



HKU
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Department of Social Work and Social Administration
The University of Hong Kong
香港大學社會工作及社會行政學系

Master of Social Sciences (Counselling)





Policy Address

- (v) Social media has profound impacts on the mental health of children and adolescents. The DH will update relevant guidelines to mitigate the impact of social media on the health of children and adolescents.
- (vi) Basic mental health programme has already been made a compulsory subject for first-year students in some tertiary institutions, with related support provided for students in need. The Government will encourage more institutions to promote mental health on campus.
- (vii) Currently, three DHCs provide free mental-health assessments and arrange follow-up services under the Healthy Mind Pilot Project, producing satisfactory results. The Government will extend the project in 2026 to cover six more DHCs, with follow-up services to be provided by practitioners with an academic background and training in fields such as psychology or counselling.
- (viii) Leverage technologies to enhance mental health services. Initiatives include strengthening telehealth services for psychiatric day hospitals and outreach services to provide suitable patients with more convenient service options, and enhancing the text counselling platform for online emotional support and the Cyber Youth Support Teams of the Social Welfare Department (SWD) by strengthening AI application for more precise identification of high-risk targets in need of support.
- (ix) Complete the formulation of the stepped care model on mental health by the end of this year, setting out the roles of mental health professionals and stakeholders, as well as their division of work in mental health services, enhancing training to raise professionals' awareness of making referrals, and establishing the referral mechanism.

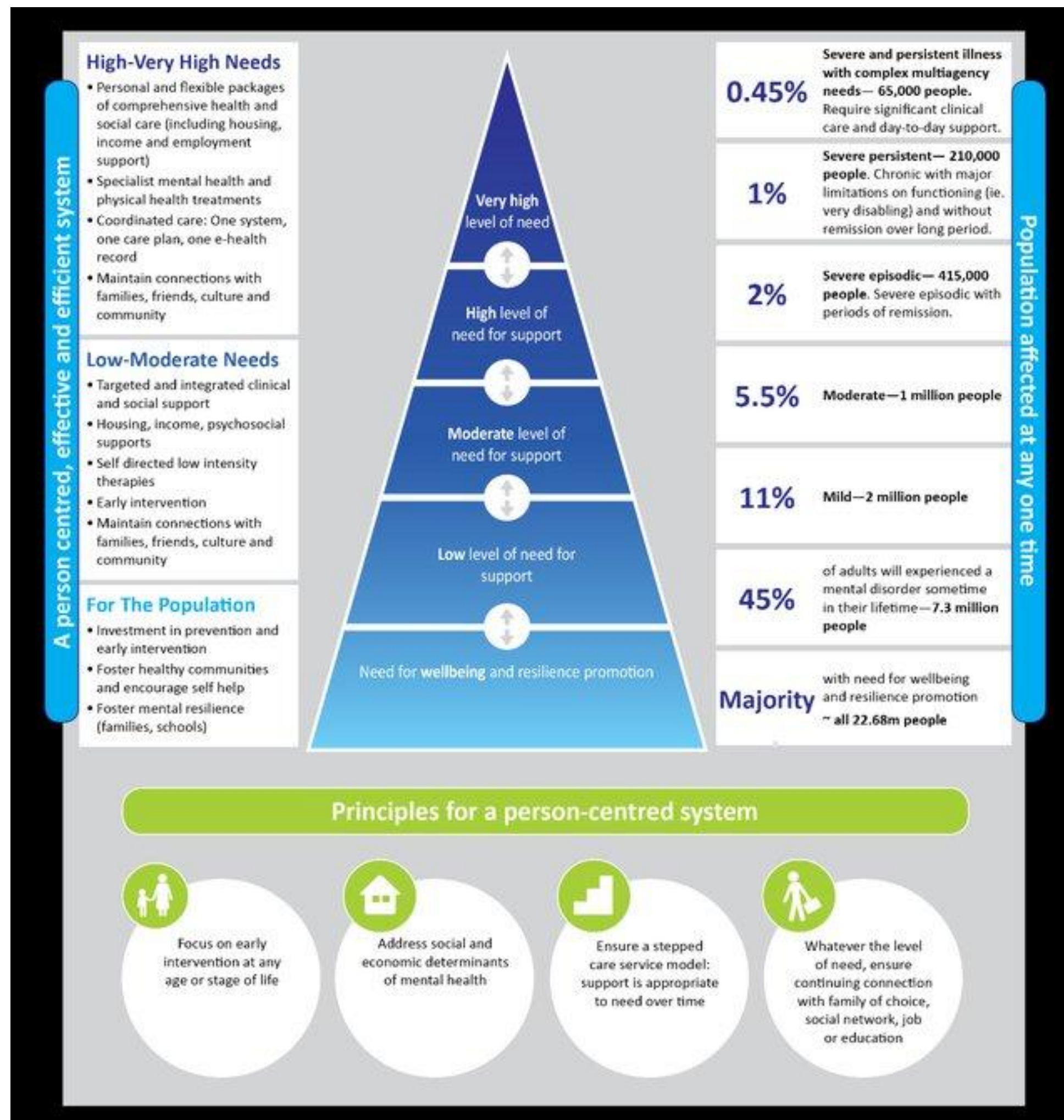


Figure 1 System changes to strengthen the stepped care model in primary mental health care clinical service delivery Source: (National Mental Health Commission. (2014). Report of the National Review of Mental Health Programmes and Services. Canberra: Australian Government)



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Programme Goals and Objectives



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Our VISION for the New NORMAL

While people seek counselling for advice to deal with their life challenges, counselling also aims at facilitating people to nurture the love for self and others (**COMPASSION 慈愛**), to have more precious moments to share with others (**CONNECTION 關係**), and be genuinely **HAPPY (開心)** and remain hopeful even when lives are full of surprises.

Our teaching team wishes students and graduates from our programme will be equipped with the **cutting-edge knowledge** and **skills** to enable people's growth through adversity and with the **right attitude and wisdom** to facilitate people to pursue their happiness.



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The Science and Art of
Fostering Authentic Human Connections



Master of Social Sciences in the field of

Counselling

Two-year part-time programme
Admission 2026-27

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Counselling for professionals in human services, such as social workers, teachers, managers, nurses, physiotherapists, occupational therapists, speech and hearing therapists and other related professionals who are interested in counselling. The programme shall extend over two academic years for the two-year part-time study.

