

Yau Ho Yin Jessie (邱皓妍)

RESEARCH INTEREST

Community-based participatory research
Co-creation methodologies
Mental health literacy promotion

EDUCATION

PhD in Social Work and Social Administration, The University of Hong Kong
MPhil in Nursing, The University of Hong Kong
BSc Applied Social Sciences (Anthropology), University of Southampton, UK

ACADEMIC APPOINTMENT

Research Assistant Professor, Department of Social Work and Social Administration, The University of Hong Kong December 2024 – present

AWARDS AND ACHIEVEMENTS

Best Poster Aware Presentation for Professionals at the Synergising Rehabilitation and Primary Healthcare for Quality Community Living and Sustainable Development Community Rehabilitation Network (CRN) 30th Anniversary cum Hong Kong Society for Rehabilitation 65th Anniversary Conference, 2025

RESEARCH GRANTS

Seed Fund for Basic Research for New Staff 2024/25 (Hong Kong). (Approved on 17 April 2025), Co-developing Core Factors Framework for Community-based Participatory Research (CBPR) Practice in Chinese Communities, **Principal Investigator**, HK\$150,000, Ongoing

TEACHING

Guest Lecture, Community-based participatory research for programme development and evaluation, in the Master of Arts Programme in Family Counselling and Family Education, CUHK October 2025

Teaching Assistant, SOWK1002 Introduction to Social Work, HKU 2023 – 2024 Semester 1

Teaching Assistant, CCHU9010 Being Different: Understanding People with Disabilities, HKU 2022 – 2023 Semester 2
2021 – 2022 Semester 2

Teaching Assistant, NURS1517 Introduction to Nursing Research, HKU 2015 – 2016 Semester 1

MEMBERSHIP AND PROFESSIONAL BODIES

Member, The Gerontological Society of America (GSA) 2022 – present
Member, Surviving Economic Abuse (SEA) 2017 – present

ADHOC JOURNAL REVIEWER

AIDS Care - Psychology, Health & Medicine - Vulnerable Children and Youth Studies
BMC Public Health
BMC Psychology
BMC Geriatrics
Violence Against Women
Scientific Reports
Journal of Family Violence
Social Psychiatry and Psychiatric Epidemiology

PUBLICATIONS

1. Wong, J. Y., Fong, D. Y., **Yau, J.H.Y.**, Choi, E. P., Choi, A. W., & Brown, J. B. (2018). Using the Woman Abuse Screening Tool to Screen for and Assess Dating Violence in College Students. *Violence against women*, 24(9), 1039–1051. <https://doi.org/10.1177/1077801217731542>
2. **Yau, J.H.Y.**, Tong, S.K.P., & Kwan, K.P. (2018). Educating global citizenship through international service-learning: a toolkit for teachers. Published by the Officer of Service-Learning, the Hong Kong Polytechnic University.
3. Tong, S.K.P., **Yau, J.H.Y.**, & Kwan, K.P. (2018). *Developing students' intercultural competences through international service-learning: a toolkit for teachers*. Published by the Officer of Service-Learning, the Hong Kong Polytechnic University.
4. Chan, S.C.F., **Yau, J.H.Y.**, Tong, S.K.P., Lam, C.H.Y., & Kwan, K.P. (2018). *Impact of international service-learning on students' learning and development*. Published by the Officer of Service-Learning, the Hong Kong Polytechnic University.
5. Chan, S.C.F., Tong, S.K.P., **Yau, J.H.Y.**, & Kwan, K.P. (2018). *What matters in international service-learning: students' perspectives*. Published by the Officer of Service-Learning, the Hong Kong Polytechnic University.
6. Chan, S. C. F., **Yau, J.H.Y.**, & Kwan, K. P. (2019). *Improving students' learning and development from international service-learning through action research*. Published by the Officer of Service-Learning, the Hong Kong Polytechnic University.
7. Wong, J. Y., Tang, N. R., **Yau, J.H.Y.**, Choi, A. W., & Fong, D. Y. (2019). Dating CAFE Ambassador Programme: Chinese College Students to Help Peers in Dating Violence. *Health education & behavior: the official publication of the Society for Public Health Education*, 46(6), 981–990. <https://doi.org/10.1177/1090198119867736>
8. **Yau, J.H.Y.**, Wong, J. Y., Choi, E. P., & Fong, D. Y. (2019). Transcultural Validation of the 12-Item Scale of Economic Abuse in Chinese Population. *Violence and victims*, 34(5), 804–817. <https://doi.org/10.1891/0886-6708.VV-D-17-00164>

