

Curriculum Vitae

Paul, Wai-Ching WONG, *D.Psyc.(Clinical), M.Psyc.(Clinical), B.Soc.Sci.(Psyc.)(Hons)., B.Soc.Sci.(Psyc.)*

Associate Professor, The Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong SAR. (since 2016 Aug)

Assistant Professor, The Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong SAR. (2010-2016 July)

Clinical Psychologist and Training Consultant, Centre for Suicide Research and Prevention, The University of Hong Kong, Hong Kong SAR. (2003-2010)

13 October 2025

Summary of the Curriculum Vitae

1. h-index: 41 (Google Scholar)
2. i10-index: 91 (Google Scholar)
3. Number of times cited: **5745** (Google Scholar)
4. Publications appeared in international peer-reviewed journals: **128**
5. Academic prizes and awards: **7**
 - **University Outstanding Knowledge Exchange Award (2024-2025)** awarded by The University of Hong Kong;
 - **Outstanding Knowledge Exchange Award (2023-2024)** awarded by the Faculty of Social Sciences, The University of Hong Kong;
 - **Outstanding Knowledge Exchange Award (2020-2021)** awarded by the Faculty of Social Sciences, The University of Hong Kong;
 - **Best Oral Presentation** awarded by the One Health Conference 2021;
 - **Best Poster Presentation** awarded by the Hong Kong College of Family Physicians 40th Anniversary Conference in **2016** (Role: Principal Investigator and presenter);
 - **Outstanding Research Output (2012-13)** awarded by the Faculty of Social Sciences, The University of Hong Kong;
 - **Outstanding Project and Presentation** awarded by the HKEC Symposium in Community Engagement (**2010**), organized by the Hong Kong East Cluster, Hospital Authority (Role: Principal Investigator and presenter); and
 - Asian Silver Innovation Award awarded by the Asian Wall Street Journal (**2005**). “**Ten Healthy Websites**” and “**Most Creative Website Award**”, **Meritorious Websites Award (2006, 2007, 2008 and 2009)** awarded by

the Office for Film, Newspaper and Article Administration, HKSAR. “Little Prince is Depressed” website. (Role: Lead content provider and editorial committee member).

6. Research grant record (2006 - present)

- Peer-reviewed external, internal, and private donation grants (since 2010): **42: Total amount = over HKD600M**
- External competitive research grants and contract research (from 2010):
 - **2 awards as PI** (on dementia caregiving and social emotional learning), **1 award as Co-PI** (on mental health issues among working population), and **17 awards as Co-Is** (on mental health related issues)
 - Jockey Club Charities Trust: **5 awards as PI** on social inclusion of ethnic minority young people in Hong Kong, families and children of people incarceration, and on parental well-being of people with developmental disorders **and 2 award as Co-Is** on mental health of young and elderly people in Hong Kong

7. Mentoring of junior staff

- Post-doctoral fellows: **12** as co-supervisors (since 2010)

Key achievements in Teaching and Learning

Teaching models: Experiential Learning and Evidence-Based Practices

8. Involvement in curriculum development and teaching innovations:

- As **Programme Coordinator** of the **Bachelor of Social Sciences (BSS, Counselling and Social Work and Social Administration)** (2013-2022)
- As **Deputy Director** of the **Master of Social Sciences (MSS, Counselling)** (since 2010) and **Director** (since 2020)

9. Pedagogical development in undergraduate and postgraduate courses:

- **Revamped** the BSS (Counselling) programme structure to better match with the needs and expectations of the students
- **Included an Experimental Learning** component and utilized a **Blended-learning approach** in the “Journey into Madness” common core course (since 2015) and worked with the HKU’s Technology-Enriched Learning Initiative team to enhance student’s learning through blended teaching and learning pedagogy (<https://commoncore.hku.hk/cchu9022/>)

10. Primary teaching responsibilities:

- Core course for BSS (major in Counselling): SOWK1012 “**Communication and Counselling Skills in Everyday Life**” with about 150 students per year, and the course was badged as one of the HKU’s Communication-Intensive-Course in 2018.

- Common Core Course for undergraduate students from all faculties: CCHU9022 “*Journey into Madness*” with about 120 students per year and was badged as one of the HKU’s Communication-Intensive-Course in 2023.
- Core Course for MSS (Counselling): SOWK6040 “*Practice Research in Human Services*” with about 70 students per year
- *Teaching effectiveness of the above courses*: $\bar{x} = 78.2$ (record for 2013-2024; no. of students per course = $\bar{x} = 94.5$; Department’s average was 80.2)

11. Academic supervision:

- Research postgraduate students: **21 (10 as primary supervisor)**
 - As primary supervisor: **10 full-time** (1 graduated in August 2015 and have taken up a Research Assistant Professor, at Department of Psychiatry, CUHK, 1 graduated in 2016 and now as Associate Professor at the Dominican University School of Social Work, US, and 1 as Assistant Professor at the Shue Yan University, one graduated recently.
 - As co-supervisor: **11 full-time** (all continuing)

12. Editorial positions:

- Associate Editor: Scientific Reports, Nature
- Associate Editor: Behavioural Sciences, MDPI

Key achievements in Professional and Community Services

Service profession and areas: Suicide Prevention, Mental Health, and Clinical and Counselling Psychology

13. Service responsibilities to the Department, the Faculty, and the University

- Member, Discrimination Complaints Committee (DCC), HKU (since 2017)
- Equal Opportunity Officer, Equal Opportunity Unit, HKU (since 2010)
- Member, Strategic Research Theme (SRT)’s Psychosocial Study of Ageing (since 2014)
- University Information Technology Taskforce (2012-13)
- Department Management Committee & Research Postgraduate Committee (since 2012)
- Academic advisor for BSS undergraduate and MSS postgraduate students (since 2010)

14. Services to the profession and community

- Secretary, The Asia Pacific Psychology Alliance (since 2025)
- Council member and Fellow, The Hong Kong Professional Counselling Association
- Borad Member and Advisor, MindHK
- Advisory Specialist, Richmond Fellowship of Hong Kong
- Advisory Specialist (Mental Health Education), Hong Kong Federation of Education Workers
- Committee Member, Curriculum Development Council - HKEAA Committee on Health Management and Social Care
- National Member Delegate of HKSAR for The International Union of Psychological Science (since 2021)
- Consultant, Zubin Foundation (since 2021)
- Psychological Consultant, The Samaritans (since 2013)
- Consultant, The Youth Outreach (since 2021)
- Consultant, Joyful Mental Health Foundation (since 2015)
- Member, Chief Executive's Award for Teaching Excellence
- Co-opted member of the Standing Committee on Policy Research & Advocacy of the Hong Kong Social Service Council (2020)
- Honorary Research Fellow of The Hong Kong Police College, The Hong Kong Police Force (since 2015)
- National Representative (Hong Kong) of the International Association for Suicide Prevention (2010-2015)
- Council Member and Scientific Officer of the Hong Kong Psychological Society (since 2010)
- Research Fellow of the Centre for Suicide Research and Prevention (since 2010), and Centre on Ageing (since 2013), The University of Hong Kong
- Honorary Research Advisor, Hong Kong Mental Wellness Association

Academic Qualifications

1. Doctor of Psychology (Clinical), Bond University, Australia, 2006 (Thesis Title - Risk factors for suicide in adults 30-49: a case-controlled psychological autopsy study in Hong Kong.)
2. Master of Psychology (Clinical), Bond University, Australia, 2003 (Thesis Title - The relationships of attachment, caregiving, and sexuality in adult romantic relationships.)
3. Bachelor of Social Sciences in Psychology (Honours), Bond University, Australia, 1998, Scholarship awarded (Thesis Title - An investigation of the relationship between coping strategies, hopelessness, loneliness and suicidal ideation)
4. Bachelor of Social Sciences in Psychology, Bond University, Australia, 1996, Scholarship awarded, Awarded for Vice-Chancellor's List three times and Dean's List three times and for academic excellence.

Professional Qualifications

1. Fellow and Approved Supervisor, The Hong Kong Professional Counselling Association (HKPCA) (since 2012).
2. Member, The Australian Psychological Society's (APS) College of Clinical Psychologists (since 2006) and The Hong Kong Psychological Society's (HKPS) Division of Clinical Psychology (since 2015).
3. Fellow and Registered Psychologist - The Hong Kong Psychological Society (HKPS) (since 2005).
4. Member, The Australian Psychological Society (APS) (since 2003).
5. Australian Board of Psychologist - Registered Psychologist (since 2000).

Post-qualification Training

1. Animal Assisted Therapy Distance Learning Programme, Consortium for Animal Assisted Therapy, University of North Texas (Completed in 2015).
2. Certificate of Teaching and Learning in Higher Education (stage I and II), by Centre for the Advancement of University Teaching, The University of Hong Kong (2007-08).

3. Loving Outreach to Survivors of Suicide International Training Seminar, Catholic Charities of the Archdiocese of Chicago, United States (October, 2006).
4. Summer Research Institute in Suicide Prevention, Centre for the Study and Prevention and Prevention of Suicide, University of Rochester, United States (June, 2004).

Professional Work Experience

1. Clinical Psychologist and Training Consultant, The HKJC Centre for Suicide Research and Prevention, The University of Hong Kong, Hong Kong S.A.R. (2003-2010).
2. Clinical Psychologist (Full-time Internship), Acute Psychoses Young Adult Ward, Gold Coast Hospital - Robina Campus, Gold Coast, Australia. (2002).
3. School Psychologist (Part-time Internship), Education Department Queensland Government, Queensland, Australia. (Aug 2001 to Nov 2001).
4. Clinical Psychologist (Part-time Internship), Palm Beach Currumbin Private Hospital Queensland, Australia. (Jan 2001 to Dec 2001).
5. Clinical Psychologist (Part-time Internship) Bond University Psychology Clinic, Bond University, Queensland, Australia. (May 2000 to May 2001).

Academic and Teaching Experience

1. Assistant Professor, Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong SAR. (Sep 2010- Aug 2016).
2. Programme Co-ordinator of B.Soc.Sci (Social Work and Social Administration, and Counselling) program, The University of Hong Kong, Hong Kong SAR. (Since 2013).
3. Deputy Director of M.Soc.Sci. (Counselling) program, The University of Hong Kong, Hong Kong SAR. (Since 2010).