Important Dates

Event (Round I)	Date
Information Session	31 October 2025
Deadline of Online Application	26 November 2025
Admission Test & Interview	5 and 8 December 2025
Announcement of Results (Provisional Offer)	Early to mid-Jan 2026

Event (Round II)	Date
Information Session	7 January 2026
Deadline of Online Application	30 March 2026
Admission Test & Interview	Mid-April 2026
Announcement of Results (Provisional Offer)	Early to mid-May 2026

Entrance Requirement

Applicants are required to have a Bachelor's degree or the equivalent and preferably a minimum of two years of post-qualification working experience.

Tuition Fee

The tuition fee is HK\$231,840 (HK\$115,920/year) for 2 years of part-time study.

Information Session I

31 October 2025 • 7:30pm – 9:00pm

Registration:
Scan the QR Code Below



Online Application

<https://portal.hku.hk/tpg-admissions>

Information Session II

7 January 2026 • 7:00pm – 9:00pm

Registration:
Scan the QR Code Below



Enquiry

(852) 3917 3094
(852) 3917 2075
swsmss@hku.hk
<https://web.socialwork.hku.hk/mscsc-counselling/>

Scan to apply





Hong Kong Future Talents Scholarship Scheme for Advanced Studies (FTSS)

Starting from the 2025-26 academic year, the Government is introducing the Hong Kong Future Talents Scholarship Scheme for Advanced Studies (FTSS). The scheme is designed to support local students in pursuing further studies in areas of strategic priority for Hong Kong's long-term development.

Scholarship Amount

The scholarship is subject to **a cap of HK\$100,000 for each student for the whole TPg programme**, regardless of the actual study period and mode of study.



No.	Programme Name (in English)	Programme Name (in Chinese)	Main Priority Area
1	Master of Nursing	護理學碩士	Health
2	Master of Social Work	社會工作學碩士	Health
3	Master of Science in Engineering (Civil Engineering)	工學碩士 (土木工程)	STEM
4	Master of Science in Computer Science	理科碩士 (計算機科學)	STEM
5	Master of Science in Engineering (Building Services Engineering)	工學碩士 (屋宇設備工程)	STEM
6	Master of Social Sciences in the field of Counselling	輔導學碩士	Health
7	Master of Public Health	公共衛生碩士	Health
8	Master of Medical Sciences	醫療科學碩士	Health
9	Master of Science in Nursing	理科碩士 (護理學)	Health
10	Master of Data Science	數據科學碩士	STEM
11	Master of Finance	金融學碩士	Financial
12	Master of Social Sciences in the field of Sustainability Leadership and Governance	永續發展領導力與治理碩士課程	Sustainable city



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Teaching Team and Learning Community



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Programme Committee: Leadership & Teachers



Prof Sally Cao
MSS(Counselling)
Assistant Professor

Prof Paul Wong
MSS(Counselling)
Programme
Director



Ms. Veron Wong
MSS(Counselling)
Case Manager



Prof Eddie Chong
MSS(Counselling)
Assistant Professor



Dr Jessica Tang
MSS(Counselling)
Deputy Director



Ms. Crystal Wong
MSS(Counselling)
Case Manager



Dr. Muhammad
Hafiz
MSS(Counselling)
Lecturer



Ms. Tess Chan
MSS(Counselling)
Practicum
Coordinator



Ms. Jean Lee
MSS(Counselling)
Teaching Assistant



Ms. Charmaine
Choi
MSS(Counselling)
Demonstrator





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The University of Hong Kong
香港大學社會工作及社會行政學系

Teaching Staff

Ms. Julia Byrne (Art Therapist)
Director, Art Therapy Hong Kong

Ms. Tess Chan (Social Worker)
Practicum Coordinator/ Assistant Lecturer, Dept. of Social Work & Social Administration, HKU

Ms. Winning Chan (Clinical Psychologist)
Honorary Lecturer, Dept. of Social Work & Social Administration, HKU

Ms. Belinda Cheng (Clinical Social Worker)
Lecturer, Dept. of Social Work & Social Administration, HKU

Dr. Ginette Cheung (Clinical Psychologist)
Assistant Lecturer, Dept. of Social Work & Social Administration, HKU

Prof. Eddie Chong (Counseling Psychologist)
Assistant Professor, Department of Social Work and Social Administration



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Teaching Staff

Dr. Catherine Chung (Social Worker)

Lecturer, Dept. of Social Work & Social Administration, HKU

Ms. Ester Lee (Clinical Psychologist)

Clinical Psychologist, Oasis – Centre of Personal Growth & Crisis Intervention

Ms. Bibiana Lo (Social Worker)

Honorary Lecturer, Dept. of Social Work & Social Administration, HKU

Ms. Katy Mok (Counsellor)

Counselor and Trainer, Mind Pro Psychological Medicine Centre

Dr. Hafiz Muhammad (Certified Behavioural and Career Consultant)

Lecturer, Dept. of Social Work & Social Administration, HKU

Dr. Candice Powell (Clinical Psychologist)

CEO, Mind HK



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Teaching Staff

Dr. Jessica Tang (Social Worker)
Senior Lecturer, Department of Social Work and Social Administration

Dr. Kelvin Tang (Certified Clinical Hypnotherapist)
Director, Pulse Act Consulting Limited

Dr. Anthony Tong (Clinical Psychologist)
Clinical Psychologist, United Christian Hospital

Ms. Natalie Tong (Registered Psychologist)
Registered Psychologist, Institute for Professional Training in Psychotherapy Ltd

Prof. Paul Wong (Clinical Psychologist)
Associate Professor, Department of Social Work and Social Administration

Ms. Cecilia Wong (Researcher)
Lecturer (Non-Clinical), Department of Social Work and Social Administration

And more...