9. **Yau, J. H. Y.**, Fong, D. Y., & Wong, J. Y. (2020). Risk Factors for and Mental Well-Being Outcomes of Economic Abuse in Hong Kong Chinese Population. *Violence and victims*, 35(2), 246–265. <https://doi.org/10.1891/VV-D-18-00057>
10. Chan, S. C. F., Ngai, G., **Yau, J.H.Y.**, & Kwan, K. P. (2020). Enhancing the impacts of international service-learning on intercultural effectiveness and global citizenship development through action research. *Educational Action Research*, 30(3), 526–541. <https://doi.org/10.1080/09650792.2020.1860106>
11. **Yau, J.H.Y.**, Wong, J. Y., & Fong, D. Y. (2021). Economic Abuse as a Form of Intimate Partner Violence: A Literature Review of the Instruments and Mental Well-Being Outcomes. *Violence and victims*, 36(4), 479–492. <https://doi.org/10.1891/VV-D-19-00082>
12. Camus, R. M., Ngai, G., Kwan, K. P., **Yau, J.H.Y.**, & Chan, S. (2021). Knowing where we Stand: Mapping Teachers' Conception of Reflection in Service-Learning. *Innovative Higher Education*, 46(3), 285–302. <https://doi.org/10.1007/s10755-020-09534-6>
13. Chan, S. C. F., Ngai, G., **Yau, J.H.Y.**, & Kwan, K. P. (2022). Enhancing the impacts of international service-learning on intercultural effectiveness and global citizenship development through action research. *Educational Action Research*, 30(3), 526–541. <https://doi.org/10.1080/09650792.2020.1860106>
14. Lum, T. Y. S., Shum, A. K. Y., Chan, M. K. Y., Wong, E. L. Y., **Yau, J.H.Y.**, & Chan, R. C. L. (2022). *Suicide prevention for older adults: Practical guide and tools*. Hong Kong: Hong Kong University Press.
15. Leung, D. K. Y., Wong, F. H. C., **Yau, J.H.Y.**, Zhang, A. Y., Au, W. S. H., Liu, T., Wong, G. H. Y., & Lum, T. Y. S. (2023). Dimensionality and risk factors of the personal stigma of depression in adults aged 50 years and older at risk of depression. *Aging & mental health*, 27(8), 1644–1651. <https://doi.org/10.1080/13607863.2023.2179973>
16. Wong, E. L. Y., **Yau, J.H.Y.**, Sze, L. C. Y., Kanagawa, H. S., Leung, D. K. Y., Liu, T., Wong, G. H. Y., & Lum, T. Y. S. (2024). A core competency framework for mental health peer supporters of older adults in a Chinese community: cross-culturally informed Delphi study. *BJPsych bulletin*, 48(2), 92–99. <https://doi.org/10.1192/bjb.2023.45>
17. Leung, D. K. Y., Wong, N. H. L., **Yau, J.H.Y.**, Wong, F. H. C., Liu, T., Kwok, W., Wong, G. H. Y., & Lum, T. Y. S. (2024). Hybrid-delivered community psychoeducation for people aged 50 and older: A mixed-method evaluation and lesson learned. *Internet Interventions : The Application of Information Technology in Mental and Behavioural Health*, 35, 100699–100699. <https://doi.org/10.1016/j.invent.2023.100699>
18. **Yau, J. H.**, Wong, E. L. Y., Kanagawa, H. S., Liu, T., Wong, G. H. Y., & Lum, T. Y. S. (2024). Effectiveness of community-based participatory research (CBPR) interventions on mental health outcomes: A systematic review. *Social science & medicine*, 363, 117491. <https://doi.org/10.1016/j.socscimed.2024.117491>
19. Zhang, A. Liu, T., Leung, D. K. Y., **Yau, J.H.Y.**, Lu, S., Wong, G. H. Y., Lum, T. Y. S. (2025). Different types of depression literacy and their impacts on reducing personal stigma towards depression in older people: Results from a pre-and-post intervention study. *The British Journal of Social Work*, bcdf038. <https://doi.org/10.1093/bjsw/bcdf038>
20. **Yau, J.H.Y.**, Kanagawa, H.S., For, W.Y., Lo, M.W.S., Wong, S.L.K., Ho, K.T.K., Cheung, A.S.K. Ho, F.H.Y., Lee, D.C.L., Sui, I.L.C. Liu, T., Wong, G.H.Y., Chui, C.H.K., Lum, T.Y.S. (2025). Co-developing community-based participatory research (CBPR) guidelines in Chinese communities: An example of a mental health literacy promotion project. *International Journal of Qualitative Methods*, 24, 1-14. <http://doi.org/10.1177/16094069251362616>
21. Liu, T., **Yau, J.H.Y.**, Chan, W. C, Ng, S. M., Wong, P. W. C., Leung, D. K. Y., Yiu, E., Chan, S. W., Sze L., Wong, E. L. Y., Kwok, W. W., Wong, G. H. Y., Lum, T. Y. S.

