclusive and Special Education, Faculty of Education, The University of Hong Kong (2014, 2020).

8. Member of the Assessment Panel of the Public Policy Research (PPR) Funding Scheme and the Strategic Public Policy Research (SPPR) Funding Scheme (2018-2024)
9. Chairperson, Hong Kong Society for Rehabilitation (2015-2019); Executive Committee Member, (1994-date); Vice-President (2019-date).
10. Member Regional Advisory Committee of Hospital Authority (2019- 2021).
11. Member, Women's Commission, HKSAR Government (2014-2021); Chairperson, Steering Group on Women Empowerment and Lifelong Learning (2017-2018); Chairperson, Committee on Empowerment, Education and Research (2018-2021).
12. Member, Equal Opportunity Commission (2017-2023)
13. Member, "Care for Advanced Diseases" Consortium, The Hong Kong Federation of Medical Societies (2017-2020).
14. Chairperson, Hospital Governing Committee of MMRC (2019-2025) (Member: 2016-present)
15. Advisor, The Ombudsman, Hong Kong (2014-2026)
16. Advisor. The Hong Kong Pioneers Mutual Support Association Limited. (Cancer Survivors) (1997- date)
17. Honorary Advisor, The Hong Kong Joint Council of Parents of the Mentally Handicapped (1987- date).
18. Member of Review Panel of the Master Program in Psychological Medicine, Faculty of Medicine, The University of Hong Kong (2017).
19. Chairperson, Review Panel of An Appeal on Accreditation, The Social Workers' Registration Board, 2017.
20. Lay member, Barristers Disciplinary Tribunal Panel (2007-2017)
21. Chairperson, Review Panel of the Faculty of Medicine, The University of Hong Kong. 2016.
22. Member, Advisory Group on Academic Reviews, The University of Hong Kong. 2012-2016.
23. Member and Honorary Consultant, Hong Kong Cancer Fund (2000-present)
24. Member, Executive Committee, Hong Kong Parkinson's Disease Foundation (2005-present)
25. Advisor, Golden Age Foundation (2015-present), Alliance of Patients' Organizations (2004-present), Regeneration Society (2008-present),
26. Member, Research Grant Committee, Investor Education Centre (2015-2018)
27. Chairperson, Hospital Governing Committee, MacLehose Medical Rehabilitation Center (MMRC) (April 1 2019- March 31 2023)
28. Member, Regional Advisory Committee of HA (April 1 2019- March 31 2023)
29. Member, Expert Panel member, Chinese Medicine Department, Hospital Authority (2012-2021)
30. Advisor, The Hong Kong Society for the Aged (SAGE), (2004-present)
31. Consultant, The Samaritan Befrienders Hong Kong (2001-2021)
32. Honorary Advisor, Pneumoconiosis Mutual Aid Association (1998-date)
33. Member of Kowloon Central Cluster (KCC) Steering Committee on Patient Support and Volunteer Development. (previously, Steering Committee of Patients Resources Center, Queen Elizabeth Hospital). Hospital Authority. (1995-date)

Knowledge Exchange for Public and Professional Education (Selected)

1. IBMS intervention and its impact. Faculty of Social Sciences, University of Hong Kong.

- <http://www.socsc.hku.hk/50/project/revolution-spirit-%E2%80%A7-mind-%E2%80%A7-body/>
2. RTHK talk show on disaster and psychology with Dr. Christian Chan,
<https://mail.google.com/mail/u/0/#inbox/FMfcgxwJXxrvPzXJXXPNXSvMcdLrZdG?projector=1>
 3. The 70th Anniversary Celebration Symposium Series on Evidence-Based Research and Practice, Department of Social Work and Social Administration, HKU. Lecture by Cecilia Chan
<https://lecturecapture.hku.hk/Panopto/Pages/Viewer.aspx?id=8d06e236-acee-474f-bf52-abe2003675a1> and the whole symposium
<https://www.socialwork.hku.hk/70th-anniversary/series-of-webinars/>
 4. Crisis and Trauma Management workshop for counsellors and social workers serving communities confronted with COVID-19. Online Skills workshop. The training can be found in the following report and video
<https://mp.weixin.qq.com/s/uUnnxN1xYeO-2mCW-iunNQ> <https://m.qqchat.com/topic/details?topicId=2000007953207016&from=groupmessage&isappinstalled=0>
 5. IBMS Home Hospice Workbooks by the JCECC HKSR Team: 全人身心靈健康手冊。賽馬會安寧頌「安晴·生命彩虹」社區安寧照顧計劃編。
<http://www.socsc.hku.hk/JCECC/JCECC%20HKSR%20IBMS%20Booklet.pdf>
 6. Three Chinese books on end-of-life care: 賽馬會安寧頌計劃香港大學團隊 (2018).
《心安家寧系列：安寧概念篇》
 7. A website on I-BMS has been established: an E-learning platform with video on the body-mind-spirit intervention, electronic learning with worksheets, research publications in promoting holistic and persons-centred intervention.
(<https://learning.hku.hk/ibms/>) This website is in both Chinese and English.
 8. Website of the JCECC for the dissemination of research findings and professional education to empower the community in end of life care. <http://foss.hku.hk/jcecc/en/>
 9. Website on applying Integrative Body-Mind-Spirit Intervention to empower persons with chronic illness in the community, E2Care website (2018), Hong Kong Society for Rehabilitation. Demonstration video on exercises and programs included.
<https://www.e2care.hk/zh-hk/e2ctv/ibms/> and
<https://www.e2care.hk/zh-hk/e2ctv/?v=423>
 10. Contribution to production of RTHK, TVB and CNN documentary on eczema and qigong (2018).
 11. Chan, C.L.W. (2018) End of Life issues for persons with cognitive impairment. 東華三院渣打香港 150 週年慈善基金長者智晴坊「認知障礙症·生活攻略」新書發佈會暨友「義」同行 計探討照顧認知障礙症長者在衣食住行的生活小智慧.
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