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Programme Structure and Time Management



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Pedagogical Approach

- Personal growth/awareness



- “Evidence-based”: Clinical skills & cutting-edge knowledge



- Critical/analytical thinking: Reflective practice



- Self+Others Compassion-based values and ethics





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Programme Structure



5 foundation courses
(1st & 2nd year)

3 elective courses *
(1st & 2nd year)

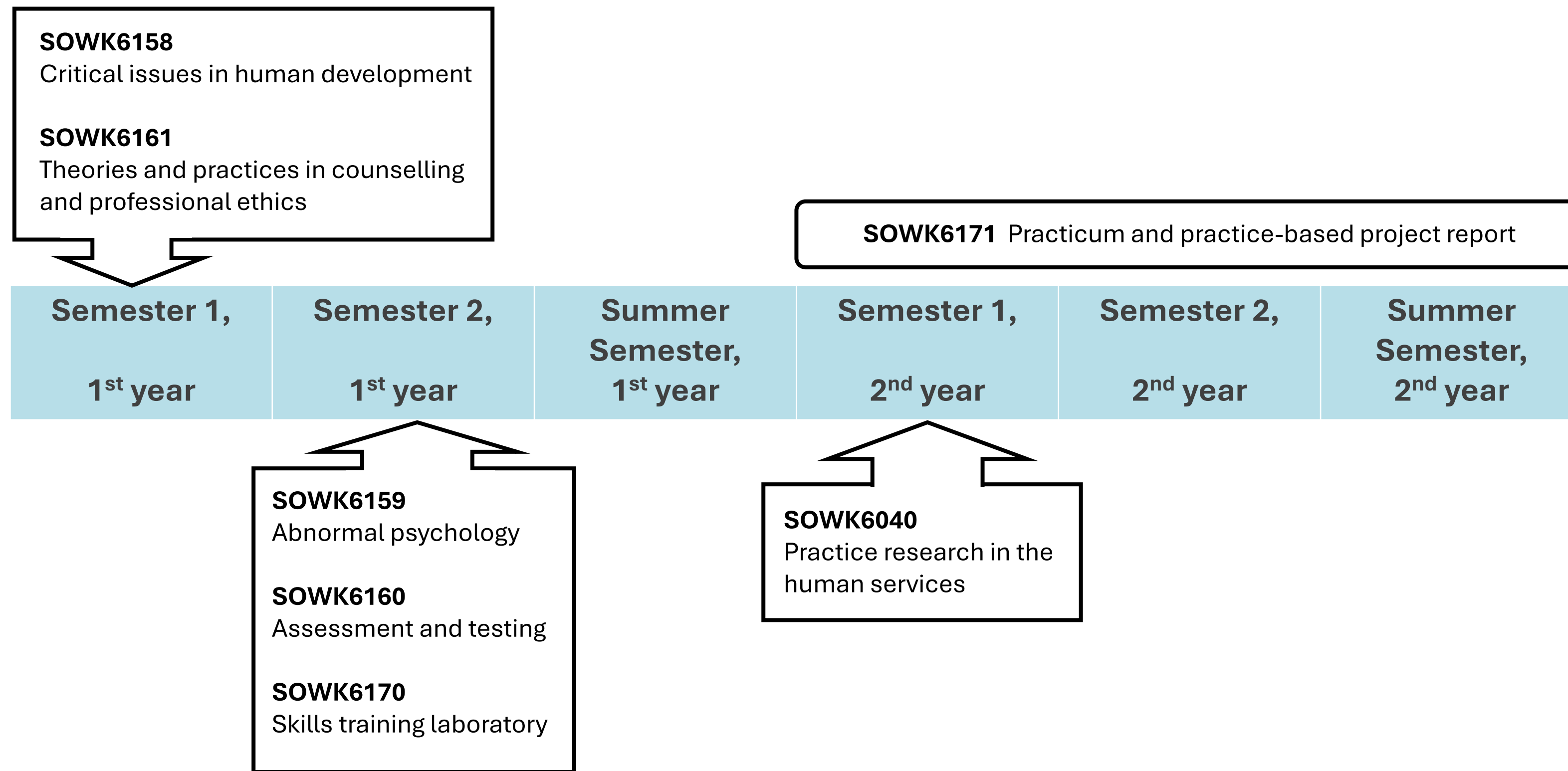
**Skills Training
Laboratory**
(1st year)

Practicum
(2nd year)

* **Dissertation option = 2 electives, enrolment is subject to approval**



Time commitment in a typical week





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Practicum (SOWK 6171)

An integral part of counsellor education, with an emphasis on “learning by doing” under supervision.



Overview of Practicum

- Objective:
An opportunity to integrate theoretical knowledge into the real-world practice
- Schedule of training:

Academic Year	Curriculum
• 1 st year	• Complete 5 foundation courses + electives
• 2 nd year	• Remaining core course + electives + Practicum

- Pre-practicum stage (1st year of study)
Arrange meeting with personal tutor to:
 - (1) Discuss learning interests
 - (2) Obtain tips on time managementAttend 3 workshops to familiarize with the requirements and workload