RESEARCH and SCHOLARSHIP

1. Journal Publications

A1. Published

- A1.1. Hussain, S., Tse, J. H. C., **Wong, P. W. C.**, Cheung, M. M. Y., Chan, R. N. Y., Wing, Y. K., & Chau, S. W. H. (2025). Mental health and barriers to help-seeking among South Asians in Hong Kong at the end of the COVID-19 pandemic: a cross-sectional study. *East Asian Archives of Psychiatry*, 35(1), 21-27.
- A1.2. Li, T. M., Zhu, S., & **Wong, P. W.** (2025). Young people's social withdrawal intention during COVID-19 in Hong Kong: A three-wave longitudinal study. *Journal of Psychiatric Research*, 186, 314-321.
- A1.3. Fung, C. S. L., Chan, C. H. Y., Fung, Y. L., Tsang, S. K. M., & **Wong, P. W. C.** (2025). A Qualitative Study on Incarcerated Fathers' Self-Reflection on Childhood Family Experiences and the Intergenerational Impact on Their Current Parenting Attitudes Through Expressive Letter Writing. *Journal of Family Issues*, 0192513X251347319.
- A1.4. Chan, C. H. Y., Chan, Y. T., Fung, S. L. C., Fung, Y. L., & **Wong, P. W. C.** (2024, November). Exploring the Differential Response of Parental Depression on Child Eczema Severity: Insights from a Psychosocial Group Intervention in a Randomized Controlled Trial. In the 10th International Conference on Social Work in Health and Mental Health (19/11/2024-22/11/2024, Melbourne).
- A1.5. Chan, C. K., Parkes, R. S., Ngai, D. H., & Wong, P. W. (2024). Animal-Assisted Mental Health Education for Veterinary Students. *Journal of Veterinary Medical Education*, (aop), e20230122.
- A1.6. Yiu WWY, Cheung HN, **Wong P.W.C.** (2024). Adaptation and Validation of the Pet Bereavement Questionnaire (PBQ) for Chinese Population. *Animals*; 14(19):2845.
<https://doi.org/10.3390/ani14192845>
- A1.7. Chan CKY, **Wong P.W.C.** (2024). The Evaluation of a Mindful Coaching Programme to Reduce Burnout in Social Workers in Hong Kong—A Pilot Study. *Behavioral Sciences*; 14(10):915.
<https://doi.org/10.3390/bs14100915>
- A1.8. Roberts, A., Rogers, J., Petrovskaya, E., Ashton, A., Beck, E., Ritchie,

- C., ... **Wong, P.W.C.** & Sharman, S. (2024). Investigating gambling-related suicide. *Addiction* (Abingdon, England).
- A1.9. Chau, S. W. H., Chue, T. M., Chan, R. N. Y., Lai, Y. L., **Wong, P. W.**, Li, S. X., ... & Wing, Y. K. (2024). Chronic post-COVID neuropsychiatric symptoms persisting beyond one year from infection: a case-control study and network analysis. *Translational Psychiatry*, 14(1), 261.
- A1.10. Zhu S, Hu Y, Wang R, Qi D, Lee P, Ngai S, Cheng Q, **Wong PWC** (2024) Effects of a parent-child single-session growth mindset intervention on adolescent depression and anxiety symptoms: Protocol of a 3-arm waitlist randomized controlled trial JMIR Research Protocol 2024;13:e63220 URL: <https://www.researchprotocols.org/2024/1/e63220> DOI: 10.2196/63220
- A1.11. Michelle Sok I He, **Wong, P.W.C.** (2024). The association of social capital and mental well-being among older residents living in public housing in Macau Special Administrative Region (S.A.R.) – A qualitative case study of Seac Pai Van. *Asian Social Work and Policy Review* 18(1).
- A1.12. Hai, R., & **Wong, P. W.** (2024). Emerging trends in Hikikomori behaviour among young people in China: Implications for research and policy. *Asian Journal of Psychiatry*, 93, 103925-103925.
- A1.13. Tse, N., Tse, S., **Wong, P.**, & Adams, P. (2023). Collective motivational interviewing for substance use problems: Concept and implications. *International Journal of Mental Health and Addiction*, 21(4), 2538-2555.
- A1.14. Su, X., Li, T. M., & **Wong, P. W.** (2023). Expanding sources of recognition: Towards an experience-driven framework for reengaging hikikomori and semi-hikikomori. *Child and Adolescent Social Work Journal*, 40(5), 713-725.
- A1.15. Chan, C.K.Y & **Wong, P.W.C.** (2023). Predictors of suicide risk and mental health outcomes among Hong Kong Veterinarians: A cross-sectional study. *Behavioural Sciences*, 707, 13(9)
- A1.16. Zhu, S., Li, X., & **Wong, P. W.** (2023). Risk and protective factors in suicidal behaviour among young people in Hong Kong: A comparison study between children and adolescents. *Psychiatry research*, 321, 115059.
- A1.17. S Ng, H Reidy, **Wong, P. W.** O Zayts-Spence (2023). The relationship

- between personal and interpersonal mental health experiences and stigma-related outcomes in Hong Kong. *BJPsych Open* 9 (3, e72).
- A1.18. CKY Chan, JSK Lai, **Wong, P.W.C.** (2023). Intraprofessional stress demonstrating veterinarian identity in Hong Kong. *Australian Veterinary Journal*, 101, (1-2).
- A1.19. RCC Pang, MSH Ho, **Wong, P.W.C.** (2023). A Review of the literature on the multiple forms of stigmatization of caregivers of children with autism among ethnic minority groups - *Journal of Racial and Ethnic Health Disparities*, pp.1-15.
- A1.20. G Arat, **Wong, P.W.C.** (2022). Insights for educators working with ethnically diverse youth in Hong Kong: a pilot positive youth development program. *Asian education and development studies*, 12 (1), pp.126-135.
- A1.21. **Wong, P. W.**, Su, X., Yu, R. W., & Li, T. M. (2022). Reengaging youth with prolonged social withdrawal behaviours in Hong Kong: Efficacy of an intervention programme involving human and non-human Partners. *Child & Youth Services*, 1-19.
- A1.22. **Wong, P. W. C.**, Lam, Y. Y., Lau, J. S. P., Fok, H. K., & WHO CST Team. (2022). Adapting and pretesting the World Health Organization's caregivers skills training program for children with autism and developmental disorders or delays in Hong Kong. *Scientific Reports*, 12(1), 16932.
- A1.23. **Wong, W. C. P.**, & Chow, S. L. (2022). Evaluation on the effectiveness on the implementation of WHO caregiver skills training (CST) programme in Hong Kong: a randomised controlled trial protocol. *BMJ open*, 12(6), e054099.
- A1.24. **Wong, P. W. C.**, Kwok, K. W., & Chow, S. L. (2022). Validation of positive youth development scale and implications for adolescent in Hong Kong community. In *Child & Youth Care Forum* (pp. 1-19). Springer US.
- A1.25. Lau, J. S. P., Lai, S. M. K., Ip, F. T. S., **Wong, P. W. C.**, Team, W. C., Servili, C., ... & Brown, F. L. (2022). Acceptability and feasibility of the World Health Organization's Caregiver Skills Training Programme (WHO CST) delivered via eLearning, videoconferencing, and in-person hybrid modalities in Hong Kong. *Frontiers in psychiatry*, 13, 915263.
- A1.26. Tse, N., Tse, S., **Wong, P.W.C.**, & Adams, P. (2022). Collective Motivational Interviewing for Substance Use Problems: Concept and

- Implications. *International Journal of Mental Health and Addiction*, 1-18.
- A1.27. Liu, T., Leung, D. K. Y., Lu, S., Kwok, W. W., Sze, L. C. Y., Tse, S. S. K., Wong, P.W.C.,... & Wong, G. H. Y. (2022). Collaborative community mental health and aged care services with peer support to prevent late-life depression: study protocol for a non-randomised controlled trial. *Trials*, 23(1), 1-13.
- A1.28. Yeung, C. Y., Morgan, P. R., Lai, C. C. S., Wong, P. W. C., & Yip, P. S. F. (2022). Short - and long - term effects of a community - based suicide prevention program: A Hong Kong experience. *Suicide and Life - Threatening Behavior*.
- A1.29. Zhu, S., & Wong, P. W. (2021). What matters for adolescent suicidality: Depressive symptoms or fixed mindsets? Examination of cross - sectional and longitudinal associations between fixed mindsets and suicidal ideation. *Suicide and Life - Threatening Behavior*.
- A1.30. Su, X., Li, T. M., & Wong, P. W. (2021). Expanding Sources of Recognition: Towards an Experience-Driven Framework for Reengaging Hikikomori and Semi-hikikomori. *Child and Adolescent Social Work Journal*, 1-13.
- A1.31. Zhu, Shimin, Zhuang, Y., Paul, L. E. E., & Wong, P.W.C. (2021). The changes of suicidal ideation status among young people in Hong Kong during COVID-19: A longitudinal survey. *Journal of Affective Disorders*.
- A1.32. Zhu, S., Zhuang, Y., Lee, P., Li, J. C. M., & Wong, P. W. (2021). Leisure and problem gaming behaviors among children and adolescents during school closures caused by COVID-19 in Hong Kong: Quantitative cross-sectional survey study. *JMIR serious games*, 9(2), e26808.
- A1.33. Zhu, S., Lee, P., & Wong, P. (2021). Investigating prolonged social withdrawal behaviour as a risk factor for self-harm and suicidal behaviours. *BJPsych Open*, 7(3), E90. doi:10.1192/bjo.2021.47
- A1.34. Wong, P.W.C., Shimin Zhu, Tim M. H. Li, Eppie H. Y. Wan, Hallie H. L. Chan, Vanessa S. W. Yu, Kelly S. K. Fung & Samson Tse (2021) An evaluation of a pilot counselling model in Hong Kong for individuals with mild to moderate psychological issues, *British Journal of Guidance & Counselling*, DOI: 10.1080/03069885.2021.1880077
- A1.35. Wong, P. W., Yu, R. W., Chau, K. K., Lee, J. C., & Ngai, J. T. (2021). A responding to commentary: “Recognizing the role of animal-assisted