- (under review). ‘Our vision is not only no wrong door on paper but in practice’: Using online Theory of Change (ToC) approach to develop a primary mental healthcare system for older people in a resource-scare context. *Cambridge prisms: global mental health*
22. **Yau, J.H.Y.**, Leung, D. K. Y., Lee, J. K. Q., Liu, T., Wong, G. H. Y., Lum, T. Y. S. (under review). Influences of mental health literacy and personal and interpersonal mental health experiences on personal depression stigma among Chinese older adults: The mediating role of social support networks. *BJPsych Open*
 23. **Yau, J.H.Y.**, For, W.Y., Ho, K.T.K., Wong, S.L.K., Chan, I.Y.L., Ip, A.P.K., Lee, J.S.M., Cheung, A.S.K. Ho, F.H.Y., Lee, D.C.L., Sui, I.L.C., Wong, S.M.Y., Leung, D.K.Y., Wong, G.H.Y., Chui, C.H.K., Lum, T.Y.S. (under review). Co-creating a conceptual framework to understand community-based participatory research (CBPR) with the social capital approach: An example of a mental health literacy promotion project in Chinese communities. *Humanities and Social Sciences Communication*

INTERNATIONAL CONFERENCES

1. **Yau, J.H.Y.** (2015) *Economic Violence and Mental Wellbeing Outcomes among Women: A Review of the Literature*, poster presentation, in The 6th Hong Kong International Nursing Forum, organized by the School of Nursing, Li Ka Shing Faculty of Medicine, HKU, Hong Kong, December 10-11, 2015
2. **Yau, J.H.Y.** (2016) *Testing the Usability and Language of C-SEA: Cognitive Debriefing on the Chinese Population*, poster presentation, in The 21st Nursing Network on Violence against Women International Conference 2016, organized by the Nursing Network on Violence Against Women International, the Judith Lumley Centre, School of Nursing and Midwifery, and La Trobe University, Melbourne, Australia, October 26-28, 2016
3. Chan, S.C.F., Ngai, G., **Yau, J.H.Y.**, & Kwan, K.P. (2018). *Impact of International Service-Learning on University Students’ Global Citizenship and Intercultural Effectiveness Development*, in The 18th International Association for Research on Service-Learning and Community Engagement Annual Conference (IARSLCE 2018). New Orleans, July 18-20, 2018
4. Chan, S. C. F., Ngai, G., **Yau, J.H.Y.**, & Kwan, K. P. (2019). *Improving the impacts of international service-learning on students’ global citizenship and intercultural effectiveness development through action research*, in Lilly Asia Conference: Evidence-Based Teaching and Learning. Hong Kong, May 16-18, 2019.
5. Spear, A.M., **Yau, J.H.Y.**, Lo, K.W.K., & Chan, S.C.F. (2019). *Impact of Service-Learning Pedagogy on Students’ Learning Outcomes*, in The 3rd International Conference on Service-Learning (ICSL 2019). Hong Kong, January 10-12, 2019.
6. Ngai, G., Chan, S. C. F, **Yau, J.H.Y.**, & Kwan, K. P. (2019). *‘Improving students’ international service-learning outcomes through action research: a case study’*, in proceedings of the 2019 International Association for Research on Service Learning and Community Engagement (IARSLCE). New Mexico, October 23-25, 2019.
7. **Yau, J.H.Y.**, Au, W. S. H., Liu, T., Zhang, A. Y., Wong, G. H. Y., Lum, T. Y. S. (2021). *‘Use of community-based participatory research in mental health studies with older adults: a systematic review’*, in proceedings of the 2021 GSA Annual Scientific Meeting, United States, Nov 10-13, 2021.
8. Wong, F. H. C., Leung, D. K. Y., Kwok, W. W., Liu, T., **Yau, J.H.Y.**, Wong, G. H. Y., Lum, T. Y. S. (2022). *‘Delivering mental health education to older people at risk of depression via video conferencing and its impact on mental health literacy and psychological well-being’*, in proceedings of the 11th of the Scientific Meeting of the

International Society for Research and Internet Intervention (ISRII), United States, Sept 18-21, 2022.

9. **Yau, J.H.Y.**, Wong, E. L. Y., Kanagawa, H. S., Wong, N. H. L., Liu, T., Wong, G. H. Y., Lum, T. (2022). '*Using community-based participatory research to promote mental health literacy in older Chinese*', in proceedings of the 2022 GSA Annual Scientific Meeting, Indianapolis, United States. Nov 2-6, 2022.
10. **Yau, J.H.Y.**, Leung, D. K. Y., Liu, T., Wong, G. H. Y., Lum, T. Y. S. (2023). '*Mental health literacy and personal stigma of depression among older Chinese: The mediating role of social network*', in proceedings of the 2023 GSA Annual Scientific Meeting, Tampa, United States. Nov 8-12, 2023
11. **Yau, J.H.Y.**, Choi, K.Y., Lai, V.S.L., Chui, C.H.K., Lum, T.Y.S. (2025). '*A standardized job-related functional assessment tool for disabilities: A co-creation process with multiple stakeholders in a Chinese community*,' in proceedings of the Synergising Rehabilitation and Primary Healthcare for Quality Community Living and Sustainable Development Community Rehabilitation Network (CRN) 30th Anniversary cum Hong Kong Society for Rehabilitation 65th Anniversary Conference, Hong Kong, Jan 17-18, 2025 [**Awarded Outstanding Poster Presentation for Professionals**]
12. **Yau, J.H.Y.**, For, W.Y., Ho, K.T.K., Wong, S.L.K., Chui, C.H.K., Lum, T.Y.S. (2025). '*Community-based Participatory Research in the Lens of Social Capital: A Mental Health Literacy Promotion Project*', in proceedings of the 2025 GSA Annual Scientific Meeting, Boston, United States. Nov 12-15, 2025