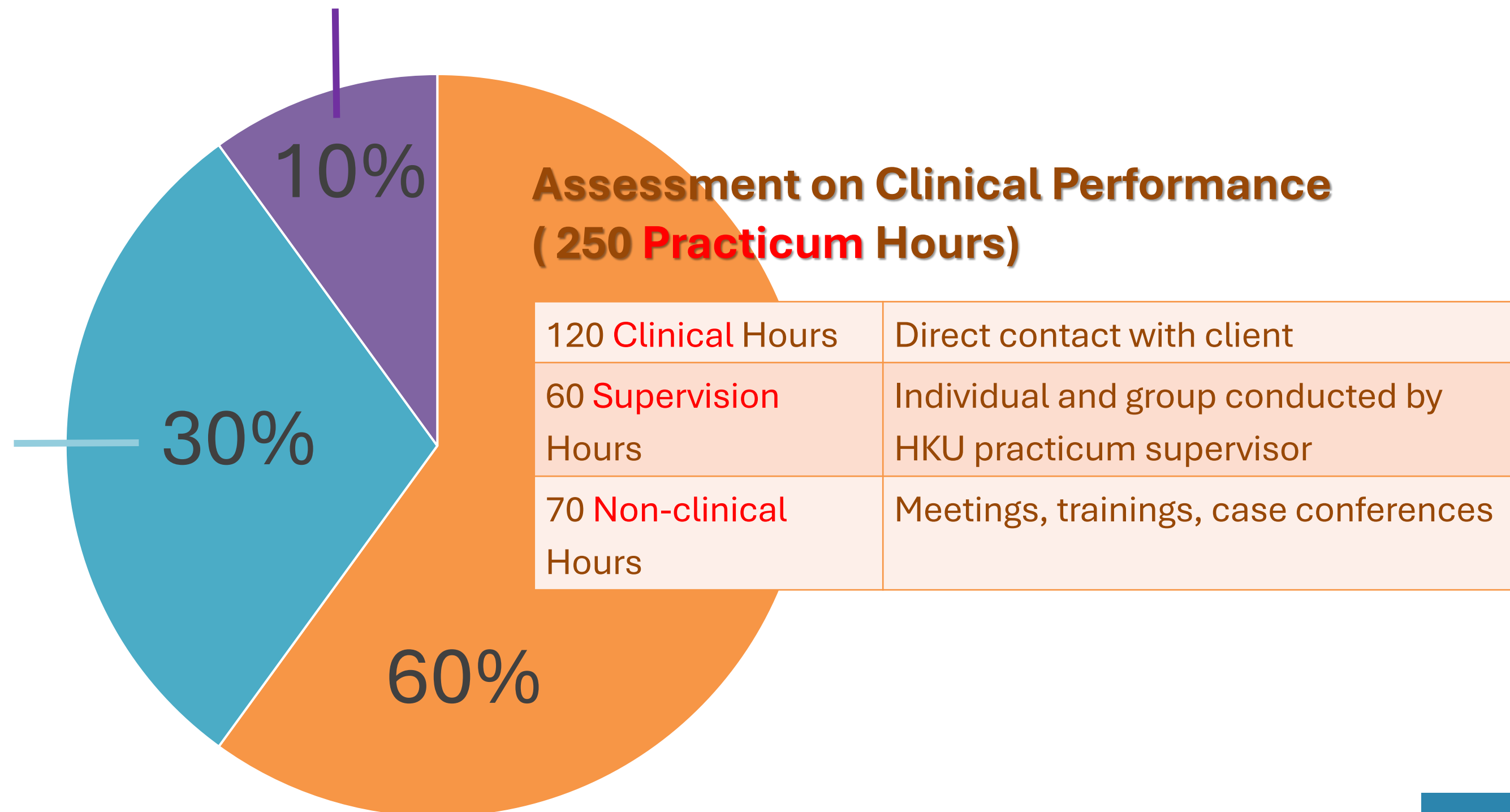
Practicum assessment

Submission of practice-based project

7,000-10,000 words for the project report to be submitted by end of practicum.

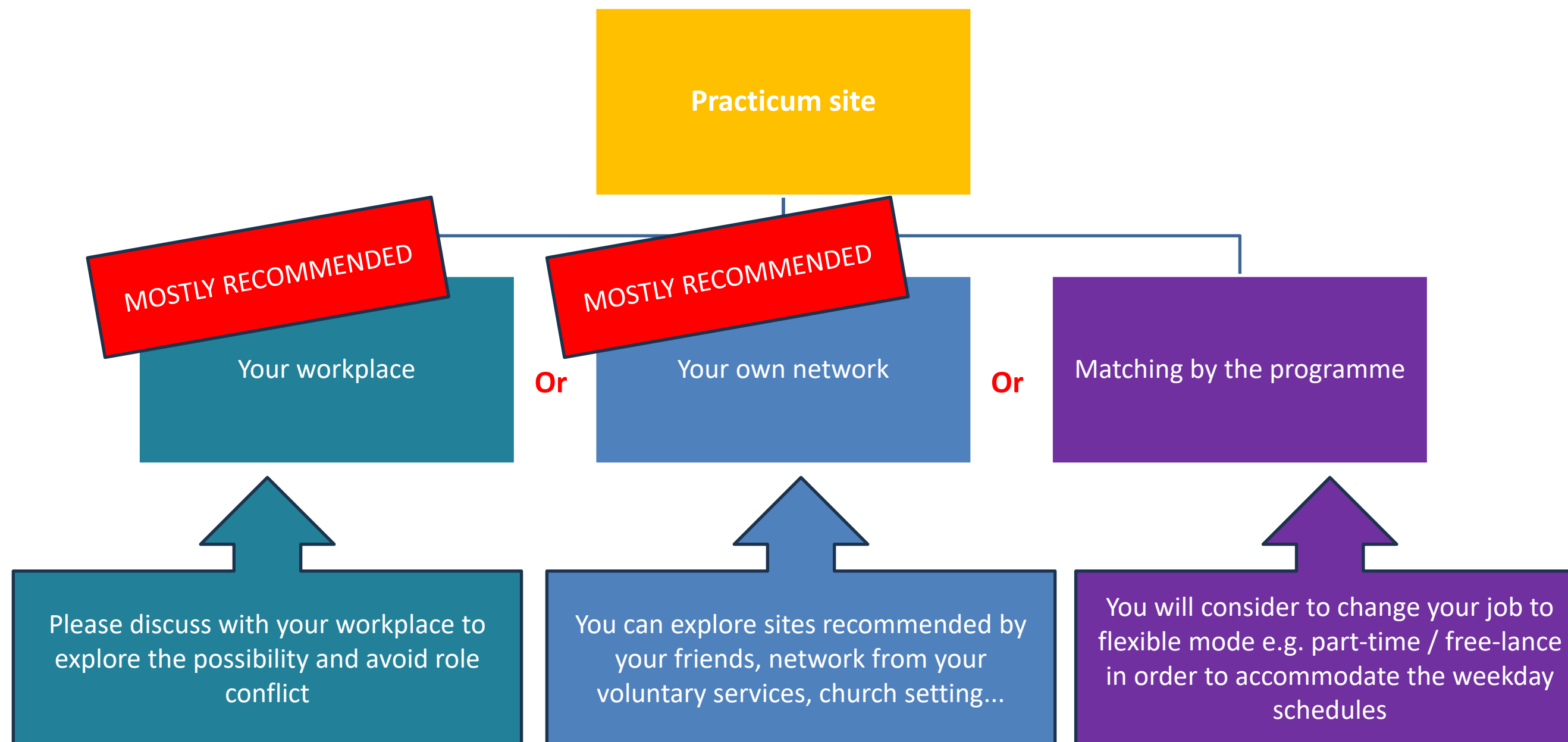
Class participation and attendance

Lectures to cover special topics such as risk assessment, working with diversities, engagement skills, self-awareness.





Practicum site arrangement



You are strongly encouraged to find your personal network to identify a potential practicum site. It will enhance your time management efficiency and enable you to engage with a target population that aligns with your learning interests.