- therapies in addressing mental health needs during the COVID-19 pandemic”(https://doi.org/10.1016/j.ajp.2020.102390). Asian Journal of Psychiatry, 61, 102683.
- A1.36. Ngai JTK, Yu RWM, Chau KKY, **Wong PWC** (2021) Effectiveness of a school-based programme of animal-assisted humane education in Hong Kong for the promotion of social and emotional learning: A quasi-experimental pilot study. PLoS ONE 16(3): e0249033. https://doi.org/10.1371/journal.pone.0249033
- A1.37. Ngai, J. T., Yu, R. W., Chau, K. K., Lee, J. C., & **Wong, P. W.** (2021). The Implementation Process of an Animal-Assisted Humane Education Programme in Hong Kong. Journal of Veterinary Medicine and Animal Sciences. https://meddocsonline.org/journal-of-veterinary-medicine-and-animal-sciences/the-implementation-process-of-an-animal-assisted-humane-education-programme-in-hong-kong.pdf
- A1.38. Arat, G., Jordan, L. P., Chui, C. H., & **Wong, P. W.** (2021). Developing a conceptual framework towards promoting a socially inclusive Hong Kong. Journal of Asian Public Policy, 1-17.
- A1.39. Arat, G., Jordan, L. P., & **Wong, P. W.** (2021). Exploring the culturally specific factors of mental health in South Asian minority students in Hong Kong. European Journal of Social Work, 24(1), 123-136.
- A1.40. Lu, S., Liu, T., Wong, G., Leung, D., Sze, L., Kwok, W., **Wong, P.W.**, . . . Lum, T. (2021). Health and social care service utilisation and associated expenditure among community-dwelling older adults with depressive symptoms. Epidemiology and Psychiatric Sciences, 30, E10. doi:10.1017/S2045796020001122
- A1.41. **Wong, P. W.** (2020). Potential changes to the hikikomori phenomenon in the wake of the Covid-19 pandemic. Asian journal of psychiatry.
- A1.42. **Wong, P. W.**, Lam, Y., Lau, J. S., & Fok, H. (2020). The Resilience of Social Service Providers and Families of Children With Autism or Development Delays During the COVID-19 Pandemic—A Community Case Study in Hong Kong. Frontiers in psychiatry, 11.
- A1.43. Wong, D. F. K., Ng, T. K., Zhuang, X. Y., **Wong, P. W.**, Leung, J. T., Cheung, I. K. M., & Kendall, P. C. (2020). Cognitive-behavior therapy with and without parental involvement for anxious Chinese adolescents: A randomized controlled trial. Journal of Family Psychology, 34(3), 353.
- A1.44. Chau, M., Li, T. M., **Wong, P. W.**, Xu, J. J., Yip, P. S., & Chen, H. (2020). Finding people with emotional distress in online social media:

- A design combining machine learning and rule-based classification. *Management Information Systems Quarterly*, 44(2), 933-955.
- A1.45. Wu, A. F. W., Catmur, C., **Wong, P. W.**, & Lau, J. Y. (2020). The presence, characteristics and correlates of pathological social withdrawal in Taiwan: An online survey. *International Journal of Social Psychiatry*, 66(1), 84-92.
- A1.46. Liu, L. L., Li, T. M., & **Wong, P. W.** (2020). Discovering socially withdrawn youth in Shanghai through the eyes of social workers: A mixed-methods study. *Journal of Social Work*, 1468017320911509.
- A1.47. Vecchi, G. M., Wong, G. K., **Wong, P. W.**, & Markey, M. A. (2019). Negotiating in the skies of Hong Kong: The efficacy of the Behavioral Influence Stairway Model (BISM) in suicidal crisis situations. *Aggression and violent behavior*, 48, 230-239.
- A1.48. Chui, C. H. K., Arat, G., Chan, K., & **Wong, P. W. C.** (2020). Growing old as a member of an ethnic minority in Hong Kong: Implications for an Inclusive Long-Term Care Policy Framework. *Journal of Applied Gerontology*, 39(5), 463-471.
- A1.49. Ngai, F. W., **Wong, P. W. C.**, Chung, K. F., Chau, P. H., & Hui, P. W. (2019). Effect of couple - based cognitive behavioural intervention on prevention of postnatal depression: multisite randomised controlled trial. *BJOG: An International Journal of Obstetrics & Gynaecology*.
- A1.50. John Chee Meng, Wong Michelle Jing Si Wan, Leoniek M Kroneman **Wong, P.W.** Gloria Hongyee Chan. (2019). Hikikomori Phenomenon in East Asia: Regional Perspectives, Challenges, and Opportunities for Social Health Agencies. *Frontiers in Psychiatry*. 10 DOI: 10.3389/fpsyt.2019.00512
- A1.51. Arat, G., & **Wong, P. W.** (2019). Examining the Association Between Resilience and Risk Behaviors Among South Asian Minority Students in Hong Kong: A Quantitative Study. *Journal of Social Service Research*, 45(3), 360-372.
- A1.52. **Wong, P. W.**, Yu, R. W., & Ngai, J. T. (2019). Companion Animal Ownership and Human Well-Being in a Metropolis—The Case of Hong Kong. *International journal of environmental research and public health*, 16(10), 1729.
- A1.53. **Wong, P. W.**, Arat, G., Ambrose, M. R., Qiuyuan, K. X., & Borschel, M. (2019). Evaluation of a mental health course for stigma reduction: A pilot study. *Cogent Psychology*, 6(1), 1595877.
- A1.54. Wu, A. F., Ooi, J., **Wong, P. W.**, Catmur, C., & Lau, J. Y. (2019).

- Evidence of pathological social withdrawal in non-Asian countries: a global health problem?. *The Lancet Psychiatry*, 6(3), 195.
- A1.55. G Arat, **Wong, P. W.**, (2018). Integrating resilience and positive youth development for the promotion of positive health behaviours among ethnic minorities: a conceptual framework. *Asia Pacific Journal of Social Work and Development*, 1-14.
- A1.56. LL Liu, TMH Li, AR Teo, TA Kato, **Wong, P. W.**, (2018). Harnessing Social Media to Explore Youth Social Withdrawal in Three Major Cities in China: Cross-Sectional Web Survey. *JMIR mental health* 5 (2).
- A1.57. G Arat, **Wong, P. W.**, (2018). Commentary on: How Schools Enhance the Development of Young People's Resilience, by Ungar, Connelly, Liebenberg, and Theron, *Social Indicators Research*, 1-6.
- A1.58. G Arat, LL Liu, **Wong, P. W.**, (2017). Culturally relevant protective and risk factors of youth risk behaviors among Pakistani and Indian students in Hong Kong: a focus group study. *Journal of Transcultural Nursing* 28 (6), 573-581.
- A1.59. Chan, M., Li, T. M., Law, Y. W., **Wong, P. W.**, Chau, M., Cheng, C., ... & Yip, P. S. (2017). Engagement of vulnerable youths using internet platforms. *PLoS one*, 12(12), e0189023.
- A1.60. **Wong, P. W.**, Lin, L. L., Li, T. M., Kato, T. A., & Teo, A. R. Does hikikomori (severe social withdrawal) exist among young people in urban areas of China?. *Asian Journal of Psychiatry*. (On-line first)
- A1.61. **Wong, P. W.**, Wong, G.K.H., **Li, T. M.** (2017). Suicide communications on Facebook as a source of information in suicide research: A case study. *Suicidology* (on-line first).
- A1.62. **Li, T. M.**, Liu, L., & **Wong, P. W.** (2017). Withdrawal experience and possible way-outs from withdrawal behavior in young people. *Qualitative Social Work*, (on-line first).
- A1.63. **Wong, P. W.**, Rose, W. M., **Li, T. M.**, Lai, S. L., Ng, H. Y., & Fan, W. T. (2017). Efficacy of a Multicomponent Intervention with Animal-Assisted Therapy for Socially Withdrawn Youth in Hong Kong. *Society and Animals* (on-line first).
- A1.64. Ngai, F. W., **Wong, P. W. C.**, Chung, K. F., & Leung, K. Y. (2017). The effect of a telephone-based cognitive behavioral therapy on quality of life: a randomized controlled trial. *Archives of Women's Mental Health*, 20(3), 421-426.
- A1.65. **Wong, P. W.**, Kwok, N. C., Michel, K., & Wong, G. K. (2017). The

Methodology and Research Participation Experiences of Participants in the Aborted Suicide Attempt Study. *Psychology*, 8, 59-76.

- A1.66. Arat, G., & Wong, P. W. C. (2017). The relationship between physical activity and mental health among adolescents in six middle-income countries: A cross-sectional study. *Child & Youth Services*, 38, 180-195.
- A1.67. Arat, G., Liu, L. L., & Wong, P. W. C. (2016). Culturally relevant protective and risk factors of youth risk behaviors among Pakistani and Indian students in Hong Kong: a focus group study. *Journal of Transcultural Nursing*, 1043659616668397.
- A1.68. Wong P.W.C., Lau, K.C.T., Liu, L. *, Yuen, G.S.N., & Poon, W.L. (2017). Beyond Recovery: Understanding the Post bereavement Growth from Companion Animal Loss. *OMEGA-Journal of Death and Dying*, 75(2), 103-123.
- A1.69. Arat, G., Hoang, A. P., Jordan, L. P., & Wong, P. W. (2016). A systematic review of studies on ethnic minority youth development in Hong Kong: an application of the ecological framework. *China Journal of Social Work*, 9(3), 218-237.
- A1.70. Arat, G., & Wong, P. W. (2016). The relationship between parental involvement and adolescent mental health in six sub-Saharan African countries: findings from Global School-based Health Surveys (GSHS). *International Journal of Mental Health Promotion*, 18(3), 144-157.
- A1.71. Zhu, S*., Tse, S., Goodyear-Smith, F., Yuen, W., & Wong, P. W. (2016). Health-related behaviours and mental health in Hong Kong employees. *Occupational Medicine*, 67(2), 26-32.
- A1.72. Zhu, S*., Tse, S., Tang, J., & Wong, P. (2016). Knowledge, attitudes, and behaviors associated with mental illness among the working population in Hong Kong: a cross-sectional telephone survey. *International journal of culture and mental health*, 9(3), 313-325.
- A1.73. Huen, J. M., Lai, E. S., Shum, A. K., So, S. W., Chan, M. K., Wong, P. W., ... & Yip, P. S. (2016). Evaluation of a Digital Game-Based Learning Program for Enhancing Youth Mental Health: A Structural Equation Modeling of the Program Effectiveness. *JMIR Mental Health*, 3(4).
- A1.74. Arat, G., Liu, L. L., & Wong, P. W. (2016). Culturally Relevant Protective and Risk Factors of Youth Risk Behaviors Among Pakistani and Indian Students in Hong Kong A Focus Group Study. *Journal of Transcultural Nursing*, 1043659616668397.