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Counsellor trainees are encouraged to...



Learn in a **humble** manner

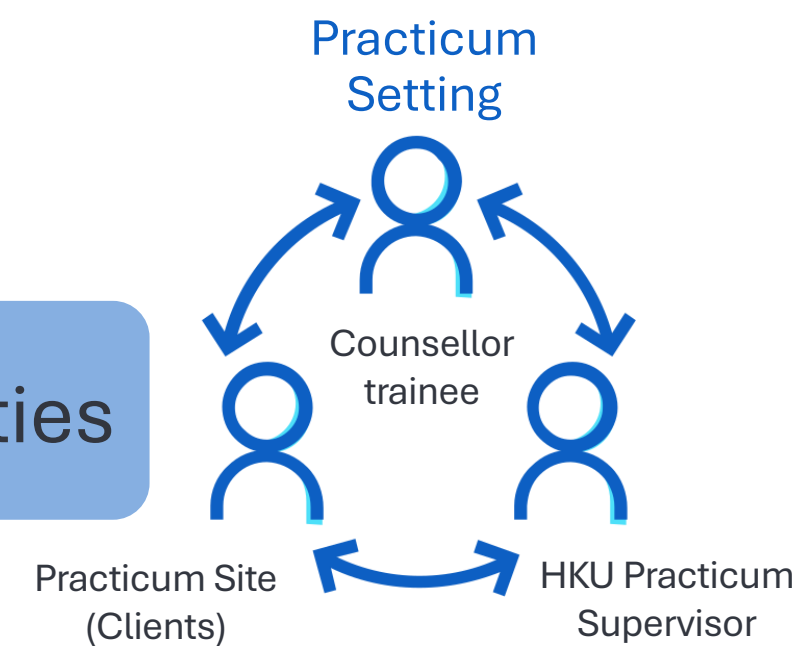


Be **open**-minded

Achieve **self-reflection**



Collaborate with different parties



Partnership with our HKU SWSA Counselling Unit

HKU COUNSELLING UNIT

The Unit was established in 2018 under the Department of Social Work and Social Administration, HKU. It provides a range of services, including: -

Community services to public

- Individual Counselling
- Group Therapy
- Family Counselling

Education Platform

- Workshops and Seminars
- Community Engagement
- Connection with Graduates



HKU COUNSELLING UNIT

The Unit was established in 2018 under the Department of Social Work and Social Administration. It provides a range of services, including:

- Individual Counselling
- Group Therapy
- Family Counselling

CONTACT US

Phone: +852 3917 2984 or +852 9227 3550
Email: counsel@hku.hk
CPD 4.23, Practice Center, 4/F, Jockey Club Tower, Centennial Campus, HKU (MTR please use HKU Station Exit C2)
By Appointment: Every Tuesday and Thursday, from 4:15pm to 8:45pm; Saturday from 9:15am to 3:45pm
Each subsequent session lasts for 50 minutes, with a fee of HKD\$300 per session.

Use of Language

Counselling sessions are available in Cantonese, English, or Mandarin, ensuring that all service users can communicate comfortably in their preferred language.

香港大學社會工作及社會行政學系輔導組

輔導組成立於2018年，隸屬於香港大學社會工作及社會行政學系。本單位提供以下輔導服務，包括：

- 個人輔導
- 小組治療
- 家庭輔導

為何選擇我們？

所有輔導服務由香港大學社會科學碩士輔導課程的實習輔導員及畢業生提供。

每位輔導員均接受臨床輔導主任所監督，以確保輔導員為服務使用者提供專業的輔導服務。

只接受預約的申請：逢星期二及星期四，下午4:15至晚上8:45；星期六，上午9:15至下午3:45

每節輔導約50分鐘，每節收費為港幣300元正。

選擇語言

輔導以粵語、英語或普通話進行，以確保所有服務使用者能夠在其首選語言中與輔導員溝通。

Office Hours:

Tuesday and Thursday, 16:45 – 20:45

Saturday, 09:15 – 14:45

Venue:

**SWSA Practice Centre,
Room 4.23, The Jockey Club Tower,
Centennial Campus, HKU.**

Partnership with our HKU SWSA Counselling Unit

Nature	Theme & Details	Targeted Population
<i>Summer Sem, 24/25</i>		
Dinner Gathering cum AGM	Retrospect & Prospect of Counselling Unit	Graduate Counsellors
Counselling Unit Retreat	Joining Emotion Exhibition, DIY emotions key holder, Lunch & Sharing	Graduate Counsellors
<i>Sem 1, 25/26</i>		
Graduate Sharing Sessions	Counselling practice and Practicum experience sharing with group discussion in Children & family; Adult with mental health issues at local & private settings	MSSC Yr 1 & 2 students; BSocSc students Speakers: MSSC Alumni
Communication Skills-practice workshop	HEAR to Help – learn the everyday skills that make you a better friend, listener and ally	All students in Faculty of Social Sciences Facilitator: Counsellor Trainee (MSSC Yr 2 student)
NGO Field Trips	Visit various settings e.g. ethnic minorities, deprived persons, bereavement	Bachelor of Social Sciences students

Nature	Theme & Details	Targeted Population
<i>Sem 2, 25/26</i>		
Suicidal Assessment Workshop *	Equip students with the skills and knowledge for conducting effective suicidal assessments	MSSC Yr 1 students
EFT Advanced Level Training Workshop *	Enhancing skills in applying EFT in complex therapeutic situations through Role-play and case studies	MSSC Yr 1, 2 students & Alumni
Casual Chat Meetings *	From Me to We: Connection • Compassion • Communication Experientially gain the counselling and communication skills from certain topic chats	All students in Faculty of Social Sciences Facilitator: Counsellor Trainee
Group Counselling	Organize counselling group with own proposals on behalf of Unit	Counsellor: Counsellor Trainee
Peer Sharing Sessions	Discussions of different counselling learning topics, enhance connections of people in counselling practices	Graduate Counsellor & Counsellor Trainee

* This initiative is subject to confirmation.



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Co-curricular Activities

Structural value-added sessions, such as experiential learning activities, graduate sharing sessions, self-enhancement workshops and other programme events that complement to the formal academic curriculum.



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Celebration of the 20th Programme Anniversary in Feb – Mar 2023

MASTER OF SOCIAL SCIENCES IN COUNSELLING



COMPASSION FOR SELF
CLOSE ONES
AND OTHERS

The 20th Anniversary Celebration Webinar Exploring the Complex Nature of Compassion

Date: 24 February 2023 (Friday)

Time: 5:30 PM – 6:30 PM (HKT)

Keynote Speaker: Professor Paul Gilbert

Moderator: Dr. Paul Wong

Registration:

https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?guest=Y&ueid=85929



Prof. Paul Gilbert



Dr. Paul Wong

About the Webinar

This webinar will explore how humans have the capacity to be one of the most compassionate species on the planet, although at the same time we can also be one of the most vicious and callous. We will explore ways in which we can cultivate compassion in order to inhibit the dark side of our minds.

About the Keynote Speaker

Paul Gilbert is Professor of Clinical Psychology at the University of Derby and honorary visiting Professor at the University of Queensland. He has written/edited 24 books and over 300 papers and book chapters. He has researched evolutionary approaches to mental health problems and developed Compassion Focused Therapy for people who come from troubled backgrounds.



Enquiries:

Mr. Kelvin Ho at 3917 2075 or swsamss@hku.hk



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MASTER OF SOCIAL SCIENCES IN COUNSELLING



COMPASSION FOR SELF
CLOSE ONES
AND OTHERS

Online Workshop on Introduction to Compassion-Focused Therapy

Date: 3 & 10 March 2023 (Friday)

Time: 1900-2200 (HKT)

Venue: CPD-G.02, Centennial Campus, HKU

Trainer: Dr. Chris Irons, Co-director of Balanced Minds, Clinical Psychologist

Fee: \$1300

Registration: <https://t.ly/Az95>



Dr. Chris Irons

About the Workshop

You'll gain an overview of the principles and practices of CFT. During the workshop you'll learn:

- about the historical development and theoretical context of the CFT model
- what compassion is, including some of the common myths and key fears, blocks and resistances to compassion and self-compassion
- some of the key psychoeducational parts of the approach
- some of the core compassionate mind training practices
- how to put the compassionate mind to work

These foundation knowledge would prepare you for further clinical training in CFT or to become a Facilitator of Compassionate Mind Training: The 8-week protocol.

About the Trainer

Dr. Chris Irons is a clinical psychologist, researcher, writer and trainer specialising in Compassion Focused Therapy. He is co-director of Balanced Minds (www.balancedminds.com), a London based organisation providing compassion-focused psychological interventions for individuals and organisations. He is also co-director of BalO (www.balo.uk), a company focusing on bringing greater compassion and balance to all levels of organisations. Dr. Irons works with Compassionate Mind Foundation, and as a Visiting Lecturer at University College London (UCL). He has published many articles and book chapters on compassion, attachment, shame, and self-criticism.



Enquiries:

Mr. Kelvin Ho at 3917 2075 or swsamss@hku.hk



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MASTER OF SOCIAL SCIENCES IN COUNSELLING



COMPASSION FOR SELF
CLOSE ONES
AND OTHERS

Mindfulness and Compassion Retreat

Date: 25 February 2023 (Saturday)

Time: 10:00 AM – 5:00 PM

Venue: Tsz Shan Monastery, Hong Kong

Fee: \$500, or 50% discount for "early bird" registration before 17 February 2023 (Fees paid are nonrefundable)

Registration:

https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?guest=Y&ueid=86183

Rundown

- 10:00 – 11:15 Monastery Tour & Water Offering
- 11:15 – 12:30 Zen Calligraphy / Forest Therapy
- 12:30 – 13:30 Mindful Lunch
- 13:30 – 14:45 Forest Therapy / Zen Calligraphy
- 14:45 – 16:15 Dharma Talk – 從佛法的角度如何看現代人的「苦」？又如何幫助人面對生活上的壓力？
- 16:15 – 17:00 Small Group Sharing



Enquiries:

Mr. Kelvin Ho at 3917 2075
or swsamss@hku.hk



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Other counselling-related conferences/ workshops/ sharing sessions



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香港紅十字會
HONG KONG RED CROSS
中國紅十字會 Branch of the Red Cross Society of China

Hong Kong Red Cross Recruitment Talk: Light up in the crisis

Date: 19 October 2023 (Thursday)
Time: 1900-2000 (HKT)
Speaker: Dr Eliza Cheung
Moderator: Dr Paul Wong
Language: English
Format: Zoom Live streaming
Zoom link:
<https://hku.zoom.us/j/9539112798>

All HKU students with focus on counselling, psychology, mental health, and social work are welcomed.



Dr Eliza Cheung
 Clinical Psychologist cum
 Service in-charge for
 Psychological Support Service



Dr. Paul Wong
 Associate Professor
 Programme Director,
 MSocSc(Counsel), HKU

About the Talk

An introduction to Hong Kong Red Cross's services, volunteer recruitment and deployment procedure, and with a highlight of the Overseas Mission experience shared by our colleague who has provided assistance during emergencies and fostered collaborations in the field with limited resources.

About the Speaker

Dr Eliza Cheung currently serves as a Clinical Psychologist and Service in-charge for Psychological Support Service at Hong Kong Red Cross, and also the Mental Health and Psychosocial Support (MHPSS) Technical Advisor of the International Federation of Red Cross and Red Crescent Societies (IFRC) Reference Centre for Psychosocial Support. She is also leading the IFRC Asia Pacific's Mental Health and Psychosocial Support Training and Learning Collaborative, serving the Asia Pacific region on MHPSS operations, programme, and trainings. Eliza completed her professional training in clinical psychology and obtained her Doctor of Philosophy degree in Public Health, specializing in disaster mental health and psychological first aid for her clinical practice, field work, and research. Over the years, she has also coordinated emergency mental health and psychosocial response and preparedness programmes in Hong Kong, China and overseas. She was also deployed to Liberia to respond in the Ebola Virus outbreak, Nepal earthquake, and Bangladesh for the population movement.