- A1.75. Law, Y. W., Yip, P. S., Lai, C. C., Kwok, C. L., Wong, P. W., Liu, K. S., ... & Wong, T. W. (2016). A Pilot Study on the Efficacy of Volunteer Mentorship for Young Adults with Self-Harm Behaviors Using a Quasi-Experimental Design. *Crisis*, 37(6) 415-426.
- A1.76. Ngai, F. W., Wong, P. W. C., Chung, K. F., & Leung, K. Y. (2016). The effect of telephone-based cognitive-behavioural therapy on parenting stress: A randomised controlled trial. *Journal of Psychosomatic Research*, 86, 34-38.
- A1.77. Eliza S.Y. Lai, Chi-Leung Kwok, Wong, P.W.C., King-wa Fu, Yik-Wa Law, & Paul, S.F. Yip. (2016). Effectiveness and sustainability of a universal school-based programme for preventing depression in Chinese adolescents: a follow-up study. *PLoS ONE* 11(2): e0149854. doi:10.1371/journal.pone.0149854
- A1.78. Li, Lili[#], Shimin Zhu*, Nick Tse, Samson Tse, & Wong, P.W.C. (2016). Effectiveness of motivational interviewing for adolescents with illicit drug use: Systematic review and meta-analysis. *Addiction*, 11(5), 795-805.
- A1.79. Li, T. M., Chau, M., Sung, W. K., Lee, A. J., Wong, P. W., & Yip, P. S. (2016). Design and evaluation of a Facebook game for self-directed e-learning. *Knowledge Management & E-Learning: An International Journal (KM&EL)*, 8(3), 464-480.
- A1.80. Lipinski, K[#], Liu, L.^{*}, & Wong, P.W.C. (2016). The effectiveness of psychosocial interventions implemented after the Indian Ocean Tsunami: A systematic review. *International Journal of Social Psychiatry*, 62(3), 271-280.
- A1.81. King-wa Fu, Wong, P.W.C., FYW Law, & Paul SF, Yip. (2016). Building a typology of young people's conventional and online political participation: a randomized mobile phone survey in Hong Kong, China. *Journal of Information Technology and Politics*.
- A1.82. Ngai, V. & Wong, P.W.C. Leung, K. Y., Chau, P. H., & Chung, K. F (2015). The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial. *Psychotherapy and Psychosomatic*, 84(5), 294-303.
- A1.83. Li, T. M. H., & Wong, P.W.C. (2015). Pathological social withdrawal during in adolescence: a cultural-specific or a global phenomenon? *Journal of Child Psychology and Psychiatry*, 50(10), 1039-1041.
- A1.84. Li, T.M.H., & Wong, P.W.C. (2015). Youth social withdrawal behavior (hikikomori): a systematic review of qualitative and

- quantitative studies. *Australian and New Zealand Journal of Psychiatry*, 49(7), 595-609. Retrieved from <http://dx.doi.org/10.1177/0004867415581179>.
- A1.85. Li, T. M. H., Wong, P.W.C., Chan, M., Law, Y. W., Fu, K. W., Chau, M., & Yip, P. S. F. (2015). Sexual and mental health in compensated dating in youth in Hong Kong: An exploratory quantitative study. *Jacobs Journal of Epidemiology and Preventive Medicine*, 1(1):006.
- A1.86. Li, T. M. H., Chau, M., Sung, W. K., Lee, A., Wong, P.W.C., & Yip, P. S. F. (2015). Design and evaluation of a Facebook game for self-directed e-learning. *Knowledge Management & E-Learning: An International Journal (KM&EL)*.
- A1.87. Zhang, Y., Yip, P.S.F., Chang, S.S., Wong, P.W.C., & Law, Y.W. (in press). Associations of changes in risk factors statuses with the incidence and recovery of suicidal ideation. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 36, 390-398.
- A1.88. Tse, S.S.K., Zhu, S.M.*, Chong, H.Y., Wong, P.W.C., & Tsang, S.K.M. (2015). An ecological analysis of secondary school students? Drug use in Hong Kong: A case-control study. *International Journal of Social Psychiatry*, 62(1), 31-40.
- A1.89. Law, Y.W., Wong, P.W.C., & Yip, P.S.F. (2015). Health and psychosocial service use among suicides with psychiatric illness. *Social Work*, 60(1), 65-74.
- A1.90. Hui A, Wong, P.W.C., Fu KW. (2015). Evaluation of an Online Campaign for Promoting Help-Seeking Attitudes for Depression Using a Facebook Advertisement: An Online Randomized Controlled Experiment. *JMIR Mental Health*, 2(1), e5.
- A1.91. Tse, S., Tang, J., & Wong, P.W.C. (2014). Fortune or foe: the fatal harm caused by a gambling disorder. *Addiction*, 109(12), 2135.
- A1.92. Wong, P.W.C., Li, T.M.H., Chan, M., Law, Y. W., Chau, M., Cheng, C., Fu, K. W., Bacon-Shone, J., & Yip, P. S. F. (2014). The prevalence and correlates of severe social withdrawal (hikikomori) in Hong Kong – A cross-sectional telephone-based survey study. *International Journal of Social Psychiatry*. Retrieved from <http://dx.doi.org/10.1177/0020764014543711>.
- A1.93. Cheung, K.S.L., Lau, B., Wong, P.W.C., Leung, A.Y.M., Lou, V.W.Q., Chan, G.M.Y., & Schulz, R. (2014). Multicomponent Intervention on Enhancing Dementia Caregiver Well-Being and Reducing Behavioral Problems among Hong Kong Chinese: A

- translational study based on REACH II. *International Journal of Geriatric Psychiatry*, 30(5), 460-469.
- A1.94. Wang C.-W., Chan C. L. W., Mak K.-K., **Wong, P.W.C.**, Ho D., & Ho R. T. H. (2014). Prevalence and correlates of video gaming addiction among Hong Kong adolescents: A pilot study. *The Scientific World Journal*. Retrieved from <http://dx.doi.org/10.1155/2014/874648>.
- A1.95. **Wong, P.W.C.** (2014). Active engagement for people bereaved by suicide. *The Lancet Psychiatry*, 1(2), 109.
- A1.96. **Wong, P.W.C.**, Lau, H.P.B., Kwok, N.C.F., Leung, A., Chan, M.Y.G., Chan, W.M., & Cheung, S.L.K. (2014). The Well-Being of Community-Dwelling Near-Centenarians and Centenarians in Hong Kong – A Qualitative Study. *BMC Geriatrics*, 14, 63. Retrieved from <http://dx.doi.org/10.1186/1471-2318-14-63>.
- A1.97. **Wong, P.W.C.**, Kwok, N.C.F., Tang, J.Y.C., Blaszcinski, A. and Tse, S. (2014). Suicidal ideation and familicidal-suicidal ideation among individuals presenting to problem gambling services: a retrospective data analysis. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(4), 219.
- A1.98. Hui, A.K.Y., **Wong, P.W.C.**, Fu, K.W. (2014). Building a model for encouraging help-seeking for depression: a qualitative study in a Chinese society. *BMC Psychology*, 2(1), 9. Retrieved from <http://dx.doi.org/10.1186/2050-7283-2-9>.
- A1.99. Li, T.M.H., Chau, M, Yip P.S.F., & **Wong, P.W.C.** (2014). Temporal and computerized psycholinguistic analysis of the blog of a Chinese adolescent suicide. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(3), 167-175.
- A1.100. Pompili, M., Innamorati, M., Di Vittorio, C., **Wong, P.W.C.**, Lester, D., Yip, P. S. F., Girardi, P. and Amore, M. (2014). Unemployment as a risk factor for completed suicide: a psychological autopsy study. *Archives of Suicide Research*, 18(2), 181-192.
- A1.101. **Wong, P.W.C.**, Caine, E. D., Lee, C. K., Beautrais, A., & Yip, P. S.F. (2014). Suicide by jumping from a height in Hong Kong: a review of coroner court files. *Social Psychiatry and Social Epidemiology*, 49(2), 211-219.
- A1.102. Fu, K.W., Cheng, Q., **Wong, P.W.C.**, and Yip, P.S.F. (2013). Responses to a self-presented suicide attempt in social media. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 34(6), 406.
- A1.103. Yousuf, S. Beh, P., and **Wong, P.W.C.** (2013). Attitudes towards

- suicide following an undergraduate suicide prevention module – Experience of medical students in Hong Kong. *Hong Kong Medical Journal*, 19(5), 377-385.
- A1.104. Li, T.M.H., Chau, M., **Wong, P.W.C.**, Lai, Eliza, & Yip, P. (2013). Evaluation of the efficacy of a web-based social network electronic game in enhancing mental health literacy for young people. *Journal of Medical Internet Research*, 15(5), 80e.
- A1.105. Cheung, Y.T.D. **Wong, P.W.C.**, Lee, A., Lam, T.H., Fan, Y.S.S., and Yip, P. S. F., (2013). Non-suicidal self-injury and suicidal behavior: prevalence, co-occurrence, and correlates of suicide among adolescents in Hong Kong. *Social Psychiatry and Psychiatric Epidemiology*.
- A1.106. **Wong, P.W.C.**, Fu, K. W., Yau, R. S. P., Ma, H. H. M., Law, Y. W., Chang, S. S., & Yip, P. S. F. (2013). Accessing suicide-related information on the internet: a retrospective observational study of search behavior. *JMIR*, 15(1).
- A1.107. **Wong, P.W.C.**, Fu, K. W., Chan, K. Y., Chan, W. S., Liu, P. M., Law, Y. W., & Yip, P. S. (2012). Effectiveness of a universal school-based programme for preventing depression in Chinese adolescents: A quasi-experimental pilot study. *Journal of Affective Disorders*, 142(1), 106-114.
- A1.108. Law, Y.W., **Wong, P.W.C.**, & Yip, P.S.F. (2010). Suicide with psychiatric diagnosis and without utilization of psychiatric service. *BMC Public Health*, 10(1), 431.
- A1.109. **Wong, P.W.C.**, Cheung, D. Y., Conner, K. R., Conwell, Y., & Yip, P. S. F. (2010). Gambling and completed suicide in Hong Kong: a review of coroner court files. *Primary Care Companion to the Journal of Clinical Psychiatry*, 12(6), e1-e7.
- A1.110. **Wong, P.W.C.**, Chan, W.S.C., Beh, P.S.L., Yau, F.W.C., Yip, P.S.F., & Hawton, K (2010). Research participation experiences of informants of suicide and control cases taken from a case-control psychological autopsy study of people who died by suicide. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 31(5), 238-246.
- A1.111. Fu, K. W., **Wong, P.W.C.**, & Yip, P. S. F. (2010). What Do Internet Users Seek to Know about Depression from web searches? A descriptive study of 21 million web queries. *Journal of Clinical Psychiatry*, 71(9), 1246-1247.
- A1.112. Fu, K. W., Chan, W. S., **Wong, P.W.C.**, & Yip, P. S. F. (2010). Internet addiction: prevalence, discriminant validity and correlates