Details and Registration:
https://hkuems1.hku.hk/hkuems/ec_detail.aspx?guest=Y&ueid=90528
 Enquiries: Miss Avis Lam at 3917 2075 or swsamss@hku.hk






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Sharing Session with Dr. Avis Ngan

Name: Dr. Avis Ngan **Date:** 25 Nov 2023
(Saturday) Time: 1600 –1800 **Venue:** CPD-3.01,
 Centennial Campus **Target:** All are welcome



Dr. Avis Ngan Doctorate in Psychology

About the Workshop Avis's path towards becoming a clinical psychologist has been marked by a long windy road after graduating from HKU with an MSocSci (Counselling) degree in 2009. He began as a Family Counsellor at the International Social Services Wofoo Family Institute, specializing in family therapy and contributing to the development of assessment tools. Avis continued to expand his expertise, transitioning to Corporate Training.

Recognizing the importance of mental health in the corporate world, Avis became a Senior Consultant at an Employee Assistance Program (EAP) provider, serving as a counsellor for corporate employees. He provided individual counseling, coaching, conducted group workshops, and hosted team-building events. Seeking to enhance his clinical skills, Avis pursued a Doctorate in Psychology and took up internships at the Guangzhou Provincial Institute of Mental Health, Korean International School, and the Nesbitt Centre.

Currently, Avis is in private practice, specializing in anxiety, ASD, and personality disorders. His journey from family counseling to corporate training, and finally to clinical settings, gave him experiences in a wide spectrum of psychological challenges and modalities for intervention.

Details and Registration :

<https://shorturl.at/erBM1>

Enquiries

Miss Avis Lam at 39172075 or swsamss@hku.hk

SIGN UP NOW!



Guest Sharing on Hong Kong Red Cross' Service **19 Oct 2023**

Graduate Sharing on Running Private Clinic **25 Nov 2023**



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Other counselling-related conferences/ workshops/ sharing sessions

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Integrative Family and Systems Treatment for Trauma

2-DAY WORKSHOP

 **12 JULY 2024, (FRI) 9:15AM - 4:30PM**
 **13 JULY 2024, (SAT) 9:15AM - 4:30PM**

 **CPD- 5.3 , THE JOCKEY CLUB TOWER, HKU 2**

 **EARLY-BIRD (BY 24 June) HK\$1,600**
HKPCA MEMBER, ALUMNI/STUDENTS HK\$1,400
FULL FEE HK\$2,000

Zoom option is also available, please email us your request.

About the Workshop:
Research clearly indicates that how family responds to trauma survivors is the greatest protective or risk factor for either healing or continued suffering for the survivor. In this two-day training, how to make use of the power of family relationships to promote healing for trauma survivors will be a central focus. Case examples and videos will be provided to demonstrate the concepts. Cases from the audience will also be presented.

The Speaker:
Mr. David Grove is a Lecturer of the Ohio State University College of Social Work. He is a Licensed Independent Marriage and Family Therapist (IMFT) and IMFT Supervisor in Ohio, US. Mr. Grove has rich expertise in applying family therapy and systemic intervention to diverse populations and problems. He received extensive post-graduate training at The Family Therapy Institute of Washington, D.C. and has co-authored four books in family therapy. Since 2000, Mr. Grove has been a principal developer, and trainer of Integrated Family and Systems Treatment. As one of the principal participants, Mr. Grove contributed to the research, development and dissemination of this family treatment model.



Workshop Details:
<https://shorturl.at/BDEKM>

Enquiries:
swsamss@hku.hk
3917 2075

Registration:



CPD cert will be offered

2-Day Workshop on “Integrative Family and Systems Treatment for Trauma” by Mr. David Grove on **12 July 2024 and 13 July 2024**

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The University of Hong Kong
香港大學社會工作及社會行政學系

 **the dogtots**  **Animal Social Work**
動物社會工作


Lily, 2015-2022

‘失去寵愛，
帶來的不是結束，
而是愛與回憶的延續’



FREE REGISTRATION

Grief and Post-traumatic Growth: A Cross-Regional Perspective on Pet Loss in Chinese Societies

 **Date: 8 November 2024**
 **Time: 7:00-8:00pm (HKT)**
 **Format: Zoom**
 **Language: English supplemented with Putonghua**

Introduction
This webinar brings together animal lovers, people with pet loss experiences, bereavement counselors, and researchers etc. to explore the emotional and psychological impact of pet bereavement across Chinese societies. Highlighting ongoing research from Hong Kong, Singapore, and Taiwan, we examined the relationship between pet loss and post-bereavement growth, focusing on key mediators such as resilience, social support, and professional interventions. Join us to discuss cross-regional research findings, the role of cultural factors, and how evidence may inform practices to support individuals through the grieving process that lead to growth and better appreciation of human-animal bond.

Keynote Speaker

 **Miss Winnie Yiu**
A counsellor and researcher specializing in community and clinical mental health

Discussants

 **Mr. Chen Huai-Enn**
A Taiwan Social Worker (LSW)
Founder of Animal Social Work, Taiwan

 **Dr. Camille Chan**
Researcher specialising in veterinarians' mental health;
Guest lecturer, City University of Hong Kong;
Research officer, The University of Hong Kong

 **Prof. Paul Wong**
Associate Professor;
Programme Director of Master of Social Sciences in Counselling,
The University of Hong Kong

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Grief and Post-traumatic Growth: A Cross-Regional Perspective on Pet Loss in Chinese Societies on **8 November 2024**



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Other counselling-related conferences/ workshops/ sharing sessions



Year 1 Orientation Session cum
Home Coming Event on **21 August 2025**

Graduate Sharing on working
with family and children on
17 Oct 2025



Graduate Sharing on Crisis
Intervention on **24 Oct 2025**



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Admission Procedures and Reminders



Admission Schedule

Deadline of Online Application	Round 2: 30 March 2026 (Monday), noon
Admission Test & Interview	<p>Round 2: Date: Mid April 2026* Result Announcement: Early to mid-May 2026 (Provisional Offer)</p> <p>* Dates are tentative and subject to change. * Only shortlisted candidates will be interviewed. * Candidates will receive their timeslots by email.</p>



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Things to do **before** application

Programme and application information

- Read the Course Regulation & Syllabuses thoroughly and carefully
- Review the “FAQ” available on the programme website

Understanding on your career plan, industry development and concepts on counselling

- Consider whether taking the course aligns with your life plans, especially in the coming years
- Find time to read “[The Lancet Commission on global mental health and sustainable development](#)”
- Take a course about counselling on open-learning platform, e.g., EdX, or Coursera
- Learn how to LEARN

Experience from the others

- Talk to a practicing counselor if possible
- Seek support from your social network
- And more.....