- among adolescents in Hong Kong. *The British Journal of Psychiatry*, 196(6), 486-492.
- A1.113. Yip, P. S., Law, C. K., Fu, K. W., Law, Y. W., **Wong, P.W.C.**, & Xu, Y. (2010). Restricting the means of suicide by charcoal burning. *The British Journal of Psychiatry*, 196(3), 241-242.
- A1.114. **Wong, P.W.C.**, Chan, W. S., Conwell, Y., Conner, K. R., & Yip, P. S. (2010). A psychological autopsy study of pathological gamblers who died by suicide. (2010). *Journal of Affective Disorders*, 120(1), 213-216.
- A1.115. **Wong, P.W.C.**, Chan, W.S.C., Lau, G.T.K., and Yip, P.S.F. (2009). Suicides by jumping from iconic bridges in Hong Kong. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 30(2), 79-84.
- A1.116. **Wong, P.W.C.**, Liu, P.M.Y., Chan, W.S.C., Law, F.Y.W, Li, H.S.H., Tso, M.K. Yip, P.S.F., & Beautrais, A.L. (2009) An integrative suicide prevention program for visitor charcoal burning suicide and suicide pact. *Suicide and Life-Threatening Behavior*, 39(1), 82-90.
- A1.117. **Wong, P.W.C.**, Yeung, A., Chan, W.S.C., Yip, P.S.F., & Tang, A.K.H. (2009). Suicide notes in Hong Kong in 2000. *Death Studies*, 33(4), 372-381.
- A1.118. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P.W.C.**, Chan, C. L., et al. (2009). Population-attributable risk of suicide conferred by axis I psychiatric diagnoses in a Hong Kong Chinese population. *Psychiatric services*, 60(8), 1135-1138.
- A1.119. Chan, W.S.C., Law, C.K., Liu, K.Y., **Wong, P.W.C.**, Law, Y.W., Yip, P.S.F. (2009). Suicidality in Chinese adolescents in Hong Kong: The role of family and cultural influences. *Social Psychiatry and Psychiatric Epidemiology*, 44(4), 278-284.
- A1.120. Law, C. K., Yip, P. S. F., Chan, W. S. C., Fu, K.W., **Wong, P.W.C.**, & Law, Y. W. (2009). Evaluating the effectiveness of barrier installation for preventing railway suicides in Hong Kong. *Journal of Affective Disorders*, 114(1), 254-262.
- A1.121. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P.W.C.**, Chan, C. L., Law, Y. W., & Yip, P. S. F. (2009). What does psychological autopsy study tell us about charcoal burning suicide-a new and contagious method in Asia? *Suicide and Life Threatening Behavior*, 39(6), 633-638.
- A1.122. Yip, P.S.F., **Wong, P.W.C.**, Cheung, Y. T. D., Chan, K.S., and Beh, P.S.L. (2009). An empirical study of characteristics and types of

- homicide-suicides in Hong Kong, 1989–2005. *Journal of Affective Disorders*, 112(1), 184-192.
- A1.123. Cheung, M.W.L., **Wong, P.W.C.**, Liu, K.Y., Yip, P.S.F., Fan, S.Y.S., & Lam, T.H. (2008). A study of sexual satisfaction and frequency of sex among Hong Kong Chinese couples. *Journal of Sex Research*, 45(2), 129-139.
- A1.124. **Wong, P.W.C.**, Chan, W.S.C., Chen, E.Y.H., Chan, S.S.M., Law, Y.W., and Yip, P.S.F. (2008). Suicide among adults aged 30–49: a psychological autopsy study in Hong Kong. *BMC Public Health*, 8(1), 147.
- A1.125. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (2007). What can we do to help and understand survivors of suicide in Hong Kong? *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 28(4), 183-189.
- A1.126. Chan, W.S.C., Yip, P. S. F., **Wong, P.W.C.**, & Chen, E. Y. H. (2007). Suicide and unemployment: what are the missing links? *Archives of Suicide Research*, 11(4), 327-335.
- A1.127. Chen, E. Y. H., Chan, W.S.C., Chan, S. S., Liu, K. Y., Chan, C. L., Wong, P. W., **Wong, P.W.C.**, Law, Y.W., & Yip, P. S. F. (2007). A cluster analysis of the circumstances of death in suicides in Hong Kong. *Suicide and Life-Threatening Behavior*, 37(5), 576-584.
- A1.128. Chen, E. Y. H., Chan, W.S.C., **Wong, P.W.C.**, Chan, S. S., Chan, C. L., Law, Y. W., Beh, Philip S. L., Chan, K. K., Cheng, Joanne W. Y., Liu, Ka Y., & Yip, P. S. F. (2006). Suicide in Hong Kong: a case-control psychological autopsy study. *Psychological Medicine*, 36(06), 815-825.

2. Scholarly Books, Monographs and Chapters

- B1. **Wong, P.W.C.**, & Camille CHAN (2025). The Faraway you. (in Traditional Chinese) About suicide bereavement. Hong Kong: Breakthrough
- B2. **Wong, P. W.**, & Li, T. M. (2022). Hikikomori: risks and consequences of extreme Self - imposed Social Marginalization. *The Handbook of Solitude: Psychological Perspectives on Social Isolation, Social Withdrawal, and Being Alone*, 378-389.
- B3. **Wong, P.W.C.**, Fu, K.-W., & Yip, P. S. F. (2009). A Potential source for data in understanding youth suicide – Instant messages. In L. Sher, and A. Vilens (Eds.), *Internet and Suicide* (pp. 137-152). New York: Nova Science Publishers.

- B4. Fu, K.-W., Wong, P.W.C., & Yip, P. S. F. (2009). Internet and emerging suicide method: A case study of contagion of charcoal burning suicides via the Internet. In L. Sher, and A. Vilens (Eds.), Internet and Suicide (pp. 153-168). New York: Nova Science Publishers.
- B5. Wong, P.W.C., So, H.T.V., Lum, T.Y.S., Cheung, K.S.L., and Chan, G. M.Y. (2015). Practitioner manual for good practice in dementia caregiver services in Hong Kong. (In Traditional Chinese and English). The Hong Kong Council of Social Service.
- B6. As lead content provider and editorial committee member of a deliberate self-harm intervention manual for attempters, and their families. (Since 2013). (In Traditional Chinese). Available at http://csrp.hku.hk/files/70_2502_387.pdf
- B7. As lead content provider and editorial committee member of a depression prevention Facebook game “Ching Adventure) (since 2011). Available at Facebook.
- B8. Wong, P.W.C. et al (2010). Viewing the body may not necessarily bring harm to the families of the deceased: an exploratory analysis, British Medical Journal, Rapid Response, accessed at <http://www.bmj.com/rapid-response/2011/11/02/viewing-body-due-suicide-may-not-necessarily-bring-harm-families-deceased->
- B9. As content provider and editorial committee member of a mental health information hub website (since 2009). (In Traditional and Simplified Chinese, and English). Mindmap. Available at www.mindmap.hk
- B10. Wong, P.W.C. One of the many people bereaved by suicide in Hong Kong. International Association of Suicide Prevention, Postvention Taskforce Newsletter, 2(5), 2008.
- B11. Wong, P.W.C. Suicide survivorship in Hong Kong 101. American Association of Suicidology Newsletter, 20(4), 2008.
- B12. Ng, L.G.C., Wong, P.W.C., & Fu, K.W. (2007). The Belated Dialogues between the Suicides and their Families. (in Traditional Chinese) 留給最愛的說話. Hong Kong: Breakthrough
- B13. As lead content provider and editorial committee member of a depression awareness book. (in Traditional Chinese) 憂鬱小王子. Hong Kong: Breakthrough.
- B14. As lead content provider and editorial committee member of a suicide bereavement manual and website for people bereaved by suicide (since 2006). (in Traditional Chinese) Available at <http://csrp.hku.hk/sos/survivor/index.html>

B15. As lead content provider and editorial committee member of a depression prevention website (since 2003). Little Prince is Depressed. (In Traditional and Simplified Chinese, and English). Available at www.depression.edu.hk

3. Prize and Awards

C.1. Outstanding Research Output in 2012-13 (Applied Research) by the Faculty of Social Sciences, The University of Hong Kong. **Wong, P.W.C.**, Fu, K. W., Chan, K. Y., Chan, W. S., Liu, P. M., Law, Y. W., & Yip, P. S. (2012). Effectiveness of a universal school-based programme for preventing depression in Chinese adolescents: A quasi-experimental pilot study. *Journal of Affective Disorders*, 142(1), 106-114.

C.2. Outstanding Project and Presentation by the HKEC Symposium in Community Engagement (2010), organized by the Hong Kong East Cluster, Hospital Authority (Role: Principal Investigator and presenter).

C.3. Asian Silver Innovation Award by the Asian Wall Street Journal (2005). “Little Prince is Depressed” website. (Role as lead content provider and editorial committee member).

C.4. “Ten Healthy Websites” and “Most Creative Website Award”, 2006, 2007, 2008 and 2009 Meritorious Websites Award. “Little Prince is Depressed” website. (Role as lead content provider and editorial committee member).

4. Research Grants

No.	Project Title	PI/Co-I	Funding source	Funding amount	Period/Status
Externally funded Research Grants and Projects					
1.	HKJC Project Reborn: Rehabilitation for people in desistance	PI	HK Jockey Club Charities Trust	HK\$5.6 million	On-going
2.	Leveraging multimodal ecological momentary assessment and artificial intelligence to predict depression recurrence: A prospective cohort study	Co-I	General Research Fund (GRF)	HK\$0.86 million	On-going

3.	C7086-21G - The educational, social and health impacts of COVID-19 pandemic on university graduates transitioning to the workforce in Hong Kong (Co-I)	Co-I	Collaborative Research Fund (CRF)	HK\$1.6 million	On-going
4.	C4061-21G - ‘Neuropsychiatric “long-COVID” in adult patients’ (Co-PI).	Co-PI	Collaborative Research Fund (CRF)	HK\$2.2 million	On-going
5.	C7101-21G - Neighbourhood factors and social integration of diverse Hong Kong families in the time of COVID-19: An extension of the Hong Kong Panel Study of Social Dynamics (HKPSSD) [HKPSSD-D] (Co-I)	Co-I	Collaborative Research Fund (CRF)	HK\$1.8 million	Completed
6.	Web-based single-session growth mindset intervention for adolescent anxiety: A three-arm cluster randomised control trial General Research Grant Funded by RGC (Ref:15601621) HKD	Co-I	General Research Fund (GRF)	HK\$498,386	2022-2023 Completed
7.	Implicit theories and adolescent anxiety: A longitudinal test of reciprocal relationships Early Career Scheme Funded by RGC(Ref:25605418) 2019-2021(on-going)	Co-I	General Research Fund (GRF)	HKD 518,040	Completed
8.	Gambling and Suicide: A Psychological Autopsy and Qualitative Inquiry	Co-PI	Greo, Canada Gambling Research Fund	£450,000	On-going
9.	LevelMind@2.0 – Youth mental health	Co-PI	HK Jockey Club Charities Trust	HK\$320million	On-going
10.	BBJC Phase Two: Holistic Service Supporting Children and Youth	PI	HK Jockey Club	HK\$6.2 million	On-going

	with Incarcerated Parents (Project S/N# 2023-0038)		Charities Trust		
11.	The Hong Kong Jockey Club Charities Trust (HKJC) - Pilot Project for Families with Miscarriage Grief	PI	HK Jockey Club Charities Trust	HK\$8.9 million	On-going
12.	JC-Connect: Family Support for People with Autism Spectrum Disorders – Phase II	PI	HK Jockey Club Charities Trust	HK\$42.2 million	2022-2025 Completed
13.	Social emotional learning and human education for primary school students	PI	Keswick Foundation	HK\$4.6 million	2018-2020 Completed
14.	Project Bridge: 5-Step Method for Promoting the Wellbeing of the Family Members of Substance Abusers and for Motivating Hidden Substance Abusers to Seek Treatment	Co-I	Beat Drugs Fund Association	HK\$1.73 million	2017-2018 Completed
15.	Social Inclusion: Ethnicity – Positive Youth Development for Ethnic Minority Youth in Hong Kong	PI	HK Jockey Club Charities Trust	HK\$3.4 million	2015-2017 Completed
16.	Evaluation Study of “Youth Outreach Jockey Club: Youth Cultural Front Line”	PI	Youth Outreach	HK\$496,981	2014-2016 Completed
17.	JC-Connect: Family Support for People with Autism Spectrum Disorders	Co-I	HK Jockey Club Charities Trust	HK\$3.2 million	2015-2017 Completed
18.	Understanding Aborted Suicide Attempts: A Mixed-Methods Approach	PI	General Research Fund	HK\$618,311	Jan 2012 – June 2015/ Completed
19.	The effect of a father inclusive psychoeducation program on postnatal depression: a randomized controlled trial	Co-I	General Research Fund	HK\$739,920	Jan 2014 – Dec 2016/ Ongoing

20.	Applying Blog Mining Techniques in Suicide Research and Prevention	Co-I	General Research Fund	HK\$360,815	Nov 2012 – April 2015/ Completed
21.	The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial	Co-I	Health Care Research Fund	HK\$756,676	Feb 2012 – Jan 2015/ Completed
22.	Development and evaluation of a theory-guided mental health promotion program for enhancement of help-seeking behavior and attitude in Hong Kong	Co-I	General Research Fund	HK\$413,187	Nov 2010 – Oct 2013/ Completed
23.	Promoting mental well-being in youths through an interactive online game on a social networking website	Co-I	Health Care and Promotion Fund	HK\$300,000	May 2010 – Aug 2012/ Completed
24.	A multidisciplinary and integrated programme to promote and care for suicide and attempted suicide within the Eastern District	PI	Health Care and Promotion Fund	HK\$303,000	May 2010 – Aug 2012/ Completed
Internally-funded Research Grants and Projects Funding Scheme					
	Luck or effort: What shapes young people's attitude toward future-An experimental study	Co-I	Small Project Funding	HK\$42,223	Feb 2015 – April 2016/ On-going
25.	Discovering hidden youth in Shanghai through the eyes of social workers: An exploratory mixed-methods study	Co-I	Small Project Funding	HK\$44,216	March 2015 – May 2016/ On-going
26.	Self-injurious behaviors in Asia: A systematic synthesis of available evidence	PI	Small Project Funding	HK\$35,800	June 2014 – May 2015/ Completed
27.	Pet bereavement in Hong Kong - an exploratory qualitative study using semi-structured interviews	PI	Small Project Funding	HK\$80,000	June 2013 – May 2014/ Completed
28.	Prevalence and correlates of problematic online gaming and online social networking addiction and their linkage to sleep	Co-I	Small Project Funding	HK\$51,007	May 2013 – April 2014/ Completed

	disturbance and mental health problems among Hong Kong adolescents				
29.	Unravelling the mysteries of suicide - A study of the last words of suicides in Hong Kong	PI	Seed Funding Programme for Basic Research	HK\$119,960	June 2011 – May 2012/ Completed
30.	The Study on Health Status and Health Care Needs of Oldest-Old and Centenarians in Hong Kong	Co-I	Seed Funding programme for Basic Research	HK\$120,000	Oct 2010 – April 2012/ Completed
Contract Research Agreements					
31.	Evaluate Study on Three Pilot Cyber Youth Outreaching Projects	Co-I	Lotteries Fund	HK\$951,000	Nov 2011 – May 2015/ Completed
32.	Knowledge of and Attitudes toward mental illness, and Mental Health Status of the Working Population in Hong Kong	Co-PI	Joyful (Mental Health) Foundation	HK\$117,648	March 2014 – Sept 2014/ Completed
33.	A Pilot Project on Community-based Intervention to Suicide Clusters in North District	Co-I	Social Welfare Department (Government)	HK\$5,139,000	July 2011 – June 2014/ Completed
34.	An Evaluative Study of Three Pilot Cyber Youth Outreaching Projects (PCYOPs) for the SWD	Co-I	Social Welfare Department (Government)	HK\$789,000	Nov 2011 – Nov 2014/ Completed
35.	Reaching out Dementia Caregiver Support Project	Co-I	The Hong Kong Council of Social Service	HK\$489,257	Aug 2011 – July 2013/ Completed
36.	REACH research report and practitioner manual for good practice sharing on dementia caregiver services in Hong Kong	PI	The Hong Kong Council of Social Service	HK\$95,000	April 2014 – Sep 2014 / Completed
37.	Mental health awareness project	Co-I	Max Creation Technology	HK\$1,389,235	Jan 2010 – March 2013/ Completed

			(Jiangsu) Limited		
38.	A Web-Based Mental Health Programme For Adolescents With Parental Involvement	Co-I	Quality Education Fund, Education Bureau, HKSAR	HK\$2,936,200	Oct 2010 – Aug 2013/ Completed
39.	A study on drug abuse among youths and family relationship	Co-I	Central Policy Unit, HKSAR Government	HK\$590,588	May 2010/ Completed
40.	A study on understanding our young generation	Co-I	Central Policy Unit, HKSAR Government	HK\$570,588	Feb 2010/ Completed
41.	School-based Mental Health Enhancement Programme in Hong Kong	Co-I	Quality Education Fund, Education Bureau, HKSAR	HK\$2,000,000	Feb 2009 – 2013
42.	School based mental health enhancement programme based on a cognitive - behavioral approach : featuring the comic character of “Little Prince is Depressed”	Co-I	Quality Education Fund, Education Bureau, HKSAR	HK\$929,500	Jul 2006 – Dec 2008
43.	Efficacy study on helping survivors of suicide in Hong Kong	Co-I	Private Donation (Mr. K. K. Lee, Henderson Land Group)	HK\$3,500,000	2007 - 2009
44.	A randomized-controlled trial – using volunteers in preventing deliberate self-harm behaviors	Co-I	Private Donation (Mr. K. K. Lee, Henderson Land Group)	HK\$1,500,000	2009 - 2012

5. Leadership and Mentoring of Junior Staff or Thesis/Dissertations Supervision

E.1. Research-postgraduate students

No.	Name	Country of Origin	Role of Supervisor	PhD/M .Phil.	FT/ PT	Topic	Status of Study	Admission Year
1.	Li Man Ho	Hong Kong SAR, China	Primary	PhD	FT	Youth social withdrawal	Graduated	2013
2.	Arat Gizem	Turkey	Primary	PhD	FT	Mental health of ethnic minorities students in Hong Kong	Graduated	2013
3.	Yousuf Saman	Pakistan	Primary	PhD	FT	Suicide attempt in Pakistan	Graduated	2010
4.	Chang Qingsong	China	Secondary	PhD	FT	Aging and Social Welfare	Graduated	2015
5.	Tang Suqin	China	Secondary	PhD	PT	Bereavement and grief	Graduated	2014
6.	Tse Ka Wo	Hong Kong SAR, China	Secondary	PhD	PT	Motivational interviewing for people with drug use behavior	Continuing	2014
7.	Yu Wai Man Rose	Hong Kong SAR, China	Primary	PhD	PT	Animal assisted therapy for different populations	Graduated	2010
8.	Joe NGAI	Hong Kong SAR, China	Primary	PhD	FT	Animal assisted education for primary students	Graduated	2017

9.	Camillie CHAN	Hong Kong SAR, China	Primary	M.Phil.	FT	Mental health among veterinary professionals	Graduated	2020
10.	Li Mengfei	China	Secondary	PhD	FT	Aging	Continuing	2024
11.	Wang Xuan	China	Secondary	PhD	FT	Partner violence	Continuing	2024
12.	Zhang Miaoji	China	Primary	PhD	FT	Families and children	Continuing	2024
13.	Lui Ingrid Denise	Hong Kong SAR, China	Secondary	PhD	FT	Health and mental health	Continuing	2023
14.	Yao Yechen	China	Primary	PhD	FT	Egg freezing	Continuing	2022
15.	Zhao Wanru	China	Secondary	PhD	FT	Expressive art therapy	Continuing	2022
16.	Lai Sin Kwan Janelle	Hong Kong SAR, China	Primary	PhD	FT	Negative life events	Continuing	2021
17.	Liow Jun Wei	China	Secondary	PhD	FT	Social work	Continuing	2021
18.	Ng Stephanie	Hong Kong SAR, China	Secondary	PhD	FT	Discourse analysis	Continuing	2021
19.	Kim Thida	China	Secondary	PhD	FT	Social psychology	Continuing	2020
20.	Moo Tei Ni Janet	Hong Kong SAR, China	Secondary	PhD	FT	Health and mental health	Continuing	2019
21.	Lenng Ka Wah	China	Primary	PhD	PT	Health and mental health	Continuing	2019

E.2. Post-doctoral fellows

No.	Name	Role as supervisor	Field of Study	Year of appointment
1.	Dr. Dao Danyuen	Supervisor	Fertility	2024
2.	Dr. Jasmine Zhu	Co-supervisor	Mental health and possible self	2014
3.	Dr. Lucia Liu	Co-supervisor	Youth problems	2014
4.	Dr. Gizem Arat	Supervisor	Ethnic minority youth	2016

6. Teaching and Learning

I have been involved in pedagogy development as Coordinator of the Bachelor of Social Sciences (Counselling) and Deputy Director of the Master of Social Sciences (Counselling). In the past five years, I have taught courses on Cognitive Behavioural Therapy, Abnormal Psychology, Self-Reflective Journey, Research Methods in Human Service Settings, and Common Core Course called Journey into Madness. The average class sizes of my classes in the past three years was about 90 and my teaching effectiveness was about 75 out of 100.