Important Note - Application Procedures

Application Stage

- Supporting documents do not need to be uploaded at this stage.
- You are required to nominate two referees for reference reports.

Submitted Application

- An application no. will be assigned.
- Reference report emails will be automatically sent to the referees you provided.
- You will receive an email with instructions to upload supporting documents via the TPG Admission Add-On system.

Uploading the supporting documents

- Scanned copy of transcripts, graduation certificate, identification documents and other relevant supporting documents

Screening and Interview Stage

- Applicants are strongly recommended to upload all supporting documents and complete reference reports before the application deadlines to facilitate screening.
- Only shortlisted applicants will be invited for an admission interview.



Important Note - Application

- Applicants are not required to submit original/certified true copies of documents during the application stage.
- Shortlisted applicants must submit ONE set of hard copies of supporting documents on the date of the admission test.
- Each set of documents must have the applicant's application number and full name clearly marked.
- Detailed submission guidelines will be provided in the invitation email for the admission tests.
- Conditional offer recipients will be notified via email with instructions on how to submit the required documents.
- Documents not in English should be accompanied by a certified English translation from the issuing authority.
- Applicants should consider the processing time for the issuance of original/certified true copies* and start preparing them upon receipt of the offer.



Supporting Documents

A) Identity Documents

- (i) Local: HKID Card
- (ii) Non-local from Mainland China: Mainland ID Card/ Passport
- (iii) Non-local from other countries/ regions: Passport

Please refer to the [Admissions Office](#) for the categorization of local and non-local applicants.

B) Official Transcripts

- (i) Final transcript for a completed degree that includes the degree conferment information
- (ii) Latest available transcript for a degree that is currently in progress or has not yet been conferred

C) Degree Certificates

- (i) Graduate certificate of undergraduate studies
- (ii) (If appropriate) Graduate certificate of Taught Postgraduate / Associate Degree / Higher Diploma programme

(For applicants who have obtained a degree from universities in Mainland China)

- (i) Online Verification Report of Higher Education Qualification Certificate (教育部學歷證書電子註冊備案表), in both Chinese and English versions, issued by the [China Higher Education Student Information](#) (學信網); and
- (ii) Online Verification Report of Higher Education Degree Certificate (中國高等教育學位在線驗證報告), in both Chinese and English versions, issued by [China Higher Education Student Information](#)

Please set the validity period of the above-requested reports to six months or the longest available duration.



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Supporting Documents (Cont'd)

C) Degree Certificates (Cont'd)

(For non-local applicants from Mainland China whose qualification were awarded by overseas universities)

(i) Overseas Credentials Evaluation Report (國外學歷學位認證書) issued by the [Chinese Service Center for Scholarly Exchange \(CSCSE\)](#) (教育部留學服務中心); or

(ii) Given the processing time required by CSCSE, if the Report is not yet available by the document submission deadline, an email or a text message sent by CSCSE after payment, confirming that the application of the Report has been successfully initiated. Upon receipt of the Overseas Credentials Evaluation Report, applicants should upload the document to the application system.

D) English Language Requirements

(i) Applicants with qualifications from universities or comparable institutions outside Hong Kong, where the language of teaching and/or examination is not English, are required to obtain valid and satisfactory results from one of the following examinations:

- TOEFL (University's TOEFL code is 9671) / IELTS / GCE / IGCSE / Cambridge Test of Proficiency in English Language
- For the acceptance range of performance for respective examinations, please refer to the [requirements of university/respective programmes](#).

(ii) Applicants with qualifications from universities or comparable institutions where the medium of teaching and examination is English should provide:

An official letter or equivalent proof, such as transcript or degree certificate, confirming that the applicants' qualifications were obtained from a university or comparable institution where the medium of instruction is English



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Supporting Documents (Cont'd)

E) Two referee reports sent via the online application system

Only referees with the provision of official university/company email/correspondence addresses are accepted. The University may approach referees and their affiliated university/company for verification.

F) (If appropriate) Personal Statements / Curriculum vitae in English / Other relevant documents



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Things to do after application

- Check your emails and stay tuned with our programme's materials
- Check out the “FAQ” available on the programme website
- Join the interview and written test if you got shortlisted
- Keep reading and learning



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Final Words...



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LETTERS

Share your views with us and other Post readers in a Letter to the Editor.

Include your full name and address, plus a phone number for verification.

Please keep your letter to a maximum of 400 words. **Email** us at letters@scmp.com.

Address: 19/F, Tower One, Times Square, 1 Matheson Street, Causeway Bay, Hong Kong.

Policy address should prioritise happiness, health and hope

Tomorrow is World Suicide Prevention Day, which aims to focus attention on the issue, reduce stigma and raise awareness among governments and the public that suicides are preventable. “Creating Hope Through Action” is the triennial theme for World Suicide Prevention Day from 2021 to 2023, serving as a powerful call to action and a reminder that through our actions, we can encourage hope and strengthen prevention.

The past three years have undoubtedly been very challenging for most people around the world. Although the worldwide suicide numbers did not seem to have significantly increased due to the impact of the Covid-19 pandemic, its negative socio-environmental, physiological and psychological impacts seem to be prolonged.

Numerous local studies have reported the quality of life, psychological health, and happiness of many Hongkongers have decreased. The number of serious assault incidents, heated arguments and fights reported in the media have raised grave concerns about the deterioration of mental health in the city.

Improving mental health and preventing suicides in a city of 7.4 million people is no easy task. It requires thoughtful planning, the good use of limited human and social resources, as well as the commitment, coordination, collaboration and trust of multidisciplinary professionals and between service users, their carers and the public.

I hope the increased attention to and discussion on improving the mental health of Hongkongers, especially since the tragic homicides in June, will

~~become and remain a daily topic of conversation.~~

I also hope that more orchestrated well-being consultations and counselling can be provided at the community level by integrated community centres at present and district health centres in the future with shorter waiting time and more ease of access.

Hongkongers need both hedonistic well-being, involving the maximisation of pleasure and the minimisation of pain, and eudaimonic well-being, focusing on functioning at one’s highest potential to achieve happiness, health and hope. These three should be listed as the main key performance indicators in our chief executive’s policy address.

Paul W.C. Wong, department of social work and social administration, University of Hong Kong