Teaching Development Grants		
Project name	Team members	Grant Period
1. Embedding Compassion in Curriculum for Supportive Learning Environment and Students' Mental Wellbeing	Jessica Pui Shan Tang; Paul Wai Ching Wong ; Gloria Hoi Yan Wong ; Siu Kwan Chong ; Yuen Ping Pauline Wan ; Caroline Harvey	2023-09-01 2024-08-31
2. Student Engagement and Skills Training in the post-COVID world: A step-by-step guide for E-Learning and Teaching Development	Alice Suet Ching Lee Julienne Jen; Yat Ji Vicci Lau; Paul Wai Ching Wong ; Xiaoping Tracy Zou; Chi Un Lei ; David Tan; Jyh-An Lee; Brendan Clift; Phoebe Woo; Alex	2021-09-01 2023-02-28

	Chun Yin Chan; Alicia So	
--	--------------------------	--

7. GOVERNANCE AND OTHER SERVICES

University and Faculty Services

1. Program Director of the Master of Social Sciences (Counselling)
2. Committee member of the Discrimination and Disciplinary Committee of the University of Hong Kong (since 2017)
3. Committee member of the University Information Technology Development, The University of Hong Kong (2012-2013)
4. Committee member of the Board of the Faculty of Social Sciences, The University of Hong Kong (2010 to present)
5. Academic advisor of the Faculty of Social Sciences' Social Innovation Internship (2011-2012)
6. Board of Examiners (BoE), Faculty of Social Sciences, The University of Hong Kong

Department Services

1. Programme Coordinator of the Bachelor of Social Sciences (Social Work and Social Administration and Counselling), the University of Hong Kong (July 2013 to 2021)
2. Deputy Director of the Master of Social Sciences (Counselling) programme, The University of Hong Kong (Jan 2011 to present)
3. Committee member of the Management Committee (Sep 2013 to present)
4. Committee member of the Departmental Research Postgraduate Committee (Sep 2010 – present)
5. Reviewer of ethics approvals for taught postgraduate students' dissertation proposals (June 2011- present)
6. Research Seminars Series Coordinator (2012 to present)
7. Director of the SWSA Counselling Centre

PROFESSIONAL ACTIVITIES AND SERVICES (selected)

Professional and Community Services

1. Syndicate Head of the Hong Kong Police – HKU Joint Symposium 2016 (2016)
2. Assessor of the Chief Executive's Award for Teaching Excellence

(2016/2017)

3. National Representative of the International Association for Suicide Prevention (2011-2015)
4. Honorary Research Fellow, Hong Kong Police College (since 2015)
5. Conference Chair. Animal-assisted therapy: Where are we now in Hong Kong? Co-organized by the M.Soc.Sci. (Counselling), SWSA, HKU and the Hong Kong Animal Therapy Foundation. (June 2015).
6. Member of the Advisory Group of the New Zealand's Development of the guidelines for managing suicide contagion and cluster (since 2014).
7. Member of the psychosocial study of ageing of the Strategic Research Theme (SRT), The University of Hong Kong (since 2013).
8. Scientific Coordinator (2013). Hong Kong Psychological Society Annual Conference (2013).
9. Honorary Fellow of the Centre on Ageing, the University of Hong Kong (since 2013).
10. Assessment Panelist of the Chief Executive's Award for Teaching Excellence (2012/2013) on the Guidance and Discipline, The Education Bureau, The HK SAR Government.
11. Committee Member of the 2012 Hong Kong Psychological Society Annual Conference (2012).
12. Committee Member of the 2012 2nd Counselling Conference of the HKU Master of Social Science (Counselling) Programme.
13. Judge, Clinical Case Competition Presentation, The Hong Kong College of Family Physicians Hong Kong Primary Care Conference (12 June 2012).
14. Conference Chair of the 2011 Hong Kong Psychological Society Annual Conference (2011).
15. Honorary Research Fellow of the HKJC Centre for Suicide Research and Prevention, the University of Hong Kong (since 2010)
16. Expert witness for Hong Kong Police, Coroner's Court, and Department of Justice on suicide and attempted suicide cases (since 2005)
17. Member of the Multidisciplinary Community-based suicide and deliberate self-harm prevention of the Eastern District of Hong Kong (since 2009)
18. Member of the Postvention Taskforce, The International Association for Suicide Prevention (since 2006) Advisor, Mental health Hotline 18111 (since 2024)

19. Advisor, OCD and anxiety Hong Kong (since 2024)
20. Council Member of the Hong Kong Professional Counselling Association (since 2024)
21. Advisor, Consumer Council (since 2022)
22. Delegate of the Hong Kong Psychological Society for The International Union of Psychological Science (since 2021)
23. Consultant, Zubin Foundation (since 2021)
24. Consultant, The Youth Outreach (since 2021)
25. Consultant of the Joyful Mental Health Foundation, Hong Kong (since 2013).
26. Psychological Consultant of the Samaritans Multilingual, Hong Kong (since 2013).
27. Consultant of the Joyful Mental Health Foundation, Hong Kong (since 2013).
28. Psychological Consultant of the Samaritans Multilingual, Hong Kong (since 2013).
29. Advisory member of Emotion Support Service Sub-committee of Suicide Prevention Services (since 2012).
30. Council Member of the Hong Kong Psychological Society (since 2010).
31. Honorary consultant of Chinese elderly suicide prevention at Long Island, New York, the United States. A programme developed under the NYS Office of Mental Health Grant (since 2008).
32. Co-opt member of Suicide Prevention Service, Hong Kong (since 2006).

Peer Reviewing Activities

1. Manuscripts Reviewer for BMC Public Health.
2. Manuscripts Reviewer for British Journal of Psychiatry.
3. Manuscripts Reviewer for British Journal of Sociology.
4. Manuscripts Reviewer for Crisis.
5. Manuscripts Reviewer for Research on Ageing.
6. Manuscripts Reviewer for Social Science and Medicine.
7. Manuscripts Reviewer for Social Work and Mental Health.
8. Manuscripts Reviewer for Suicide and Life-Threatening Behaviour.
9. Manuscripts Reviewer for International Journal of Culture and Mental Health.

10. Editorial Team – Scientific Reports
11. Editor – Behavioural Sciences
12. Grant Referee for ZonMw (The Netherlands Organisation for Health Research and Development)

8. KNOWLEDGE TRANSFER and PUBLIC MEDIA APPEARANCES (selected from 2023 to Dec 2024)

Before being an assistant professor at HKU, I worked as a training consultant for the Centre for Suicide Research and Prevention, and hence, together with the past five years, I have been invited to deliver presentations and training workshops for a wide range of audiences. Below are some of the selected representative speeches I have delivered. It is because of my expertise in suicide prevention, and mental health, I have been invited to provide expert opinions in the media and courts.

Knowledge Exchange Activities

No.	Event	Date	Target audiences
1	Faculty Knowledge Exchange Award 2024 (Faculty of Social Sciences) for 'JC JoyAge - Holistic Support Project for Elderly Mental Wellness'	01/07/2024-30/06/2025	General Public
2	Keynote speaker at 穗港台澳新青年輔導研討會	04/06/2024-04/06/2024 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
	Chinese YMCA		
3	Conference on youth resilience and mental health	20/04/2024-20/04/2024 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
4	Youth Outreach School talk on youth	28/03/2024-28/03/2024 (COMPLETED)	Preschool / Primary School / Secondary

	mental health and youth suicide		School Teachers / Students
To share about the latest research on youth mental health and suicidality	PLK Choi Kai Yau School		
5	Youth mental health for Chan Shui Ki (La Salle) College	25/02/2024-25/02/2024 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
To talk about youth mental health	Chan Shui Ki (La Salle) College		
6	Animal assisted education for teachers and principals	27/01/2024-27/01/2024 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
To share about how animal-assisted education can be implemented to improve mental well-being of students.	The Hong Kong Federation of Education Workers		
7	Post movie sharing on youth suicide prevention	20/01/2024-20/01/2024 (COMPLETED)	General Public
	NGO		
8	Center Official Opening of the Samaritans	20/01/2024-20/01/2024 (COMPLETED)	General Public
Center Official Opening of the Samaritans	Samaritans		
9	Youth suicide prevention sharing with school principals and teachers from PLK	15/01/2024-15/01/2024 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students

10	Sharing on youth suicide prevention with school principals and teachers of the Southern District	09/01/2024-09/01/2024 (COMPLETED)	General Public
Sharing on youth suicide prevention with school principals and teachers of the Southern District	Southern District Council		
11	Sharing of elderly well-being with the Shum Shui Po District Health Center	16/12/2023-16/12/2023 (COMPLETED)	General Public
Sharing of elderly well-being with the Shum Shui Po District Health Center	SSP District Health Center		
12	Sharing on Gamblign and Sucidie atteh 20th Anniversary of teh Carita's Gambling Prevention Service	07/12/2023-07/12/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
Sharing on Gamblign and Sucidie atteh 20th Anniversary of teh Carita's Gambling Prevention Service	Caritas Social Services		
13	Keynote Speaker of youth mental health in Hong Kong for MindHK's Roundtable discussion with School Principals	06/12/2023-06/12/2023 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
Keynote Speaker of youth mental health in Hong Kong for MindHK's Roundtable	Mind HK		

discussion with School Principals			
14	Keynote sharing about human animal interactions	29/11/2023-29/11/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
To share about my team's animal-assisted interventions with the Hong Kong Police Force at the 40th Anniversary of the Police Psychological Service	Hong Kong Police Force Psychological Services		
15	Guest lecture for Police Negotiation Cadre training	28/11/2023-28/11/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
To share about previous research on suicide prevention in collaboration with the Hong Kong Police Force	Hong Kong Police Force		
16	Radio Interview CR1 on youth suicides	22/11/2023-22/11/2023 (COMPLETED)	General Public
To share my views on youth suicides and as a consultant of the Samaritans	Commercial Radio 1		
17	Interview with Christian Services' Youtube Channel	21/11/2023-21/11/2023 (COMPLETED)	
To share about my research studies on mid-aged mental health	Christian Services		

18	TVB Interview about cultural diversity in HK	20/11/2023-20/11/2023 (COMPLETED)	General Public
To share about a previous research on Nepalese Elderly needs in HK	TVB		
19	Seminar for Samaritans Befrienders on youth suicide	14/11/2023-14/11/2023 (COMPLETED)	General Public
To give a lecture on youth suicide	The Samaritans Befrienders HK		
20	The Greater Bay Area Conference of Mental Health	03/11/2023-03/11/2023 (COMPLETED)	General Public
As one of the panelists of the Keynote Speech from Australia	Hong Kong Association for the Promotion of Mental Health and the Guangdong Social Psychology Association		
21	Radio Interview	05/10/2023-05/10/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
Radio Interview about Problem Gambling and suicide	Metro Radio		
22	Written article for social media	01/10/2023-01/10/2023 (COMPLETED)	General Public
Hong Kong works to win back its secluded youth	360info supplies content to other publishers via our newswire service. This website is a publicly accessible repository.		

23	Improving Access to Mental Health Support in Hong Kong	26/09/2023-26/09/2023 (COMPLETED)	General Public
Panellist of the event	MindHK		
24	Career talk	27/06/2023-27/06/2023 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
Career talk to secondary students about counselling and psychology	Lutheran Academy		
25	Academic Lecture organized by the Department of Psychiatry, CUHK	23/03/2023-23/03/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
To give a key lecture for medical professionals and students about my research and clinical work on youth physical and social suicidal behaviour	Department of Psychiatry, CUHK		
26	As plenary speaker in the "Journey to Racial Equity" conference	21/03/2023-21/03/2023 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
To share my perspectives as a clinical psychologist and researcher to have worked with south Asians populations in HK in the Opening Plenary			
Status of Hong Kong's Ethnic Minorities	Zubin Foundation		

27	JC AConnect Sharing for parents	15/12/2022-15/12/2022 (COMPLETED)	General Public
Sharing of the project with the general public as the project PI			
28	Press Conference on Registration of Counselors in HK organized by the Democratic Alliance for the Betterment and Progress of Hong Kong	14/12/2022-14/12/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
Attended to share views on legislation on counselling profession in HK	The Democratic Alliance for the Betterment and Progress of Hong Kong		
29	Seminar for Samaritans Befrienders HK 20th Anniversary of its Crisis Centre	12/12/2022-12/12/2022 (COMPLETED)	General Public
Keynote Speaker for this 20th Anniversary event for the Samaritans Befrienders HK	Samaritans Befrienders HK		
30	Training for volunteers for HeartLine HK	10/12/2022-10/12/2022 (COMPLETED)	Others (Please specify) University students
Provide training for university student volunteers for hotline peer-support service	HeartLine HK		
31	Jardine's Mental Health Month 2022	26/10/2022-26/10/2022 (COMPLETED)	General Public

To give a talk to employees of Jardine's about mental health of parents of vulnerable children.	Mindset		
32	Policy Response to the Issue of Isolated and Secluded Youth in East Asia	05/10/2022-05/10/2022 (COMPLETED)	General Public
Presented local findings about youth with pathological social withdrawal behaviour in a public talk	Seoul Youth Hub by the Seoul Metropolitan Government		
33	Love, Care and Respect Series: (2) Seminar on "CARing Kids" Animal Assisted Social-Emotional Education Activities in Schools	05/08/2022-05/08/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
In-house sharing with primary and secondary school teachers on animal-assisted education in schools in HK	Education Bureau		
34	Seminar for psychiatric temas of teh Hopspital Authority	28/07/2022-28/07/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
A seminar on youth prolonged social withdrawal behaviour	Hospital Authority		
35	Training worshop for volunteers fo Heartline	01/07/2022-10/07/2022 (COMPLETED)	Preschool / Primary School / Secondary

			School Teachers / Students
Provide active listening training for volunteers who join a online listening services for university students	Heartline		
36	Health talk for NTW Elder Academy "活學正向心理學"	27/06/2022-27/06/2022 (COMPLETED)	General Public
	NTW Elder Academy		
37	Interview on suicide prevention in Hong Kong by Heidi News	02/06/2022-02/06/2022 (COMPLETED)	General Public
My research experiences in suicide prevention	Heidi News		
38	Interview on psychological impact of cyberbullying by Hong Kong Economic Times	27/05/2022-27/05/2022 (COMPLETED)	General Public
A followed up interview on the commission study on cyberbullying	HKET, Save the Children Hong Kong		
39	Online seminar to introduce psychology for Diocesan Boys' School	24/05/2022-24/05/2022 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
I was invited to talk about psychology in Hong Kong for Diocesan Boys' School secondary school students doing psychology at school	Diocesan Boys' School		

40	Press conference of Hong Kong's first study on cyberbullying and online risk behaviour	16/05/2022-16/05/2022 (COMPLETED)	General Public
I was involved in this commission study by the Save The Children Hong Kong was because of my experiences of conducting youth studies and my training as a clinical psychologist to provide consultations when urgent crisis had happened.	Save the Children Hong Kong		
41	Online seminar to introduce psychology for Lutheran Academy	16/05/2022-16/05/2022 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
I was invited to talk about the development and current status of psychology in Hong Kong for secondary students	Luthern Academy		
42	As moderator and speaker in the International Conference on Youth Mental Health by the LevelMind	06/05/2022-06/05/2022 (COMPLETED)	General Public
I am a Co-PI of the LevelMind and my focus is on mental health of young	Department of Psychiatry, HKU		

people with ethnic minority backgrounds			
43	Online interview with a local YouTube Channel on Mental health of young people	14/04/2022-14/04/2022 (COMPLETED)	General Public
My research interest in youth mental health	Too Simple Sometimes Navie		
44	Online humane education programmes for primary school students during the special summer holiday	18/03/2022-22/04/2022 (COMPLETED)	Preschool / Primary School / Secondary School Teachers / Students
I was the Principal Investigator of an humane education programme and delivered these to schools that were new and interested in this topic during the special summer holiday.	LAP, SPCA, and Big Tree Adoption Centre, and 11 primary schools		
45	Interview on psychological impact of anxiety and suicidal behaviour by Hong Kong Economic Times	04/03/2022-04/03/2022 (COMPLETED)	General Public
I was invited to be interviewed because of my studies on youth suicidal behaviour	Hong Kong Economic Times		
46	Keynote speech about suicide prevention in Hong Kong	09/02/2022-09/02/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies

I was invited to speak on suicide prevention in Hong Kong because of my research experience in this area	Akita Suicide Prevention Programme		
47	Keynote speech about youth development in Hong Kong	22/01/2022-22/01/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
I am a consultant of the invited organization - Youth Outreach	Youth Outreach		
48	Training workshop on active listening and crisis intervention	16/12/2021-16/12/2021 (COMPLETED)	Others (Please specify) University students
I am a consultant of the invited party - Heartline HK	Heartline HK		
49	Training on suicide prevention and crisis intervention for primary and secondary school teachers on Hong Kong	12/11/2021-26/11/2021 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
I was invited because of my suicide prevention experiences together with the Hong Kong Police Force	Education Bureau		
50	Youtube interview on student suicide prevention	06/10/2021-06/10/2021 (COMPLETED)	General Public
I have long collaboration with the TWGHs in providing support for their brief	Tung Wah Group of Hospitals		

counselling programme in collaboration with the Master of Social Sciences (Counselling) programme.			
51	Interview and advocacy campaign for World Suicide Prevention Day	01/09/2021-30/09/2021 (COMPLETED)	General Public
I was invited because of my role as a consultant of the Samaritans Hong Kong	Samaritans Singapore, Malaysia, Thailand, Hong Kong		
52	Professional Advisor of ÉLAN Lost Child Project HK and Moderator of the closing event	01/09/2021-03/07/2022 (COMPLETED)	General Public
I acted as the mentioned project consultant because it is youth related and I was also the moderator of the final Public event	Tai Kwun and ÉLAN Lost Child Project HK		
53	Introduction of animal-assisted interventions in Hong Kong	11/08/2021-11/08/2021 (COMPLETED)	General Public
Animal-assisted humane education school-based programme	Hong Kong Animal Post		
54	Book talk on animal-assisted humane	15/07/2021-15/07/2021 (COMPLETED)	General Public

	education in the Book Fair 2021		
I was the Chief Editor of a series of picture books about human-animal interactions and the Principal Investigator of a humane education programme.	Hong Kong Book Fair		
55	Interview on benefits of school-based animal-assisted humane education in HK by RTHK31	02/07/2021-02/07/2021 (COMPLETED)	General Public
My role as Principal Investigator a school-based animal-assisted humane education in HK	RTHK		
56	Convenor of the Hong Kong Psychological Society's 50th Jubilee Webinar Series	02/07/2021-31/05/2022 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
HKPS 7 webinars	The Hong Kong Psychological Society		
57	KE Newsletter story: "A New Approach to Autism Education"	15/03/2021-29/04/2021 (COMPLETED)	General Public
	HKJC Charities Trust		
58	Public sharing on mental health care during COVID-19	17/01/2021-17/01/2021 (COMPLETED)	General Public
A sharing on mental health issue during COVID-19	Hong Kong News Expo		
59	Faculty Knowledge Exchange Award 2020	01/10/2020-30/06/2021 (COMPLETED)	Preschool / Primary School / Secondary

	(Faculty of Social Sciences) for 'JC A-Connect: Jockey Club Autism Support Network' (team award)		School Teachers / Students
Role: Project Director			
60	Youth Mental Wellness - Basic Level Training Course	19/03/2020-16/10/2020	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
61	Evidence-based practice social work research salon: A study on the situation and needs of ethnic minority elderly in Hong Kong	26/04/2019-26/04/2019 (COMPLETED)	Government / Industry / Non-Governmental Organization (NGO) / Professional Bodies
	Hong Kong Council of Social Services		
62	KE Newsletter story: "Animal Assisted Intervention for Hong Kong's 'Hikikomori' "		